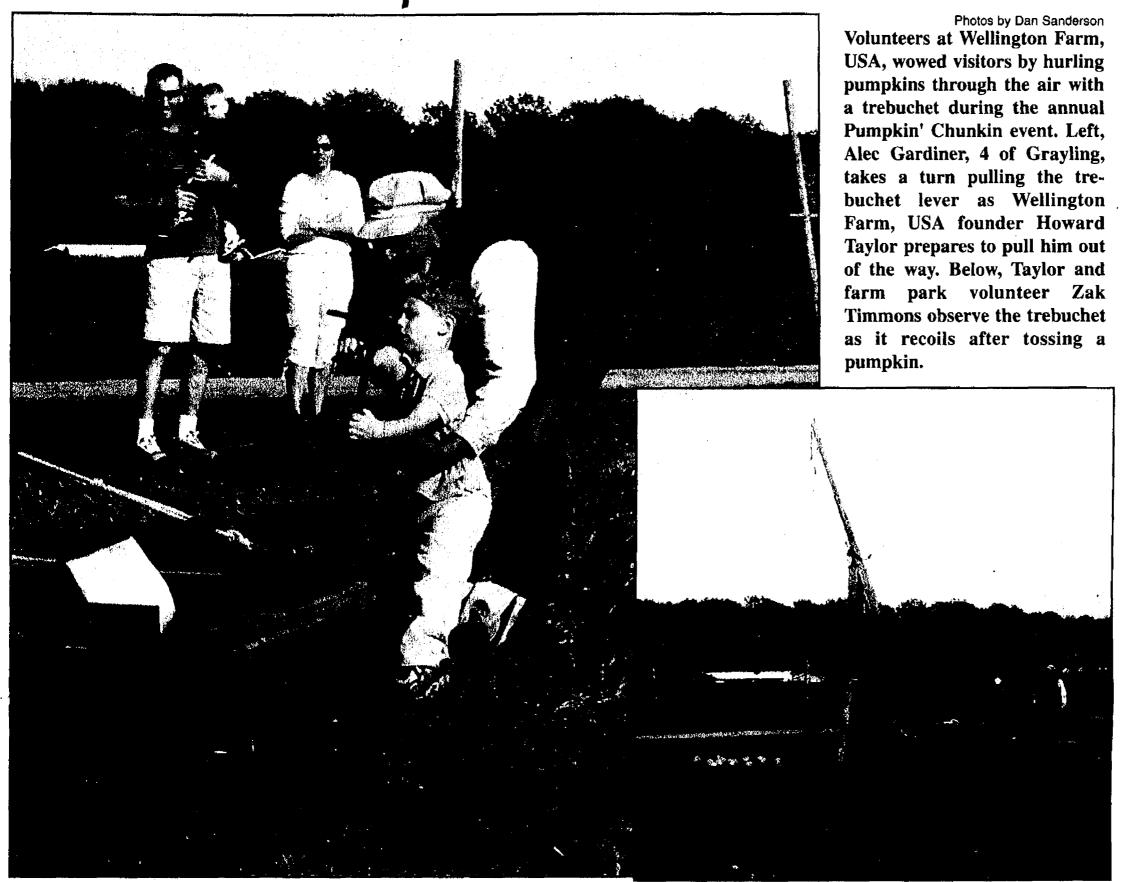
FIRST SECTION Thursday, October 25, 2007

CRAWFORD COUNTY CRAWFORD COUNTY CRAWFORD COUNTY

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50¢

Pumpkin' Chunkin



County protests foster care rules

by Dan Sanderson Staff Writer

The Crawford County Board of Commissioners renewed a contract with the local Department of Human Services (DHS) agency last week to supervise foster care placements.

The board approved the \$38,356 contract, which pays for case workers Ann Church and Debra Smith to supervise abuse and neglect cases and out of home placements made by the 46th Circuit Trial Court.

The county first entered into the contract in February 2006, after state DHS officials eliminated the funding for the position due to a state law which requires counties who have case workers with over 20 children to refer those children to privately run foster care agencies.

Although privately run agencies provide the same level of care as foster care homes supervised by the county, the agencies add administrative fees to the per diems they receive to supervise the children. Paying the administrative fees could cost the county thousands of dollars out of its child care fund, money allocated by counties to place abused and neglected children in supervised homes. The county receives some reimbursement Continued on Page 2A

See "COUNTY..."

Sheriff's Office honored for STOPPED program

by Dan Sanderson Staff Writer

The Crawford County Sheriff's Office has been recognized for putting the stop to risky teen driving.

Crawford County Sheriff Kirk Wakefield received an award from Michigan Secretary of State Terri Lynn Land for involvement in the Sheriffs Telling Our Parents and Promoting Educated Drivers (STOPPED) program.

Initiated by the Michigan Sheriff's Association, the STOPPED program allows parents of children under 21 to register vehicles driven by teens with the organization.

A decal with a registration number is then provided to the parents, which is attached to the windshield of the vehicle.

If the teen is stopped by police, officers can fill out a notification card which tells the time and location of the stop, the driver's name, the number of passengers in the vehicle, the reason for the stop and whether any citations were issued.

The Michigan Sheriff's Continued on Page 2A

See "SHERIFF'S..."

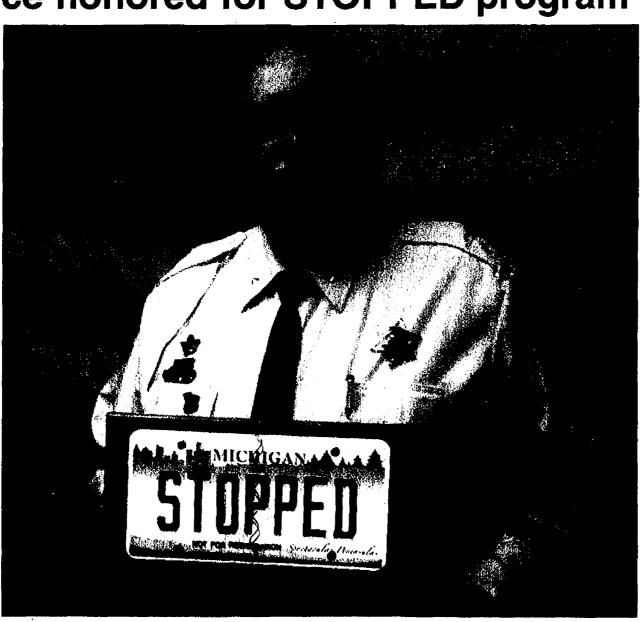


Photo by Dan Sanderson

Crawford County Sheriff Kirk Wakefield (above) received an award from Michigan Secretary of State Terri Lynn Land for involvement in the Sheriffs Telling Our Parents and Promoting Educated Drivers (STOPPED) program.

Safety tips offered for trick-or-treating

The smell of crisp autumn air and the crunch of leaves underfoot is enough to raise anticipation in any child for Halloween.

Unfortunately, Halloween sometimes can mean accidents and injuries if proper precautions are not taken.

"Halloween is an exciting time for children, but staying safe has to be the priority," said Dr. AppaRao Mukkamala, a Flint radiologist and president of the Michigan State Medical Society.

Accidents can happen as children "trick-or-treat" at dusk. Frequent injuries include scrapes and scratches from sharp objects, and sprains or broken bones from tripping on costumes and steps. Dangers also come from moving vehicles as children dart into the street, or become lost if they fall behind the group.

Grayling City Police Chief Karl Schreiner suggests that children and families plan on trick-or-treating between 6 p.m. and 8 p.m. on Halloween, Wednesday, Oct. 31.

Incidents can be avoided with a little pre-Halloween prepara-

tion.
The Michigan State Medical

Society recommends the following tips to pick out a perfect costume for a safer trick-or-treating

experience:

•It is important that a child can easily see and breathe when wearing a costume mask. If the eye and nose holes are not big enough, cut them bigger. Facial make-up may be a safer alternative.

•A costume should fit loosely to allow for free movement and warm clothes under it, but not so loose that the child might trip over it.

•Do not pick out a costume that involves carrying a sharp object; replace it with something soft, flexible and not pointed.

•A costume should be fireretardant; candles and jack-olanterns can easily ignite fabric as a child rushes by.

•If a bright or light colored costume can't be found, reflective tape can help a child stand out in the night. Each child also should carry a small flashlight.

Families are also encouraged to map out their evening and routes by using the following Continued on Page 8A

See "SAFETY TIPS..."

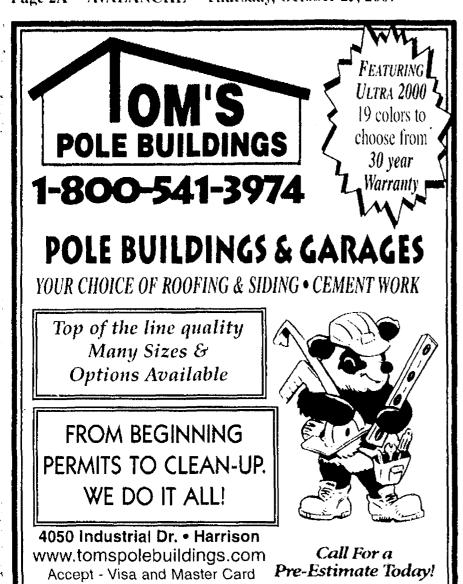
Crawford County Avalanche

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Fall forestry





Volunteers at Wellington Farm, USA, cut boards from logs, among the fall colors on Sunday near the farm park's carpenters shop, using a steam powered tractor. Above left, John Porth prepares a log to be cut. Above right, Delbert Curio operates the tractor.

Sheriff's Office honored for STOPPED program

Continued from Page 1A

CRAWFORD COUNTY PROPERTY AUCTION FRIDAY, NOVEMBER 2, 2007 CRAWFORD COUNTY BUILDING 200 W. MICHIGAN AVENUE **GRAYLING, MI 49738**

REGISTRATION AT 12:00 PM (NOON)

SALE BEGINS AT 1:00PM

THIS IS A NO MINIMUM BID AUCTION

To obtain information on parcels being offered please visit our website at www.crawfordco.org. Enter the site and click on "Foreclosure Information Crawford County."

Visit www.tranzon.com for Sale Rules, Bidder Registration and Frequently Asked Questions (FAQ's).

You may also contact the Crawford County Treasurer's Office at 989-344-3231 or 989-344-3204 for additional information.

Joseph V. Wakeley

Peshawbestown, MI

Acme MI

Association then sends a letter to the parents of the teen, to notify them of the traffic stop, so they are aware of the situation and can enforce at-home rules regarding driving privi- is what we're hoping for." leges.

Last year, the STOPPED program was started by sheriffs in Crawford, Emmet, Kalkaska and Roscommon counties.

So far, only one teen with the sticker, recently stopped by Deputy Shawn Schnoor for a stop sign violation, has been pulled over since the program has been in place. A citation was not issued, but Wakefield said the teen's parents will be receiving a letter from the Chesney, a spokesperson for Michigan Sheriff's the Michigan Secretary of

"Knowing that the sticker is there might serve as a deterrent for teens acting or driving poorly," Wakefield said. "That

The Crawford County Sheriff's Office was one of five law enforcement agencies recognized for the program. The sheriff's office received the award for rural counties with a population under 20,000 people for signing up 47 teens and their families with the STOPPED program.

"Promoting safe teen driving, it doesn't get any more important than that," said Kelly

State's office. "These sheriffs are setting the bar for the pro-

gram in the state." Wakefield said he was pleased to accept the award from Land at a Michigan Sheriff's Association conference held in Lansing, last week, on behalf of all sheriff's office employees who are involved in making the program work.

"She thinks it's a great program, and without the support, it just doesn't work," he said. "We are all trying to work together to make our community a better place to live, and that is something I feel very strongly about."

County protests foster care rules

Continued from Page 1A

and federal government, depending on the nature of the

Cindy Pushman, the director

of the DHS agency for from the fund from the state Crawford County, said the nearest privately run foster care agencies are located in Alpena, Traverse City and Bay City.

> Pushman said officials have been able to decrease the placement of children into private care agencies, from 40 percent to 25 percent, by placing the children in homes of relatives and having them overseen by local case workers.

"When kids stay within their community, we really find that they are much more successful as adults," Pushman said "With relatives, they have much more of an invested inter-

The increased move to privatization of foster care, as well as placing the children on state paid health care plans that local physicians don't accept, further hinders the care that the children receive, Pushman said.

"It should be something that we look at. What's in the best interest of the child, not the needs of a private agency," Pushman said.

County officials vowed to continue to protest the state foster care mandates, seeking additional DHS funds from state agencies.

"We're splitting families apart rather than trying to pull them together," said Dave Stephenson, the chairman of the Crawford County Board of Commissioners. "This is just absolutely nuts."

Commissioner Anderson said that state officials need to address foster care guidelines that urban areas can accommodate, which rural communities struggle to meet.

"I think we get shortchanged on everything," Anderson said.

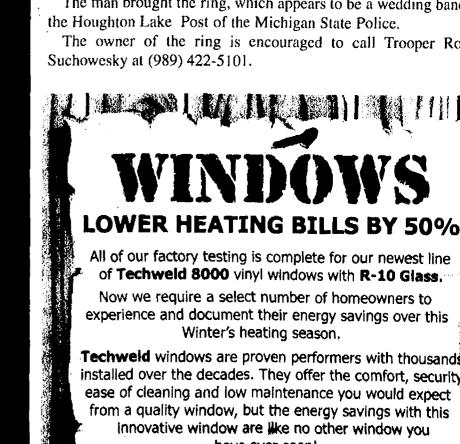
Diamond ring found at I-75 rest area

State police are searching for the owner of a diamond ring, which was found near Frederic.

A man from Coldwater, traveling on southbound I-75 in Crawford County, stopped at the rest area near Frederic around 11 a.m. on Sunday, Oct. 14 and found a diamond ring in the the parking lot.

The man brought the ring, which appears to be a wedding band, to

The owner of the ring is encouraged to call Trooper Robert



of Techweld 8000 vinyl windows with R-10 Glass. Now we require a select number of homeowners to experience and document their energy savings over this Techweld windows are proven performers with thousands installed over the decades. They offer the comfort, security ease of cleaning and low maintenance you would expect from a quality window, but the energy savings with this Innovative window are like no other window you have ever seen! If you will assist in our field testing we will provide you with Introductory Pricing and you will incur no actual costs until after the winter season, O.A.C.

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The Auxiliary of Mercy Hospital Grayling recently held its annual awards banquet at the Ramada Inn of Grayling to honor the dedicated service of those auxilians who have given of themselves volunteering their time, talents and energies to the mission of Mercy Hospital. Above left, Sue Brenner received an award for 6,500 hours volunteered for the Auxiliary from Paul Lerg, the chairman of the Mercy Hospital Grayling Board of Directors. Above right, Carole Herdrich received an award for 1,500 hours volunteered to the Auxiliary from Lerg. Left, Susan Smith, Marie Peters, Dawn Counts and Pat Okon were given awards from Lerg as 100 hour volunteers for the Auxiliary.



Monday - Open Faced Prime Rib Sandwich Served with thin cut french fries, coleslaw, pickle spear and a side of AuJus. \$6.95

Tuesday - Liver 'n' Onions

80z Tender Beef Liver topped with grilled onions and a slice of bacon. Served with mashed potatoes, beef gravy, and a tossed salad with your choice of dressing, \$6.95

Wednesday - Country Fried Steak Served with mashed potatoes, country gravy, coleslaw and grilled texas toast, \$6.95

Thursday - Patty Melt

Spikeburger topped with melted swiss cheese and grilled onions. Served on grilled swirl rye with a side of thin cut fries and pickle spear. \$6.95

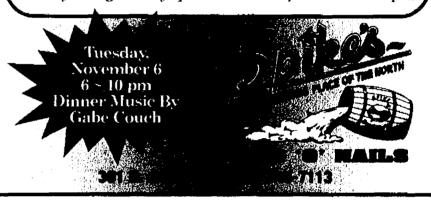
Friday - All Day Fish Fry (Beer Battered In-House) Served with thin cut french fries, coleslaw, & dinner roll. 3 Piece Dinner- \$5.50 All You Can Eat- \$7.95

Saturday - Prime Rib Dinner (Available from 5 pm to 10 pm) Served with baked potato or french fries, salad or coleslaw and dinner roll. A dab of our homemade horseradish sauce is the crowning touch. \$14.95

Sunday - Dog Day Two Coney Dogs topped with mustard and onion. Served with thin cut

french fries and pickle spear: \$5.00

All specials Available for In-house Dining or Carry Out. Monday through Friday Specials Available from 11 am to 11 pm.



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Mercy Hospital Auxiliary members recognized

The Auxiliary of Mercy Hospital Grayling recently held its annual awards banquet at the Ramada Inn of Grayling.

This special event is held each year to honor the dedicated service of those auxilians who have given of themselves volunteering their time, talents and energies to the mission of Mercy Hospital.

The Auxiliary partners with Mercy Hospital to support the mission of the hospital in providing quality medical services to the residents of Grayling and the surrounding communities. The volunteers spend equal time working within the facility, helping with the daily operations and fund-raising to assist the hospital in meeting its capital budget requirements.

During the fiscal year 2007, the Auxiliary donated a total of 16,234 hours that made a difference in the lives of patients and staff alike, working in support positions at the front desk and other service areas, attending the waiting areas, escorting patients and their families around the hospital, staffing the Window Shop and a myriad of

other tasks throughout the facility. Additionally, the Auxiliary in 2004 accepted a substantial fund-raising effort to raise \$250,000 to be put toward the capital campaign for the hospital's new Emergency Department. This past fiscal year, the Auxiliary presented the hospital checks totaling \$40,000. Since the original five commitment, Auxiliary has retired more than

85 percent of its total pledge. At the banquet, 52 members of the Auxiliary were honored for their hours of volunteered service. These awards spanned time frames of 100 hours of volunteer service up to 9,000 hours, with each of the distinguished recipients receiving a gold star pin, with their hours of service noted, to be proudly worn on their uniforms.

The Mercy Hospital Auxiliary has served since being founded in 1912 by 20 local women. Those initial volunteers began as a fund-raising group to help the Sisters of Mercy purchase essentials for the hospital such as bandages and antiseptic. During the

1960s, the Auxiliary doubled its membership and brought a more official tone to the organization. The current membership has 105 active Auxiliary members, who are committed to serving the hospital and the community through their tireless efforts.

Mercy Hospital Grayling serves the community of Grayling and the surrounding counties of Crawford, Roscommon, Otsego, Oscoda, Kalkaska, Montmorency and Ogemaw. The hospital is owned by Trinity Health, which is the third largest Catholic Healthcare system in the world, and is partnered with Munson Healthcare to provide the best healthcare service to our communities in northern Michigan.

If you would be interested in learning more about Mercy Hospital Grayling and the Hospital Auxiliary, stop by the office located in the Organization and Talent Effectiveness suite, or call Scott Hoffer, volunteer services specialist, at (989) 348-0527 and find out how you too can be come part of the Auxiliary and

power was restored to most of

A total of 12,140 customers, in

Great Lakes Energy's 26-county

service area, were left without

"The storms were pretty wide-

spread in nature," said Dave

Guzniczak, spokesperson for

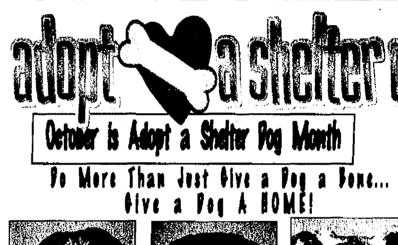
J & G ENTERPRISES

Great Lakes Energy.

power.

the customers by early Friday.

begin to make a difference that really counts.





Loopie is a 2 year old Lab/Pit Bull mix. She is the funniest dog in the

world!



Brodie is a 3 year old Black Lab mix. He is smart, active and handsome.



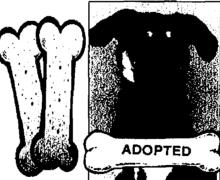
Maui

is a 1 year old Brindle and White mixed breed dog. She is athletic and beautiful.



Anya

is a very sweet shepherd mix. She is quiet and affectionate.



Diana

is a 6 - 8 month old Shepherd mix. She is active, friendly and very trainable.



Callie

is a 4-5 year old Wirehaired Pointing Griffon mix. She is the smartest dog in the world!



Gable is an Australian Shepherd/Heeler mix. He is unique,

for toys.



Walley is a 2 - 3 year old Shepherd/Lab/Hound mix. He is uncompli-

lovable and crazy cated and would make a fine family dog.

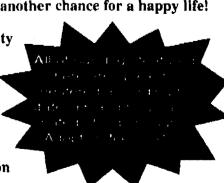
AuSable Valley Animal Shelter, formerly the Animal Shelter of Crawford County, took in over 300 dogs/puppies last year. The numbers are on the same track for 2007. Most dogs come to the shelter after being picked up by Animal Control or have been found wandering by concerned citizens. Some are thoughtlessly abandoned by their owners when they move away. In 2006, less than one-third of the dogs that found refuge at our shelter were claimed by their owners. That leaves a lot of great dogs looking for loving, new homes... and they're looking to you for another chance for a happy life!

AuSable Valley Animal Shelter is located at the old Crawford County Fairgrounds. Use the Fairgrounds' entrance. Turn left after the big sign.

Phone (989) 348-4117

Hours: 10 a.m. to 3 p.m. Mon-Sat and 10 a.m. to 12 p.m. Sun/Holidays

Visit www.ascc.petfinder.com or www.verybestpetnetwork.com to see all our dogs and cats awaiting adoption! AuSable Valley Animal Shelter is a 501c3 non-profit organization



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LOW COST SHOT CLINIC will be held on Nov. 17, 9 am - 2 pm. at the Ausable Valley Animal Shelter. Call 231-584-3500 for an appointment.

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Thunderstorms whip through region

Crawford County escaped the brunt of thunderstorms in the region that resulted in tornados in the surrounding counties.

A low pressure system moving across the Midwest caused weather to intensify, resulting in high winds, thunderstorms and heavy rainfall the during storms that whipped through Crawford County in the late afternoon and evening hours on Thursday, Oct.

Rainfall occurred earlier in the day, followed by sunny weather and warm winds.

204 Ionia

Grayling

348-9456

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the thunderstorms, which caused tornados in Kalkaska County, Oscoda County just north of Luzerne, Cheboygan County near Black Lake and two confirmed tornados in Alpena County. Winds reached over 60

"We pretty much had the right things come together at the right time to set the stage for this," said Brian Adam, a meteorologist for the National Weather Service office in Gaylord.

The storm left 777 Great Lakes Energy customers in Crawford County without power. The

The mix of weather preceded

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ALMANACK

by Richard Milliman

In politics, things don't change very fast

THE MORE things change, the more they remain the same or so it seems.

Current headlines proclaim a budget crisis in the Michigan legislature, with warnings of a government shutdown at month's end.

Wait a minute. Didn't Michigan's statehouse politicians settle all this in the final minutes of the state's fiscal year Sept. 30? Didn't they reluctantly order an increase in the state's personal income tax, and adopt new taxes on a bunch of personal services, such as manicure sessions and other activities deemed less than wital to personal existence? Didn't those new taxes solve the problem?

Oh, of course, there was the continuation budget. The state would operate on the same budget for another month while our leaders decided how much to cut which state services to even

things out but that shouldn't take long. After all, these problems have been apparent since February or even earlier.

But so far, nothing is settled about the other part of the problem – the cuts.

With only a week or so before the continuation budget expires, state government again is threatened with a shutdown.

What's with these people? Can't they agree about anything?

Of course, things will get straightened out sooner or later, and Michigan probably will avoid an actual shutdown. But the way decisions are made is disheartening and weakens public confidence in government, when problems are solved only when a gun is pointed directly to the head, with fingers on the trig-

That's no way to run a government. Michigan deserves better.

ENDORSEMENT -Jennifer Granholm finally has officially endorsed New York Sen. Hillary Clinton for president, which is not exactly a sur-

Apparently this is no big deal. Ms. Granholm issued a statement backing Ms. Clinton as the only candidate who really understands Michigan problems and can provide the Washington help Michigan needs.

This message was followed with a signed column (with Lt. Gov. John Cherry as co-author) in the Sunday newspaper expanding on why the choice is Ms. Clinton.

For her part, Ms. Clinton issued a perfunctory note of appreciation for the endorsement, but that was all. No warm embrace before the TV cameras. No joint appearance. No warm, enthusiastic semi-public phone calls. Nothing to indicate that

Ms. Granholm's support is important to the Clinton campaign.

Of course, the New York senator is embargoed from "campaigning" in Michigan because of Michigan's decision - warmly embraced by Ms. Granholm - to jump ahead of the system with our Jan. 15 presidential primary, violating national Democratic party rules.

Ms. Clinton and other top tier Democratic candidates promised not to campaign in Michigan before the primary, although Ms. Clinton has permitted her name to appear on the ballot while other top Democratic hopefuls -Barack Obama, John Edwards, Bill Richardson and Joe Biden did not.

Alternative Democratic candidates on the ballot with Hillary Clinton will include Chris Dodd, Dennis Kucinich and Mike Gravel. The Almanack hereby predicts a Clinton win in the 2008 Michigan Democratic primary.

Michigan Sen. Debbie Stabenow was an early public Clinton backer. Let's see: First Hillary, then Debbie, now Jennifer. That's certainly not the Old Boys Club.

BACK IN HARNESS - The regular Almanack author is back in harness this week after a couple of weeks away, for my first ever trip to Italy.

Upon my return, a friend asked the usual question: "How was Italy?" I replied: "Old."

School kids in Italy have a lot more national history to learn than American students do. We've been a nation for less than 250 years; Italy goes back about 10 times that long.

A couple of quick impressions: - Our tour group covered northern Italy in a plush, air conditioned bus, and I was impressed by the modern and extensive highway system connecting the major cities. Roads seemed in better condition than Michigan's, too.

- For spending money on the trip, I plunked down 100 good old American dollars, and received about 65 Euro dollars in exchange. One Euro dollar used in the 15 countries of the European Union – is worth about \$1.50 in American money. So if you spend \$20 Euros for a souvenir, it costs you \$30 American dollars. The American dollar until recently has always been welcome and valuable currency around the world. Not now. That's not only surprising, it's

also a bit frightening. # #

Richard Milliman is a veteran newspaperman, and a contributing columnist to Michigan newspapers.

Washington Notes

By Carl Levin, U.S. Senator (D-Michigan)

Clearing the way for Great Lake shipping

The Great Lakes have a problem. Freighters are getting stuck in Great Lakes shipping channels, and they need tugboats to turn them around. Many boats can't reach their docking sites, other ships are carrying reduced loads, and some shipments have simply ceased altogether.

For example, one freighter ran aground in the Saginaw River last year and its rudder was torn off and never found. And shipping at the Wirt Stone Dock in Buena Vista Township has dropped by a whopping 25 percent.

What's behind this problem, which is hurting Michigan's economy? There is an enormous backlog in dredging the lakes. Dredging is the process of removing sediment that builds up in shipping channels and prevents ships from getting through. It is a routine and necessary practice but requires constant vigilance.

In recent years, Great Lakes dredging has not been adequately funded, and according to the Army Corps of Engineers, there is currently a backlog of 16 million cubic yards that needs to be dredged.

This dredging backlog has been made much worse by historically low water levels in the Great Lakes. Lake Superior, for example, has dropped to its lowest level in 81 years.

This situation is simply not sustainable. Every year, hundreds of millions of tons of goods are transported through the Great Lakes waterways. Freighters carry steel for our automobiles, limestone for the construction industry, and coal to provide electricity for homes and manufacturing plants, among many other products and

resources needed nationwide. Recently, the U.S. Army Corps of Engineers reported that the Great Lakes system needs about \$200 million for dredging each year. But the Great Lakes are being short-changed by about half that amount every year.

Part of the problem is that the Corps' budget nationwide has not been sufficiently funded, but the shortfall for the Great Lakes is also due to how that money is prioritized. In recent years, the Army Corps has prioritized dredging projects based primarily on the amount of tonnage a harbor processes, shortchanging ports that handle less than one million tons of cargo per year.

That is simply unfair. Almost half of the commercial harbors in the Great Lakes handle less than one million tons of cargo each year, and two-thirds of all shipping in the United States either starts or finishes at small harbors like these. Many of the communities surrounding smaller ports depend on shipping activity much more than at larger ports.

Manisteé Harbor on Lake Michigan, for example, is classified as a small harbor because it handles "only" 940,000 tons of cargo. Yet multiple companies rely on this harbor, including Morton Salt, and fully 10 percent

of the local population is economically dependent on the port.

I'm working on a number of fronts to secure the resources for the dredging we need. I am working closely with the Senate Appropriations Committee to obtain the necessary funding. The appropriations bill passed by the Committee in June includes \$53 million for operation and maintenance of Great Lakes shipping channels, including dredging. That's \$15.6 million more than last year and \$13.5 million more than the President requested. As the bill continues to make its way through Congress, I will continue to fight hard for this funding.

Working with my colleagues, I also added a provision to the Water Resources Development Act that would direct the Secretary of the Army to expedite the maintenance and dredging of important navigational channels within the Great Lakes. That bill has been passed by the Senate and is very close to becoming law. I have also personally urged the Army Corps of Engineers to dredge Great Lakes

harbors and channels. It will be slow and difficult work to get the Great Lakes navigation infrastructure rehabilitated, but it needs to be done. Right now, the biggest ships are each leaving more than 8,000 tons of cargo behind on the docks so they won't get stuck in shipping channels that haven't been dredged. Eight thousand tons is enough coal to provide three hours of electricity in Detroit or enough steel for 6,000 cars. With Michigan's economy already suffering from the loss of manufacturing jobs, we can't afford to lose the economic activity from shipping on the Great Lakes. Adequate funding for dredging and more equitable treatment of smaller ports can make the difference.

Senator from Michigan.

LDITOR

DNR is turning forests into plantations

To the editor:

Have you noticed the forests in your area being turned into pine plantations? At first I thought it strange that a sign across from Grayling High School called what was previously state forest a plantation.

In my high school civies class, we were taught that the DNR protected our forests, not leveled them. Although mature oaks were left standing across from the high school, the oaks and other hardwoods on DNR's Compartment 177, adjacent to the Manistee River, will not fare as well.

There are plans to remove over 10,000 cords of hardwood, as replacing our forests.

well as nearly 5,000 cords of softwood, including white pine, cedar, tamarack, and red pine. A jack pine plantation will replace them. A similar fate is in store for Compartment 173, near the Manistee River, just south of Deward.

We are told the 90,000 acres of forest being turned into jack pine plantations are good nesting for the Kirtland Warbler. What if a disease strikes the jack pine? We will have sacrificed 90,000 acres of richly diverse forest.

When a forester recently commented on pines being planted so they can be harvested, I suddenly realized that crops of trees are entrusted with the preservation of the forests for future generations has become a plantation landlord, and we are the taxpaying serfs.

It is sad a government that was

If the DNR hasn't made a "selection" in your neck of the woods yet, you have a lot to be grateful for this Thanksgiving.

To find out what the DNR is "prescribing" for the forest near you, attend a meeting at 9 a.m. on Thursday, Oct. 25, at the Forest Management Office on M-93 and I-75, Hartwick Pines exit, or fax a forester at 989-348-8825.

> P. Whiteford Frederic

Address traffic through our town

To the editor:

I have never written a letter to the editor before, and unlike so many others, I have no criticism to vent. Simply an idea that will directly benefit Grayling in a positive way.

I have given a little thought to traffic flow through our town, and the need to increase the number of drivers on I-75 that decide to pass through town.

The bulk of our visitor traffic now is heading to and from Traverse City, and a good portion of that goes from 4 Mile to

Military road, bypassing us altogether.

I would like to see some signs or billboards, along northbound and southbound I-75, that show how easy it is to get off at exit 254 northbound, roll through town, get back on at M-93 -Hartwick Pines Road, and the same for getting off at M-93 and getting back on at the south end of the business loop.

How about some inexpensive advertisements in downstate newspapers with a map showing the route? I have been asked by

visitors several times about how to find the highway from town. Am I the only one?

It really is not hard to find the way, but we need to direct traffic with some signs. Especially along the business loop in town, showing how to get back on northbound I -75. There is a lot of commercial real estate between Lake Street and M-93 that is dormant or under-used. Some more traffic through that area would be a great thing.

> Ed Baudoux Grayling

CRAWFORD COUNTY

Marcus Marelich Composition

Amber Edgerton

Julic Doremire

Composition

Keith Sowulewski Composition

Linda Golnick

General Manager

Debbie St. Germain Advertising Safes

Caleb Casey Senior Staff Writer

Pam Engel **Advertising Sales**

Dan Sanderson Staff Writer

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\$30.00; Foreign Countries, \$60.00; Senior Citizen discount (60 or older) \$2.00 off any of the above rates.

Ruth Biggar Busines Office Carl Levin is the senior U.S.

Ticked off with local gas prices

To the editor:

I am really ticked off at our local level of greed regarding outrageous prices for gasoline.

I regularly need to drive to Houghton Lake or Prudenville and the same brand of gas is 18¢ a gallon cheaper there than it is in Grayling.

sold, an extra \$180 profit is ernment is a joke. It is immoral gouged from us all. I wouldn't and they have no conscience.

venture to guess how many thousands of gallons are sold by any one station, with the same overhead and the same purchase price for resale, but I know they're not giving it away in Houghton Lake and this goes on year after year.

You can't blame the Arabs. This is price fixing, plain and So, for every 1000 gallons simple. It is illegal and our gov-

When do the boys get together for coffee and doughnuts, laugh and decide what we all will pay tomorrow? I would like to be at that meeting.

I think they think we are just stupid. What do you think? Buy Grayling?

Phil Faustman Grayling

The opinions expressed in the letters and columns on this page are solely those of the writer and do not necessarily reflect the views of the Crawford County Avalanche. Your views are welcome on

the Opinion Page. Letters may be typed or handwritten, but please double-space or use every other line and limit to 500 words.

Every letter must be signed and an address and telephone

number must be included to be considered for publication. Letters will not be published without the author's name. Telephone numbers are not

published. All letters are subject to edit-

ing and will be printed as space allows.

Deadline for submission of letters to the editor is Friday at noon for consideration for publication in the following. week's paper.

Subscriptions rates are non-refundable. Check us out on the Internet at www.crawfordcountyavalanche.com

COA to host Halloween party

The Senior Center, 308 Lawndale St., Grayling, will have a Halloween party on Oct. 30, at 5 p.m. There will be music, games, a costume contest and a dessert contest. This event is free. For information, transportation, or to volunteer, call 348-7123.

GHS to hold scholarship workshop

A Scholarship Application and Evaluation Process Workshop will be held Monday, Nov. 5 from 7 a.m. - 8 a.m. in the Grayling High School Media Center. A panel of local, college and national scholarship reviewers will discuss the application and evaluation process. Seniors, juniors and parents may attend; students should sign up in the counseling office and include specific questions they would like panel members to address. Must have at least 20 signed up by Nov. 1. For more information, contact Ms. Walker at 344-3510, Mrs. Thompson at 344-3511 or Mrs. Bonamie at 344-3512.

Michigan Hospice to hold grief group

Hospice of Michigan will offer a "Holiday Season" Grief Support Group, in the Grayling and Roscommon areas, Nov. 2007 through Jan. 2008. Call Briana to register at 989-705-2603.

GPA honors Member of Year

The Grayling Promotional Association will host its annual Chamber Business After Hours to honor their Member of the Year, on Oct. 25, from 5 p.m. - 7 p.m., at the Grayling Country Club. Cost is \$5 at the door. Heavy hors d'oeuvres will be served. A cash bar will be available. Everyone is welcome. Call the Chamber office at 989-348-2921 with questions.

Mercy Hospice to hold training

Mercy Hospice will be holding Volunteer Training, Oct. 31- Nov. 1, from 9 a.m. - 5 p.m., at the Grayling Hospice Office, 324 Meadows Drive, (behind Pizza Hut, off I-75 business loop), Grayling. Volunteers are needed to assist a growing number of families in the Mercy Hospice service area. Volunteers are generally assigned to families within the community in which they reside. To register, contact Sherry at 989-344-4409 or 1-800-424-1457, 8 a.m. - 5 p.m., Monday - Friday or leave a message with the After Hours Coordinator during non business hours.

Boosters sponsor fund-raising night

The Grayling Youth Booster Club is partnering with Wendy's of Grayling for a Community Fund-Raising Night. A percentage of the sales from 5 p.m. to 8 p.m, on Tuesday, Oct. 29, will be donated to the Booster Club. Booster board members will be present and encourage the community to support the club.

Garden club to meet

Beyond the Garden Wall Garden Club will meet Thursday, Nov. 1, at 7 p.m., at Michelson Memorial United Methodist Church. The craft project will be pinecone birdfeeders. All are welcome. Call 348-8519 for more information.

Church to hold movie night

The Grayling Free Methodist Church will not be holding Trunk -R-Treat this year. Instead they will be holding a movie night on Nov.

American Legion Auxiliary to hold meeting

The American Legion Auxiliary Post #106 will hold their monthly meeting on Nov. 14, at 3:30 p.m., at the American Legion Hall, Grayling. Members are encouraged to attend and bring a friend.

Operation Sock Monkey needs you

Sew your support. Operation Sock Monkey is off to a grand start, but we need you. On Saturday, Oct. 27, from 9 a.m. - 2 p.m., there will be another community sew in. We need people to stuff, hand sew, machine sew, and so much more. Show support for our troops deployed and join in the monkey business at the Devereaux Memorial Library.

Red Cross announces local blood drives

time donors were: Raymond

Thompson. A four gallon pin was

awarded to: Donald Rakoczy; a 16

gallon pin was awarded, but his

name was not recorded, please

On Friday, Sept. 7, a special

type O blood drive was held at St.

Mary's Family Center, with 30

units collected. A 12 gallon pin

went to Kirtland Kitchen; a six

gallon pin to Mark Zelek; a two

gallon pin to Edward Mullin; and

a one gallon pin to Christy

Voelker. A first time donor was

call 348-8348.

Wendy Clyma.

The American Red Cross will 59 units of blood collected. First have a blood drive on Tuesday, Nov. 6, at the Frederic Elementary Johnson, Kevin Smith and Patricia School, from noon to 5:45 p.m. On Wednesday, Nov. 7, a blood drive will be held at Grayling High School, from 8:30 a.m. to 2:15 p.m. The community is wel-

Donors must be at least 17 years of age. There is no age cut off, but prospective donors should weigh at least 110 lbs. who plan on donating should drink plenty of liquids and eat before coming in. Donors will need to bring either a Red Cross card or a picture I.D.

On Wednesday, Sept. 5, a community blood drive was held at the Grayling American Legion, with

RAFFLE WINNERS

的知识,我们可以的对象。这种是一个人的特殊。但是不是一个人的

Grayling Youth Booster Club The 50/50 raffle winners for Oct. 21 of \$25 each: Pat Harris, Cheryl Melroy, Tyke Golnick, John Besonen, Sarah Golnick and Tina Bassett.

Grayling Lions Club

The winner of the Grayling Lions Club Lucky 13 raffle for Oct. 19 of \$100 is: Diana Spare.

Public workshop organized regarding forest management practices

Crawford and Roscommon County concerned citizens have organized a public workshop to gather information regarding residents' interest in and priorities for publicly owned forest areas in the two counties. The information will help shape a vision and assist in improving communications with the Michigan Department of Natural Resources (M.D.N.R.) and the U.S. Forest Service (U.S.F.S.).

Township Grayling Supervisor, Terry Wright, said "The object of this meeting is to gather citizens together to listen to the experts on forest management, then begin the process of putting together a comprehensive master plan of what the citizens would like to see in the near and distant future.

"We'll take into consideration the needs of the forest product industry, tourism, wildlife habitat, and the general aesthetics of timber harvesting, then we'll try to apply what we've learned to meeting the needs of everyone involved through a documented plan.

"We want to work with everyone, including the M.D.N.R. and industry foresters in developing our plan. When we're finished, probably months from now, we'll present it to the M.D.N.R. group that will be developing their own long-term forestry plan," said Wright. M.D.N.R. has currently identified a team of experts who are working to develop a 20-year, eco-regional forest management plan for northern Michigan. The eco-regional plan is expected to be developed by late summer of 2008 and be implemented by early 2009.

Development of the vision for

Annual free Diabetes Health Fair planned

More than 2,300 residents are estimated to suffer from diabetes in Crawford and Roscommon counties.

Diabetes is a group of diseases, characterized by high levels of blood glucose, resulting from problems in insulin production or insulin action. About five million people nationally are not even aware that they have this potentially deadly condition.

To provide information about diabetes, Mercy Hospital Grayling is offering a free Diabetes Fair from 5:30 p.m. -9:30 p.m. on Thursday, Nov. 1, at the Ramada Inn in Grayling.

Health care professionals from the hospital will offer: a cooking demonstration, free blood pressure checks, exhibits of diabetes supplies, recipe sampling, door prizes, mini-sessions on foot care, medications, and stress management, and flu vaccinations for

\$25. There is no admission charge for this informative session, but registration is requested because space is limited. People who have Medicare should bring their cards with them because it will cover their flu vaccine.

For more information, or to register, please call Mercy Hospital Grayling's Diabetes Education at (989) 348-0455.

BETTER HEARING CLINIC

to be held at the

HOUGHTON LAKE SENIOR CENTER

2625 Townline Road - Houghton Lake (Behind the Pines Theatre) 989-366-9168 Senior Center

MONDAY NOVEMBER 5TH 9-3:00

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the two counties is to fit within this time frame to maximize opportunity to shape the plan.

Objectives for this public workshop include listening to the community and gathering thoughts and ideas about future management of publicly owned forested areas in Roscommon and Crawford counties. current collaborative forest management planning process will be reviewed.

Perspectives will be collected on diverse values for forested lands, measures for those values. and public forested lands of particular interest.

This workshop has been planned by a group of residents, business owners, and representatives from organizations and governmental bodies who have had several meetings regarding concerns on how area public forests are being managed.

This workshop is designed to be a part of a process aimed at better communication with the M.D.N.R. and U.S.F.S. No answers to complaints or specific issues will be given at this meeting; this is an information gathering session organized by volunteers and is not sponsored by either the M.D.N.R. or U.S.F.S.

Written comments are being taken by Lois Byrd, Roscommon County Economic Development Coordinator, 500 Lake Street, Roscommon, MI 48653 or byrdl@roscommoncounty.net for those who are unable to the attend workshop. Concerned citizens who are interested in being part of this process are invited to the Grayling High School, on Tuesday, Nov. 6, from 6 p.m. to 9:30 p.m.

THE OLE BARN Ladies Night Out Saturday November 3rd, 9pm L.A. Bachelors Review

> Tickets: \$10 advance \$12 at door

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For complete details, or to request an informational brochure on Mental Health Services of Northern Michigan Regional Hospital, please call 231.487.4630



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The Bible Speaks

No Dominion of Law and Sin

Romans chapter six answers two questions about continuing the practice of sin in the life of a believer. Romans 6:1,2 teaches us that through our funion with the death, burial, and resurrection of Jesus Christ we are dead to sin. "1 What shall we say then? Shall we continue in sin, that grace may abound? 2God forbid. How shall we, that are dead to sin, live any longer therein?" Now in Romans (6:14,15 we are taught that being free from the law does not encourage us to sin under grace. "14For sin shall not have dominion over you: for ye are not under the law, but under grace. 15What then? shall we sin, because we are not under the law, but under grace? God forbid." Those who would say that salvation by God's grace through faith promotes a license to sin are ignorant of God's Holy Scriptures.

Christ has redeemed us from the dominion of sin, death, hell and the grave. "9Knowing that Christ being raised from the dead dieth no more; death hath no more dominion over him." (Rom. 6:9). Jesus Christ not only fulfilled all the righteous

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Website: www.mm-umc.org

April through October 2nd & 4th Wednesday

demands of God's law for us, He also paid the penalty for our sins of breaking God's law. "19For I through the law am dead to the law, that I might live unto God." The law condemned me to death, Jesus Christ took my sin and death fulfilling the righteous demands of the law. "9For to this end Christ both died, and rose, and revived, that he might be Lord both of the dead and living." (Rom. 14:9). Jesus Christ is Lord, that is, He has dominion. As 1 Tim, 6:15 reminds us He is "...,the blessed and only Potentate, the King of kings, and Lord of

lords."

"17For the law was given by Moses, but grace and truth came by Jesus Christ." (John 1:17). As 2 Cor 3:7-9 remind us, the glory of law could only lead us to condemnation and death. It could not give us forgiveness, justification, and eternal life. "20Therefore by the deeds of the law there shall no flesh be justified in his sight: for by the law is the knowledge of sin." (Rom. 3:20). "11But that no man is justified by the law in the sight of God, it is evident: for, The just shall live by faith.' (Gal. 3:11). As the great apostle Paul reminded the great apostle Peter in Galatians 2:16: "16Knowing that a man is not

Church Directory

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justified by the works of the law, but by the faith of Jesus Christ, even we have believed in Jesus Christ, that we might be justified by the faith of Christ, and not by the works of the law: for by the works of the law shall no flesh be justified.".

Galatians 2:21 reminds us that to claim righteousness by the works of the law is to deny the death of Christ to give us salvation by grace: "21I do not frustrate the grace of God: for if righteousness come by the law, then Christ is dead in vain.' Galatians 5:4 makes it even stronger: "4Christ is become of no effect unto you, whosoever of you are justified by the

law; ye are fallen from grace." Anyone who believes they are free to practice sin at will is not a Christian. A true believer knows Jesus Christ died on the cross for their sins. One cannot know that their sin nailed Jesus Christ to the cross and then somehow believe God saved them to continually practice sin in their daily lives. Pastor "B"

The Bible Speaks is a paid advertisement and does not necessarily reflect the views and opinions of the Crawford County Avalanche.

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OBITUARIES

John M. Hilyard

Aug. 18, 1977 - Oct. 20, 2007 John M. Hilyard, 30, of West Branch, passed away on October 20, 2007.

He was born in Pontiac, on August 18, 1977, to Michael and Agnes (Perez) Hilyard.

He graduated from Grayling High School in 1996.

He married his high school sweetheart, Monica Lawrence in

June of 2000, in Saginaw. He attended Calvary Baptist Church of West Branch.

He most enjoyed spending time with his family, fishing, boating, camping, the Detroit Lions, and coin collecting.

He is survived by his wife Monica of seven years; daughter, Valerie Marie Hilyard; parents, Michael and Agnes Hilyard: father-in-law and mother-in-law, Armand and Lorraine Lawrence.

A funeral service was held on October 23, at 3 p.m. at Sorenson-Lockwood Funeral Home, with Rev. Ronald Voelker officiating.

Condolences may be sent to www.sorensonlockwood.com

Memorials may be made to a trust fund that will be established for their daughter, Valerie Marie Hilyard. These can be mailed in care of Sorenson Lockwood Funeral Home, P.O. Box 602 Grayling, Michigan 49738.

Arrangements made by Sorenson-Lockwood Funeral Home.

Otto Loeffler

Jan. 26, 1912 - Oct. 22, 2007 Otto Loeffler, 95, of Lovells, passed away on October 22, 2007.

He was born in Plattenhardt, Germany on January 26, 1912. He moved to Lovells from

Detroit and worked at Bear Archery until retirement. He is survived by his wife.

Margaret of 72 years; son, Robert (Madeline) Loeffler of Warren; daughter, Carroll "Shotz" Rankin of Gaylord; grandchildren: Thomas (Kristi) Rankin of Phoenix, Ariz., Rob Loeffler of Elgin, Ill., Tina (Joe) Zito of Macomb Twp.; greatgrandchildren, Danielle and Kyle Zito; sister, Klara Loeffler of Reutlingen, Germany; nephew, John (Sandy) Seibel of Fla.; and niece, Barbara Connally of Colorado.

He was preceded in death by a sister, Mary Seibel of Lovells. A memorial service will be

held at a later date.

Condolences may be sent to www.sorensonlockwood.com.

Arrangements made by

Sorenson-Lockwood Funeral

Home.

Master of Business Administration degree.

Honors

served in the U.S. Army as a

Medal; Parachutist Badge; Good Conduct Medal (2d Award); (Rifle); Commendation Medal. He also SFC. He married Rose J. (Staph)

Darrel D. Holey

Oct. 14, 1962 - Oct. 16, 2007

an illness.

Steiger

and Phyllis Holey.

sadly missed by all.

He is survived by his father,

Sherman (Margaret) Holey;

brothers, Sherman (Barrie)

Holey III of Fenton, Gary

(Tina) Holey of Ludington; sis-

ter, Peggy Mott of Grayling;

step-brothers and sisters:

Kenneth Steiger of Utah, John

Pucilowski of Ludington; and

several aunts, uncles, cousins,

He was preceded in death by

his mother, Phyllis Joseph in

1996; and brother, Roy Anthony

A memorial service was held

on October 20, at Oak Grove

Funeral Home and Cremation

Center in Ludington with

Deacon George Reison officiat-

Cremation took place at Oak

Memorials may be directed to

the Sherman Holey family.

Arrangements made by Oak

Grove Funeral Home and

Cremation Center of Ludington.

Alan H. Watros

June 14, 1950 - Oct. 18, 2007

Grayling, passed away on

He was born in Pontiac, on

He served in the U.S. Army as

a SP5 in the Korean War.

National Defense Service

June 14, 1950, to Harvey and

October 18, 2007.

Joyce (Everett) Watros.

Alan Harvey Watros, 57, of

Grove Cemetery in Manistee.

nieces and nephews.

Holey in 1960.

and Margaret

Watros.

He is survived by his wife, Rose of 37 years; daughters: Tammy Watros of Maple Valley, Joyce Watros of Alpena, Ellen (Calvin) Gossage of Mio, and Brandi Watros of Grayling; sisters: Sherry, Elain, and Donna; and brother, Bill Watros.

He was preceded in death by his parents, sister, Ellen; brothers, Terry and Clint; and four

The funeral service was held

on October 20. Interment was at Great Lakes

National Cemetery, Holly.

Baker College Baker College announced that Gary Rapelje of Grayling, earned a

PREDICTION DE LA COMPANIE DE LA COMP

He was born in Detroit, on August 9, 1927, to Harold James and Gertrude (Mathias)

October 16, 2007.

Aug. 9, 1927 - Oct. 16, 2007

of Grayling, passed away on

Howard Thomas Hatfield, 80,

Hatfield. He served in the U.S. Marines

as a Cpl. in WW II. He was an avid deer hunter and a trout fisherman. He had a

passion for carpentry. He worked as Customer Service Manager at Bear Archery for several years and

managed the fish hatchery. He married the former Mae Louise Wilcox, on November 8,

1947, in Grayling. He is survived by his wife; sons, Thomas (Margaret) Hatfield of Hudsonville, William (Karen) Hatfield of Gainesville, Fla.; four grandchildren; five great-grandchildren; brothers: Harold Hatfield, Micky Hatfield, Warren Hatfield and Carl Hatfield.

He was preceded in death by his parents; brothers: Hazen, James and Roger Hatfield; and an infant sister.

Military honors will be accorded at noon on Saturday, October 27, at Elmwood Cemetery.

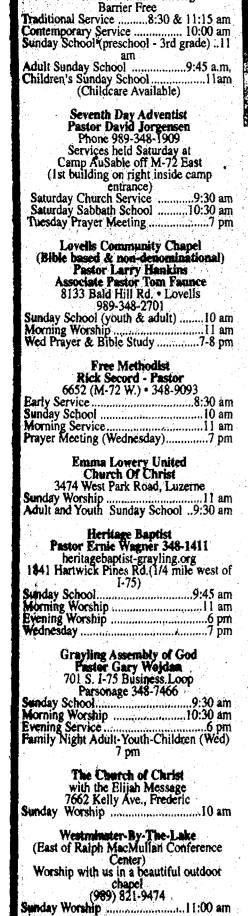
Memorials may be sent to Mercy Hospice, Grayling.

Condolences may be sent to www.sorensonlockwood.com. Arrangements made Sorenson-Lockwood !"Funeral Home.

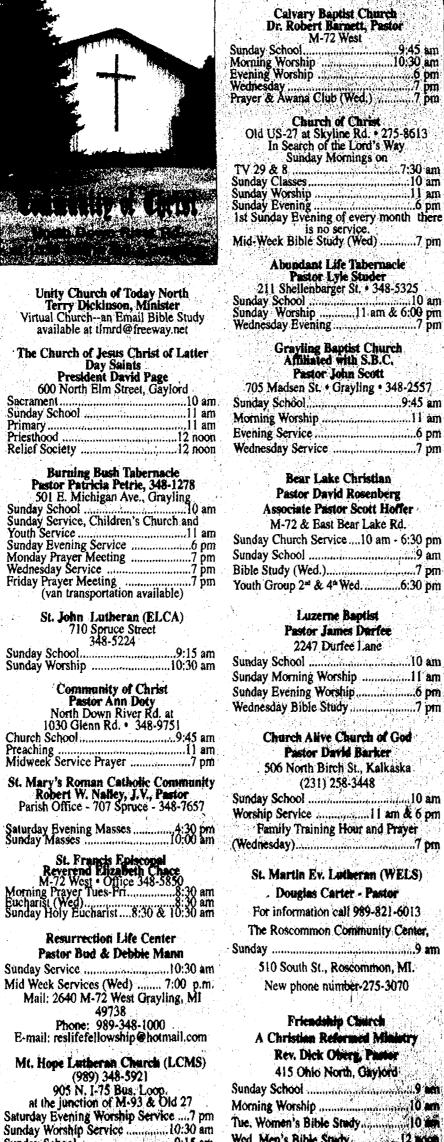
Card of Thanks

During Dale's struggle with diabetes over the past numerous months, there are so many people we need to say thanks to. First of all the MMR team for their quick response, ER doctors and nurses, Dr. Ramaswamy, Dr. Khanna, Dr. Korneli, Dr. Hanselman, Dr. Jackson, Mercy Hospital social workers, Hilltop Manor, Grayling Nursing Center, Jan and Vivian, Elwin and his neighbor, Wilford. Also, all the people who sent cards, money and the beautiful plants. Finally, Terrie Lockwood of Sorenson-Lockwood Funeral Home who provided comforting assistance. Again, we say thank you.

Arlene M. Czuba and family, Scott A. Czuba and family, Tiffany L. VanHorn and family, and Andy D. Czuba



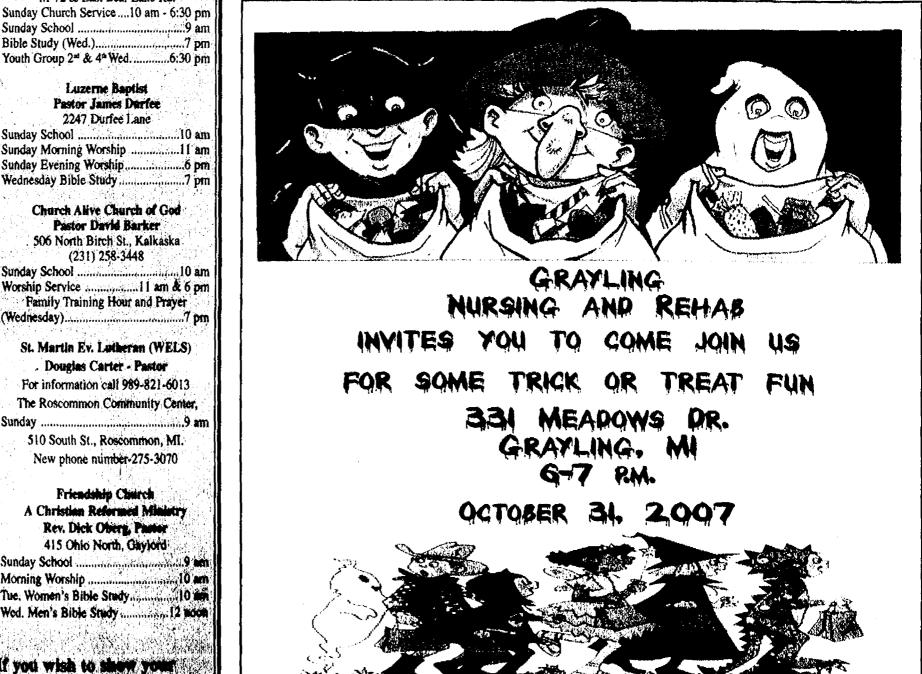
Pirst Baptist Church of Frederic Paster Dale Hammond Sunday School 9:45 Morning Worship 11 s Evening Worship 6

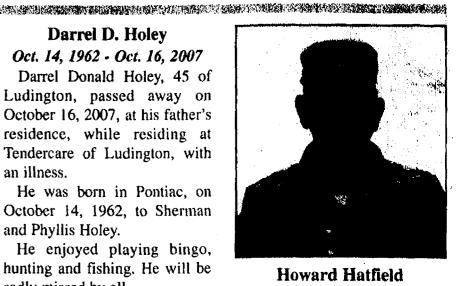


Tue, Women's Bible Study.....

Sunday School......9:15 am

This Church Directory is used by residents and visitors. If you wish to show your ort for area churches, call the Avalanche at 348-6811, to be included on this page.





MILITARY NEWS

Sergeant First Class Scott R. Carr, of Waters, was recognized for his outstanding leadership in a ceremony at Camp Grayling. This year's recipient, Carr of Waters, was selected by his peers for his untiring devotion to duty and excellence. The bronze eagle Senior NCO Leadership Award was presented by Camp Grayling's Post Command Sergeant Major Terry P. Richardson. He is the full time readiness non-commissioned officer in charge of the headquarters company, Joint Maneuver Training Center, Camp Grayling. Carr was selected by his peers to receive the Senior Non-

Commissioned Officer Leadership Award, which is a bronze eagle inscribed: SFC Scott R. Carr, Camp Grayling Joint Maneuver Training Center, Senior NCO Leadership Award 2007. In a letter from Colonel Dean W. Brown, Post Commander of Camp Grayling, Carr it was noted: "You are commended for your recognized leadership skills based on duty, performance, mentorship and personal attributes. Your leadership performance is of the highest quality and an exemplary



SFC Scott Carr

example for all to emulate. Your superb display of leadership, personal integrity and commitment to our enlisted soldiers is outstanding." Today's citizen-soldiers have proven their relevance in the global war on terrorism, and maintained their dedication to support both our nation and the great state of Michigan, in times of disaster or emergency.

Carr is a combat veteran of Desert Shield/Desert Storm and Operation Iraqi Freedom. He is a graduate of Gaylord High School and holds an Associate Degree in Law Enforcement from Kirtland Community College. He resides in Waters with his wife Alma and son

IBRARY NEWS

Devereaux Memorial Library

The Crawford County Library Genealogy) group will be partnering with the Crawford County Friends of the Library on Monday, Nov. 5, from 6 p.m. to 9 p.m. at the Devereaux Memorial Library to put up "The Mitten Tree". The Mitten Tree was Library as a way to help those within the community during the holidays to keep warm. Citizens are encouraged to bring new mittens, hats, gloves, scarves etc. to be added to the tree. All items are donated to The Christian Help Center and are given to local? families who are in need. Please feel free to join all of us in beginning the holidays by helping to put up the tree, add mittens and to decorate. Light refreshments

will be served. The Crawford County Library Literary Book Club will hold its monthly meeting on Tuesday, October 30, at 5 p.m. to discuss Nineteen Minutes written by Jodi Picoult. The book club

be making camouflage duct tape wallets. Each of these events will supply a snack fit for any youth in the woods and an opportunity to be entered into a mys-

Card of Thanks

On behalf of the dogs and cats at the shelter, we would like to thank the following for their help in making our third quarter of 2007 wonderfully successful. To everyone who donated their time, energy, talents, food, beverages and ice, as well as silent auction and special drawing prizes for our Grand Opening Celebration. To Flowers by Josie and Judy Frederick for the wonderful new plants to adorn our reception area, and all the help of so many people to get the new shelter ready for presentation to the public. To Xpress Copy Center for so many things, including our classy new logo and for enduring our endless last minute requests. To Linda Golnick and the Crawford County Avalanche for the beautiful advertisement and coverage of

the event. Thank you. To the more than 300 hundred people who attended our Grand Opening Celebration on July 21, 2007, bid on auction items and bought drawing tickets. It was so heartwarming to see the enthusiastic looks on your faces and hear your positive comments about the new shelter. Thank you!

To the anonymous donor of a \$150 gift certificate from Milltown Feed and Lawn, thank



at the Devereaux Memorial Library on the last HUGS (History United with Tuesday of each month. We encourage anyone who is inter-

ested to join. In November the

group will be reading Loving

In November, the Devereaux Memorial Library will host the Camouflage Club. The first established by the Friends of the event will feature a visit from Deputy Jason Alexander on Tuesday, Nov. 6, at 3:30 p.m. To kick off this event, there will be camouflage face painting, dog tags and a secret hand shake. The next event will be held on Tuesday, Nov. 13, at 3:30 p.m., for all the Lego maniacs."The final Camouflage Club activity will be on Tuesday, Nov. 20, at 3:30 p.m. The participants will tery bag drawing. Sign up is limited to 35 participants for each program. For more information, call Jane at 989-348-9214 ext. 1.

> you so much, whoever you are. And many thanks go to Bill McQueen, owner of Milltown Feed, for his donation of 100 lbs. of grass seed for our future landscaping needs.

> To all of you who have opened your hearts and homes to one of our lovable dogs or cats, we are so grateful ... and so are they.

> To all of you who have volunteered to walk dogs, offering a kind hand and encouraging words to them, and to clean cat boxes and pet kitties, thank you. Finally, to all of you who donated returnable beverage cans and bottles, sent us your Spartan UPCs, and put change in our dog houses, thank you. While these gifts may seem small in stature, together they make a huge difference for the animals.

> > AuSable Valley Animal Shelter

RANGE FIRING

period of Oct. 25 - 31 is as follows: The Range 40 Complex, Air to Ground, located north of County Rd. 612, east of Guthrie Lake, south of Old State Rd. 618, and west of County Rd. F97 (Twin Bridge Rd.) will be conducting live and inert bombing operations by the Air National Guard during Oct. 25 and Oct. 29 - 31.

The Range 40 Complex, located north of County Rd. 612, east of Guthrie Lake, south of Old State Rd. 618, and west of County Rd. F97 (Twin Bridge Rd.) will be conducting MK19 40MM grenade live fire. Oct. 28 - 29 and Oct. 31.

Small Arms Ranges located west of Lake Margrethe, north of Howe Rd., east of the gas pipeline and south of Portage Creek. Oct. 25 - 31.

ARF Range, located west of Lake Margrethe, north of Howe Rd., east of the gas pipeline and south of Portage Creek. Oct. 25 - 28 and Oct. 31.

Range 15, located south of the main post, bounded on the west by Cadillac Rd., and on the east by Carrier Rd. Oct. 25 and Oct. 27.

Range 17, Hand Grenade Range, located south of the main post, north of Carrier Rd., east of Range 13 and west of

Range firing scheduled for the Beaver Creek (Military Rd.) Oct. 31.

> The Range 30 Complex, located north of North Down River Rd., east of Jones Lake Rd., and south of County Rd. 612, and west of Bald Hill Truck Trail. Oct. 28 - 31.

> In addition, the following roads will be closed on Oct. 28 - 31, Bucks East - West Truck Trail from Jones Lake Road to Bald Hill Truck Trail, Ketchum Truck Trail from Bucks East-West to N. Down River Rd., Stephan Bridge Rd. from County Rd. 612 to N. Down River Rd., and Wakeley Bridge Rd. from County Rd. 612 to N. Down River Rd.

> Heavy weapons range firing is scheduled from sunrise until three hours after sunset. Due to mobilizations or critical training requirements, the **Post** Commander may authorize mission-firing requirements beyond this time. This firing schedule is subject to change without notice to the public.

> Contact the Grayling of Department Natural Resources for the areas closed for hunting within the boundaries of the installation. Grayling DNR telephone number: 989-348-6371. For further information call 1-989-344-6320.

Crawford County Sheriff Kirk Wakefield reports his office handled the following 83 complaints the week of Oct. 15 - Oct. 21:

Ten suspicious situations, 16 general non-criminal complaints, three false alarm activations, one criminal sexual conduct/sexual assault, assault/intimidation/stalking, two burglaries/home invasions, one burglary/forced entry/residence, eight larcenies, one fraudulent activity, two damage to properties, one family offense/abuse/neglect, eight public peace/disorderlies, three health and safeties, two miscellaneous criminal offenses, nine

traffic accidents, one parking violation, one traffic safety public appearance, three hazardous conditions,

inspections/investigations-motor vehicle, four inspections/investigations-family and five driving violations/driving while license suspended.

Sheriff Wakefield asks: "Do you know where your children are? Please remember, our children are our future."

For more information, log on to: www.crawfordsheriff.org.



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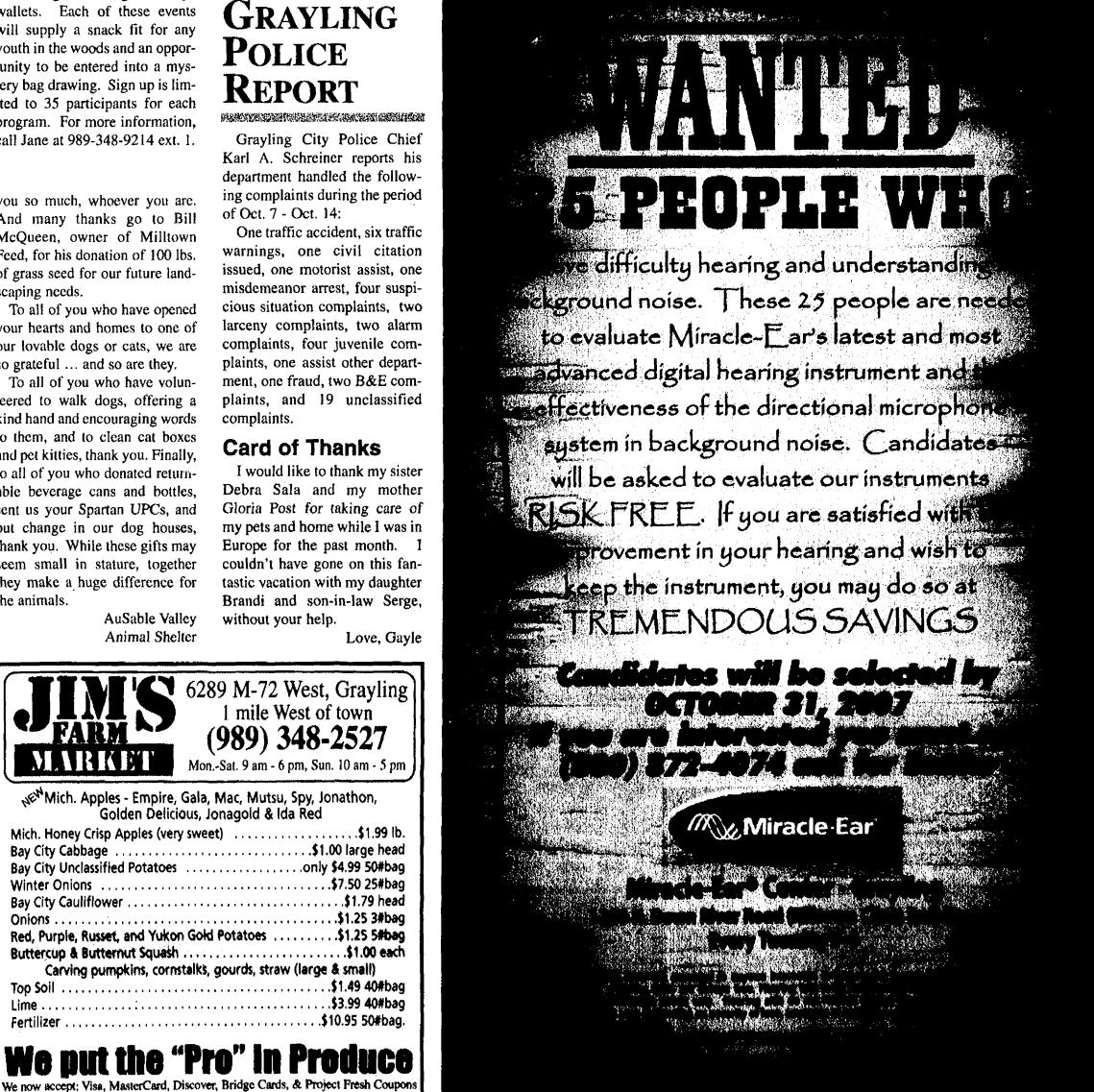
Grayling City Police Chief Karl A. Schreiner reports his department handled the following complaints during the period of Oct. 7 - Oct. 14:

One traffic accident, six traffic warnings, one civil citation issued, one motorist assist, one misdemeanor arrest, four suspicious situation complaints, two larceny complaints, two alarm complaints, four juvenile complaints, one assist other department, one fraud, two B&E complaints, and 19 unclassified complaints.

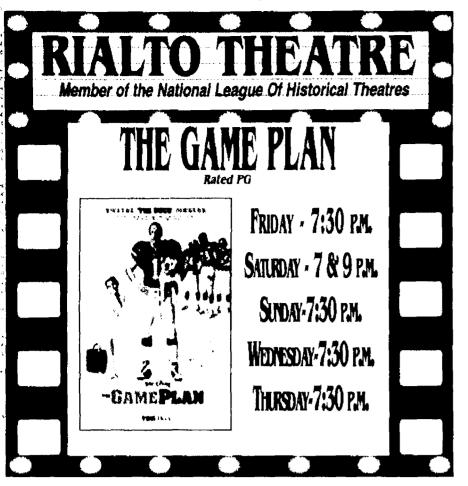
Card of Thanks

I would like to thank my sister Debra Sala and my mother Gloria Post for taking care of my pets and home while I was in Europe for the past month. I couldn't have gone on this fantastic vacation with my daughter Brandi and son-in-law Serge, without your help.

Love, Gayle







Safety tips offered for trick-or-treating

Continued from Page 1A

•Make sure all children and parents know the route that will

be used. Draw a map, if needed. •Have children travel in groups of two or more; never let anyone tick-or-treat alone. Plan your groups now to avoid confusion on Halloween.

•Instruct children to approach only houses or apartments that are well lit and tell them to never go inside for candy.

•As a final precaution, a small child should carry a piece of paper with name, address and phone number in case they get

Halloween can be a scary time and, unfortunately, accidents do happen. The key to promoting an incident-free holiday is preparation. Take time now to make sure you and your family have appropriate costumes, a familiar group and a set route. Halloween can be a lot of fun, as long as you take extra efforts to make it safe.

The Michigan Sate Medical Society is the professional association of 15,000 medical doctors in Michigan. The mission of the Michigan State Medical Society is to promote a health care environment that supports physicians in caring for and enhancing the health of Michigan citizens through science, quality and ethics in the practice of medicine.

Corrections officer grad



Joe Avalos, a corrections officer for the Crawford County Sheriff's Office, graduated from Kirtland Community College's Corrections Academy on Thursday, Oct. 18. Avalos has worked for the sheriff's office since June 1, 2006, completing on the job training. He was required to attend the academy by the Michigan Department of Corrections to become a certified corrections officer. Above, Crawford County Undersheriff Shawn Kraycs and Sheriff Kirk Wakefield joined Avalos, middle, at the graduation ceremony.

Local soldier scores big in D.C. race

Grayling area resident SGT Sharon Whitcher recently traveled to Washington D.C., with six other Michigan National Guard soldiers, to compete in the 23rd Annual Army Ten Miler, the largest ten mile race in the coun-

According to team organizer Captain Bob Lombard of Riverdale, "SGT Whitcher's excellent run time of 01:33:11 was an outstanding accomplishment which allowed the Camp Grayling team to place well."

Over 17,000 runners finished the race in hot temperatures and high humidity. This Whitcher's second year in a row as a member of Camp Grayling's 10 Miler team.

Whitcher is a full-time mechanic for the Army National Guard and is married to SFC Todd Whitcher who along with their children, Ty and Ashley, cheered Whitcher to a strong fin-

Camp Grayling's 10 Miler team participated in the 23rd Annual Army Ten Miler in Washington, D.C. Pictured L to R back: CPT Bob Lombard, SGT Kevin Hopkins, CW4 Rich Burcham, SGT Ron Hart, front: SGT Sharon Whitcher, SFC Misty Woltuis and CW2 Jessica Ulrev.

Welfare, Recreation Fund sponish. The Camp Grayling Morale, sored the team's trip.

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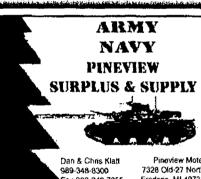
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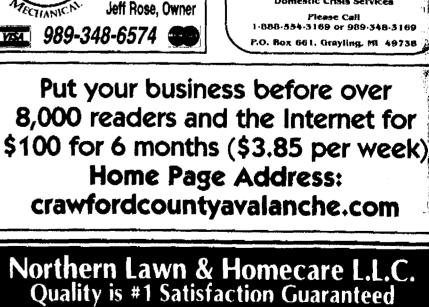
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McClain and Son Construction selected as August's spotlighted member



The Grayling Regional Chamber of Commerce Ambassador Club selected McClain and Son Construction as August's Spotlight-a-Member. Pictured L to R, Gwen McClain, office manager; Cameron and Scott McClain, owners; and their mascot Garrett.

Grayling Regional of Commerce Chamber Ambassador's Club selected McClain and Son Construction as the Spotlight-A-Member award for the month of August.

McClain Construction is owned by Scott McClain who has been a builder since 1979.

Their staff of seven is professional and together have years of

experience in the construction business. They are fully licensed and insured contractors.

The main focus of their business is residential housing, specializing in custom built homes.

Their office is located at 6264 M-72 West, across from the Westside Diner. Call 989-348-4857 or visit their website at www.mcclainandsonconstruction.com for more information.

Derek Etzler, a 2007 graduate of Grayling High School, completed basic training at Lackland AFB, Texas, on Oct. 12, 2007.

Airman Etzler is now attending tech school specializing in fire protection at Goodfellow AFB, Texas.

His current address is AB Etzler, Derek L., 161 Nuchols St., Unit 6647, Goodfellow AFB, Texas 76908-3302.

Card of Thanks

We would like to thank Dr. Kerle for being an amazing dentist and a wonderful friend. You will be sadly missed by the



Derek Etzler

McClain family.

Todd Nye

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Until we meet again, Jerry and Wilda, Gayle and Brandi

GMS principal recognized



Jeff Branch, the Grayling Middle School principal, was honored at the Grayling High School Alumni Association's annual banquet recently held at the Ramada Inn. Celebrating reunions at the banquet were the classes of 1942, 1947, 1957, 1962 and 1967. Above, Jim Burtch, president of the Grayling High School Alumni Association, presents a plaque to Branch to recognize his achievements at the Grayling Middle School.

AP Scholar Awards

Three graduates of Grayling High School (GHS) Class of 2007 have carned the designation of AP Scholar by the College Board in recognition of their exceptional achievement on the college-level AP exams.

The College Board's Advanced Placement Program offers students the opportunity to take challenging 'college-level courses while still in high school, and to receive college credit, advanced placement, or both for successful performance on the end-of-course AP Exams. Only 18 percent of the more than 1,400,000 high school students in 16,000 secondary schools worldwide, who took the AP Exams, performed at a sufficiently high level to merit the recognition of AP Scholar.

The College Board recognizes several levels of achievement based on the number of courses and exams. At GHS, two students, Ashley Jurkovich and Robert Ramaswamy, qualified for the AP Scholar with Distinction Award by earning an average grade of at least 3.5 on all AP exams taken, and grades of 3 or higher on five or more of these exams.

Jurkovich is the daughter of Mark and Johanna Jurkovich.

She is attending Michigan State University, where she was granted sophomore status based on her AP exam scores.

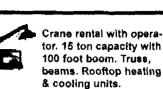
Ramaswamy is the son of Dr. K. and Carol Ramaswamy. He is attending Yale University where he is studying biology.

Glenn Hampton qualified for the AP Scholar Award, which is granted to students who receive grades of 3 or higher on three or more AP Exams. Hampton is the son of Gary and Theresa Hampton. He is currently serving in the army, at Fort Benning, Ga. He has completed his basic training and will be going to Fort Gordon as an information technology specialist.

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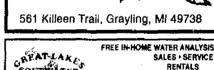
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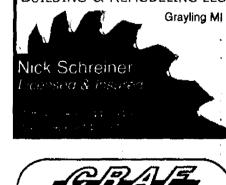
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USA Trailer Sales offers new storage rentals

by Dan Sanderson Staff Writer

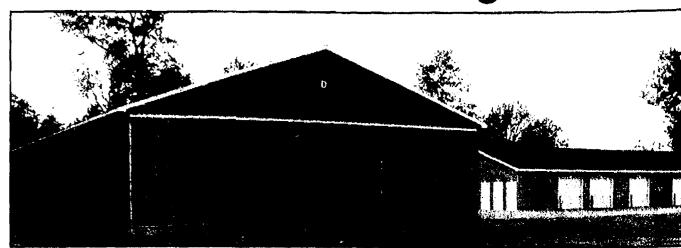
USA Trailer Sales has established two new buildings to accommodate customers' storage

The first 40 foot by 195 foot building includes 42 units for indoor storage. The second building is a 56 foot by 104 foot facility, which can be rented by the foot for the outdoor storage of equipment such as boats and recreational vehicles, said Kevin Willis, the manager for USA

USA Trailer Sales is owned by Langiness Holding, a company founded by Rose and Pierre Langiness of Monroe.

Trailer Sales.

The owners decided to create the storage facilities on their property, located at 6659 M-93, to fill the demand for storage for Lake Margrethe property owners and troops training at Camp



USA Trailer Sales, located at 6659 M-93, started renting its indoor and outdoor storage spaces earlier this month.

"There are a lot of seasonal people that have a need for storage," Willis said. "It's a nice facility and it's in a good loca-

Willis said the business opted to diversify its operations at the M-93 location after recently purchasing All American Storage Units in Frederic.

"It's an investment for the

business is what it's going to be," Willis said.

USA Trailer Sales, which has been in the community about 10 years, features the sale of Haulmark, American Manufacturing, Quality and

The business also has an active service department, serving the needs of local residents and I-75

"We have one of the busiest service departments in the company," Willis said.

USA Trailer Sales has six other locations, including another northern Michigan store in Traverse City.

Langiness Holding also operated Goldstar Outdoors stores in Edmore and Ionia.

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Patriot award presented to local business

Rance trailers.

Camp Grayling recently held their Annual Retirement and Recognition Dinner at the Camp Grayling Officer's Club, honoring a local business that has supported the soldier's training at Camp Grayling.

This year the Patriot Award was renamed in honor of Colonel Dennis D. Hull, the founder of this award. This year the Camp Grayling Colonel Dennis D. Hull American Patriot Award was presented by Mrs. Hull and Austin Hull to recipients Keith Miles and Sandy Coe of Fay's Motel in Grayling.

Many local businesses have done an outstanding job of sup- Camp Grayling.



L to R: Austin Hull and Sandy Hull present Keith Miles and Sandy Coe with the Colonel Dennis D. Hull American Patriot Award.

porting the soldiers, sailors, Marines, airmen, and law enforcement agencies training at al impact on those training at A committee

solicits input to determine which business has made an exception-

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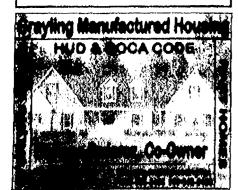


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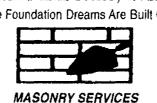
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Seamlessly drive into winter

(NewsUSA) - The winter months are quickly approaching, which means it's time to gear up for the weather ahead. Don't forget your car on your winter to-do list. Having your vehicle serviced for cold weather driving is important not only for peace of mind, but also for personal safe-

The non-profit National Institute for Automotive Service Excellence (ASE), the group that tests and certifies automotive technicians, offers tips on preparing your car for the winter months.

 Read the owner's manual. These manuals offer recommended service schedules that are specific to your car.

• Correct any engine problems you've noticed. Hard starts, rough idling, stalling and dimin-Ished power can go from being a problem to a disaster in cold weather.

• Check your engine coolant. The level, condition and concentration of the coolant should be checked and replaced if old. Replace coolant with a 50/50 mix of coolant and water.

• Check your belts. Take your car to a professional technician to check the tightness and condition of drive belts, clamps and hoses:

• Change your oil and oil filter als, visit www.ase.com.

as specified in your manual.

• Be sure your heater and defroster are in good working order both for your comfort and visibility.

• Check your battery. The only accurate way to detect a weak battery is with professional equipment, however, any weekender can scrape corrosion from posts and cable connections, clean surfaces and re-tighten connections. Be sure to wear eye protection and rubber gloves for safety.

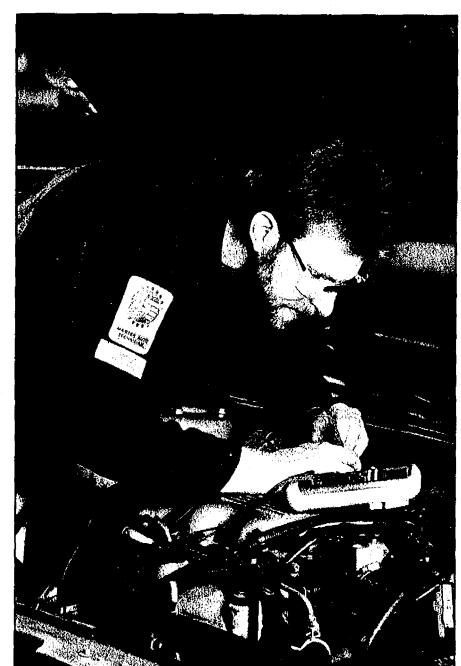
• Check for exhaust leaks. Inspect the trunk and floorboards of your vehicle for small holes, which could emit deadly exhaust

• Check your tread. Worn tires are of little use amid the winter elements. Replace them with allseason radials or snow tires, depending on your climate.

• Replace worn windshield wipers and keep plenty of washer fluid on hand.

• Put a bottle of fuel de-icer in your tank once a month to help keep moisture from freezing in the fuel line.

For more car care tips from ASE, founded in 1972 to improve the quality of automotive service and repair through the voluntary testing and certification of automotive profession-



Auto technicians certified by ASE wear a blue and white insignia, and their employers typically display the blue and white ASE sign. Visit www.ase.com for more information.

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Fall car care helps forego frosty frustration

(ARA) – The cooler days of fall are an excellent time to prepare your car for the potential ravages of winter. According to the experts at the nonprofit National Institute Automotive Service Excellence (ASE), "Cold weather will only make existing problems worse."

A few minutes in the garage this fall could help prevent a much more time-consuming and unpleasant experience this winter. First, read your owner's manual and follow the manufacturer's recommended service schedules. No one knows your car better than the company that manufactured it.

easy and simple to check before fall turns to winter:

Motor oil – The easiest way to protect and improve the performance of your car is to upgrade to a high-performance synthetic motor oil and change it regularly.

lower coefficient of friction than mineral-based motor oils. This will help ensure easier start-ups

on cold weather days. Some motor oils are actually formulated with molecules that chemically bond with engine components for continuous engine protection.

Tires - Worn tires can be extremely dangerous on rain, snow and ice. Examine tires for remaining tread life and uneven wearing. Be sure to check the sidewalls for cuts and nicks as well. All-season radials or winter tires are a wise investment for those who must drive in Here are a few items that are inclement weather regularly. Check tire pressure once a month and rotate tires as recommended by the manufacturer. Don't forget to check your spare and be sure the jack functions properly.

> Cooling System – It may be time for a flush and refill if it's

low temperature fluidity and a been more than a couple of years since the coolant has been changed. The level, condition and concentration of the coolant should be checked periodically. A 50/50 mix of antifreeze and water is usually recommended. Additionally, the condition of hoses should be checked for cracks and leaks.

> Windshield Wipers - Check the condition of your wiper blades and replace them if needed. If your climate is harsh, purchase rubber-clad, winter blades to fight ice build-up. Stock up on winter-formula windshield washer solvent. You'll be surprised by how much you use. If you don't have an ice-scraper, buy one before you need it.

> Battery - A dead battery can make a cold winter morning a miserable one. If your battery is beyond its recommended service life, replace it. Top any low battery cells with distilled water.

minals to ensure electricity gets from the battery to the starter on chilly fall mornings. If corrosion is present, clean it with a mixture of baking soda and water, and put on a set of battery washers to keep corrosion from coming back. Make sure the battery terminals and hold downs are tight. It's also good to clean and lubri-

cate hinges and the hood latch. Fuel – It's important to keep gas lines from freezing in cold weather. No vehicle can run if it can't get fuel. A full gas tank will help prevent moisture and ice from forming. Particularly cold weather may warrant using a fuel deicer to prevent fuel lines from freezing. A block heater is another option that is fairly inexpensive and easy to use.

Properly preparing your car for winter is simple and doesn't require a lot of time or technical expertise. The payback in reduced risk of a preventable breakdown and improved performance is well worth the minimal effort.

(Courtesy of ARA Content)



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A few minutes in the garage this fall could help prevent a much more time-consuming and unpleasant experience this winter.

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Tips for getting around safely in the winter

(ARA) – Looked at a calendar lately? Time sure is flying! It seems like just yesterday you were enjoying those long, sunny days out by the lake. Now you're counting down the days Thanksgiving Christmas, but the holidays aren't all you should be thinking about. The most wonderful time of the year is also the most dan-

gerous time of year to be on the

roads.

According to the AAA, loss of visibility, slick roads and poorly maintained brakes lead to thousands of accidents every year, and the highest number of weather-related injuries and fatalities occur during the wet and snowy months of winter. But there are precautions you can take to help prevent accidents, and to be prepared, just in case.

Now – before the flakes start flying – is the time to winterize your vehicle! Start by making sure it is well maintained and in good working order. Here's a checklist of things to inspect:

- · Check all fluids and replenish if necessary.
- Have your vehicle's battery checked to make sure it is strong enough to make it through the winter.
- Check tire tread depth and tire pressure; consider special tires if snow or ice are a problem in your area.
- Check to see that all lights

ly aimed.

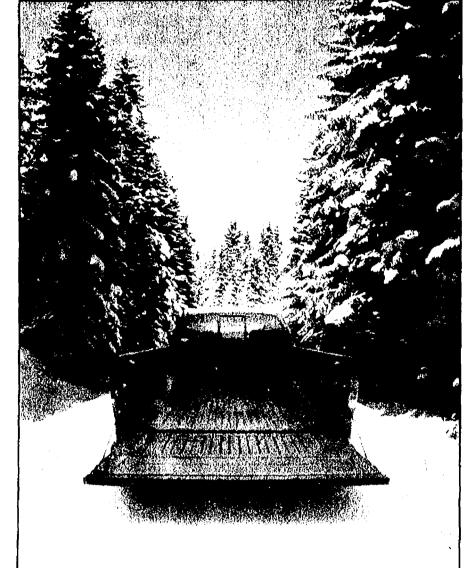
- Be certain the heater and defroster are working properly.
- Change your windshield wiper blades if your current ones are worn or UV damaged to ensure good visibility during the season's rain or snow storms.

It's always good to be a defensive driver, but it's especially important in inclement weather. Good winter driving depends on using common sense and adjusting your driving to weather conditions.

- Keep your gas tank full to minimize condensation, and provide an extra margin of com-
- fort and safety in case of delays. • Don't use your cruise control or overdrive when it's freezing (or colder).
- Trucks take longer to stop, so don't cut in front of them.
- Don't get overconfident with four-wheel drive. It helps you get going quicker but won't help you stop any faster.
- Add weight to the rear of your car or truck for better traction. If you drive a car, add weight to the trunk by using sandbags. If you drive one of the more than 38 million registered trucks on the roads, you should add weight to the truck bed.

Finally, keep emergency supplies in your vehicle. Here's a list of some items that will come in handy if you're stranded:

• Basic safety equipment such



Add weight to the rear of your car or truck for better traction during the winter months.

cables, tow chain, and bag of sand or cat litter for tire traction.

• A breakdown kit that includes road flares, blanket, gloves, boots, warm clothing, flashlight, extra batteries, food, water, and first-aid kit.

• A CB radio or cellular phone

brush, small shovel, jumper can be a lifesaver for you or another stranded motorist in the event of an emergency or colli-

> These tips and a little common sense will keep you and your family safe on the road this winter.

(Courtesy of ARA Content)

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work and headlights are proper- as emergency cash, scraper and **Autumn leaves present driving hazards**

(NewsUSA) – Autumn's leaves are beautiful to see, but when wet or in piles, they present driving hazards unique to the season. The Car Care Council reminds drivers to prepare for fall driving conditions by having their vehicles' tires, brakes and wipers checked before heading out.

Most motorists know that puddles or standing water can cause loss of control, and they adjust their driving accordingly. But fewer drivers, especially inexperienced ones or drivers new to an area with heavy foliage, are aware of the dangers of wet leaves.

A single layer of wet leaves can make braking, steering and stopping difficult. This effect is particularly dangerous at intersections and is intensified at downhill stop signs. Acceleration can be affected, too. Fishtailing can result on

leaf-strewn interstate entrance ramps and other areas where hard accelerations may be necessary.

Even when dry, leaves can present a challenge. Piles of leaves can obscure potholes, curbs and street markings and even present a fire hazard should leaves contact a hot muffler or tailpipe.

The Council reminds motorists that tires can affect the car's ride, handling, traction and safety, and that they are a critical connection between the car and the road in all types of driving conditions. To maximize tire life and safety, check the inflation pressure and the tread depth, and inspect the sidewalls for cracks or punctures. As a general rule, tires should be rotated and balanced every 6,000

The brake system is the car's most important safety system.

Brakes are a normal wear item for any car, and brake linings, drums and rotors, as well as brake fluid, should be checked at each oil

To help ensure the performance and safety of wipers, blades should be replaced every six months or when cracked, cut, torn, streaking or chattering. Only windshield washer fluid should be used, and it should be checked monthly.

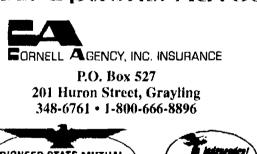
The Car Care Council is the source of information for the "Be Car Care Aware" consumer-education campaign, promoting the benefits of regular vehicle care, maintenance and repair, to consumers. For more information or to receive a copy of the council's new Car Care Guide for motorists, visit www.carcare.org.

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Motor oil: Your vehicle's lifeblood

(NewsUSA) - Motor oil is your vehicle engine's lifeblood. It keeps critical parts of the engine lubricated, works along with the radiator to cool the engine, and cleans abrasive debris from highly polished engine components.

The Car Care Council reminds motorists that changing the oil regularly is the single most important thing to do to ensure the engine's long life. Dirty motor oil is like iron-poor blood and high cholesterol rolled into one.

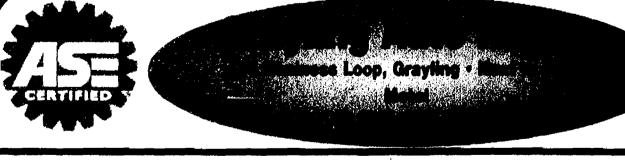
Over time, oil becomes contaminated by sources including dust, metallic shavings, condensation and even antifreeze. The additives in the oil that protect the engine break down, lose their effectiveness and can act as contaminants or corrosives. When contaminants are present, they can stick to parts of the engine and act as abrasives, causing it to perform less efficiently. The oil lubricates poorly and is less effective at cushioning the moving parts of the engine, which can increase friction. Ultimately, an engine that is not properly lubricated will wear prematurely and could seize up due to the friction and heat.

Regular oil changes, as noted in the owner's manual, improve efficiency, fuel economy and depend-

ability, and protect the engine. Automotive technicians agree. In a study of ASE-certified technicians, 84 percent of technicians surveyed said that not getting a regular oil change could cause the most problems for a vehicle, compared to other maintenance issues. The Council reminds those who change their own oil to dispose of it properly.

The council recommends that drivers follow the owner's manual for viscosity and grade of motor oil. Viscosity, which refers to the thickness or thinness of the oil, changes with temperature. Oil thins when heated and thickens when cooled, so, having the proper viscosity grade for the climate and temperatures of your geographic location is very important. Oil that does not flow well in cold temperatures will leave parts of the engine with no protection, while oil that becomes too fluid at high temperatures will also leave parts of the engine unprotected.

The Car Care Council is the source of information for the "Be Car Care Aware" consumer education campaign promoting the benefits of regular vehicle care, maintenance and repair to consumers. For more information, visit www.careare.org.



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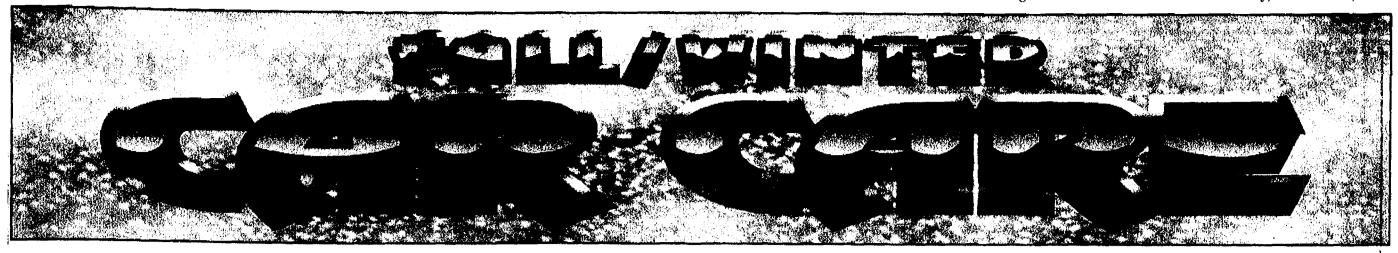
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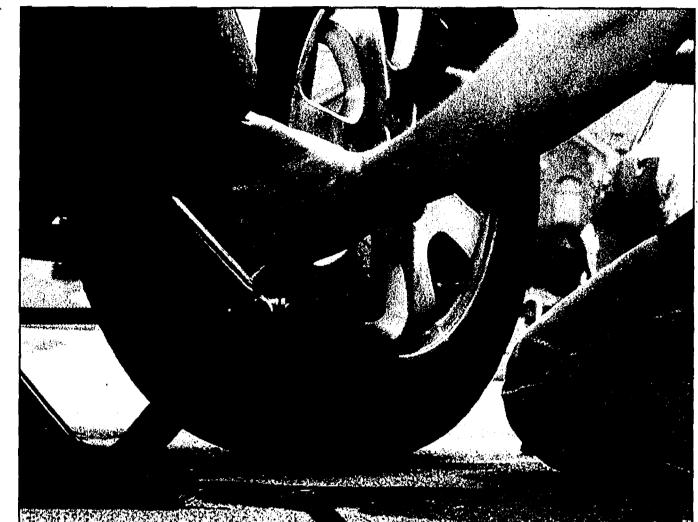
(NewsUSA) - The first signs of car trouble often arrive with the first signs of winter. Sluggish performance, rough idling, difficult starts or occasional pings are potential warnings for problems that will more than likely get worse as it gets colder. So, in an effort to keep you safe this winter, Firestone Complete Auto Care offers the following advice to help prevent your vehicle from leaving you out in the cold.

Get Inspected: When a new season approaches, use it as a reminder to take your vehicle to your automotive technician for an inspection. The following items should top your coldweather inspection: the battery, battery cables, battery terminals, air filter, windshield wipers, lights, turn signals and all fluid flevels. Also, be sure to have your technician carefully inspect your belts, hoses, heating and cooling system and exhaust system.

Be Prepared: Prepare for win-Iter weather by storing emergency supplies in your vehicle. Must-Thaves include: a spare tire, an ice scraper, a flashlight, warm clothing, candles and matches, a blanket, bottled water, snacks and a cell phone with a car charger.

A container of sand or kitty litster can also come in handy when trying to gain traction in snow or no a patch of ice. It is also important to keep your fuel tank filled.

Safely Rolling: Stopping on wet, winter roads can take up to four times the normal stopping distance. If your tread is worn, stires may hydroplane and skim over the surface of the road with Little or no traction.



Did you know that stopping on wet, winter roads can take up to four times the normal stopping distance? Are you prepared this winter?

administer the penny test. If you tion on the slick streets. can see the top of Lincoln's head after you insert the penny into the tire tread, your tire tread may be

Stay Inflated: In addition to checking the tire tread, it is also important to check your tire inflation at least once a month. As the temperature begins to drop, so can the pressure in your vehicle's tires. With every 10degree drop in temperature, your tires lose one pound per square inch in air pressure. By keeping your tires properly inflated, you

Brush up for winter driving

(NewsUSA) - No matter where you live, winter driving requires extra special attention. When the temperatures outside fall, keeping an eye on your car's mechanical condition, being prepared and driving cautiously are all critical to your personal safety and that of your passengers.

The following tips from AAA will help ensure your car is in prime operating condition. Before severe winter weather arrives:

 Inspect your vehicle thoroughly. Make sure tires are properly inflated, fluid levels are full, lights are all operating properly and engine belts and hoses are in good condition.

• A common cause of coldweather breakdowns is a weak or dead battery. Indications of a battery that may need replacement include a starter motor that cranks the engine slowly and headlights that dim when the engine speed drops to idle.

Before you head out on the road, remember the following:

· Check the weather conditions along your route before driving long distances.

• For safety, carry a cellular phone to call for help in an emer-

Pack a winter safety kit in

your vehicle that includes: a window scraper or brush, a flashlight with fresh batteries, a small snow shovel, traction mats, booster cables, a warm blanket, flares or reflective warning triangles, heavy gloves, window washer solvent and a first-aid kit.

Finally, once on your way, practice these safe driving tips:

 When driving in slippery conditions, slow down, keep a safe distance from other vehicles and allow extra time for all

• Use gentle pressure on both the accelerator and brake pedals to prevent wheel lockup and skids.

 Stop effectively on ice and snow by applying your brakes well in advance of the stopping

· Always fasten your seatbelt, and make certain your passengers are properly restrained as

• When driving in rain, fog or falling snow, reduce your speed, use low-beam headlights or fog lights and increase the distance between your vehicle and the one ahead of you.

For more about vehicle care, driving safety and other automotive topics, www.AAA.com.



Winter driving requires extra attention.

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winter driving or safety tips, visit www.FirestoneCompleteAutoCa

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Contact Andrea @ 348-7123 to reserve a seat

*Special event trips require: (1) a minimum of twenty-two passengers; and (2) that passengers less than 18 years of age be accompanied by a responsible adult. To reserve seats or request information concerning special event trips call Julee @ 348-

COMMUNITY EVENT SERVICES:

Service schedules may be modified to meet increased demand during special community events, such as the Milltown Festival,

To request information concerning expanded services call Richard @ 348-4101

GMS names students of the month



The students selected as Grayling Middle School Students of the Month for September are, from the left: (back row) Lara Barajas, Killee Dehart, Shanley Dorn, Hillary Fenton, Sarah Girard, Samantha Hansen, Chau Huynh, Darryn Labo; (middle row) Louis Menard, Andrew Merithew, Cara Miller, Danielle Nelson, Courtnee Nye, Jacquelynn Pratt; (front row) Jacob Robinson, Aproov Singh, Zane Tobin; (not pictured) Joshuwa Handrich, Nick Piehl, Chelsea Torok.

Retirees reflect 230 years of military service

Camp Grayling recently held their Annual Retirement and Recognition Dinner honoring eight Camp Grayling JMTC Army National Guard Soldiers. The event was held at the Camp Grayling Officer's Club. Those retiring, and their spouses, received numerous recognition awards both for the service of military member and also for the sacrifice of the spouse and family members supporting their military careers. Those retiring with years of service in parenthesis are: Lieutenant Colonel Thomas E. Perry (29) of Roscommon; Chief Warrant Officer Four Gary C. Derenzy (41) of Grayling; Master Sergeant Michael Kucharek (36) of Grayling; Master Sergeant Larry Holley (31) of Houghton Lake, Sergeant First Class Thomas M. Davinney (26) of Grayling; Sergeant First Class Shelley S. Brinker (20) of Grayling; Staff Sergeant Timothy J. Clabuesch (23) of



Present for photo L-R: Col. Dean W. Brown, SFC Thomas Davinney, LTC Thomas Perry, SGT Kevin Bauer, SFC Shelley Brinker, and CSM Terry Richardson.

Bauer (24) of Lansing. Colonel Dean W. Brown, Post Commander; Command

Thomas Golden, Master of Officiating at the event were: Ceremonies; and Warrant Officer Vicki Harding, Awards and Event Coordinator, Today's Sergeant Major Terry P. citizen-soldier have proven their emergency.

Dearborn; and Sergeant Kevin T. Richardson, Post CSM; Major relevance in the global war on terrorism, and maintained their dedication to support both our nation and the great state of Michigan in times of disaster or

KCT set to entertain with 'Escanaba in da Moonlight'

area residents with its rendition of Jeff Daniels' hilariously twisted comedy, "Escanaba in da Moonlight," in a pair of upcoming performances at the Kirtland Center for the Performing Arts and then at the Garland Resort near Lewiston.

In his theatrical comedy, Daniels, an acclaimed actor and writer, tells the tale of five Yoopers, residents of Michigan's Upper Peninsula, and their escapades at a ramshackle deer camp on the eve of the opening

day of the 1989 hunting season. The cast of the community theater production, led by KCPA director Don Wray, includes Jerre Werle as "Albert Soady," John Bawol as "Reuben Soady,"

Theatre is preparing to entertain Soady," Joshua Jurgess as "Jimmer Negamanee," James Dunaj as "Ranger Tom T. Treado" and Michelle Perrow as "Wolf Moon Dance."

> The first performance of Escanaba in da Moonlight was a Saturday, Oct. 13, dinner theater showing at 6:30 p.m. at the American Legion Hall in St.

Upcoming shows include one performance at 7 p.m. on Friday, Oct. 26, at the KCPA, located on the main campus of Kirtland Community College Roscommon. The cast and crew then will prepare for a second dinner show at Garland on Saturday, Nov. 10.

Tickets for the Oct. 26 performance at the KCPA are \$10

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The Kirtland Community William Campbell as "Remnar for adults, \$8 for seniors and \$5 for students.

For the Nov. 10 show at Garland, tickets are \$25 each and overnight packages are available. Reservations are required and may be made by calling 877-4-GARLAND. A cash bar will be open at 6 p.m., with dinner served at 6:30 p.m. and the performance

set to begin at 7 p.m. While the curtain has yet to come down on Escanaba in da Moonlight, the Kirtland Community Theatre is already looking forward to its next production - the Christmas musical, "The Wishing Tree."

Auditions for the show are slated for 6-8 p.m. on Monday and Tuesday, Oct. 22-23, at the KCPA.

According to organizers, eight people are needed to fill the cast, including four females of high school age, two males of high school age, one female in her 40s and one male in his 50s-60s. Auditions on Oct. 22-23 will consist of scene readings and singing a song from the script.

For ticket sales or more information on upcoming KCPA or community theater productions, contact the KCPA Ticket Office by calling 989-275-6777 or at www.kirtland.edu/ kepa/.

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Football team wins 28-7 with 28-o second half

Playoff game to feature a Grayling vs. Elk Rapids rematch

■ Running game yields 221 yards by Ryan Cooper and 91 yards by Tim VanNuck by Caleb Casev

Senior Staff Writer

The GHS Vikings trailed the Charlevoix Rayders 7-0 at halftime of last Friday's varsity football game at Grayling High School, but Grayling outscored Charlevoix 28-0 in the second half to improve the squad's season record to 7-2 with a 28-7 victory.

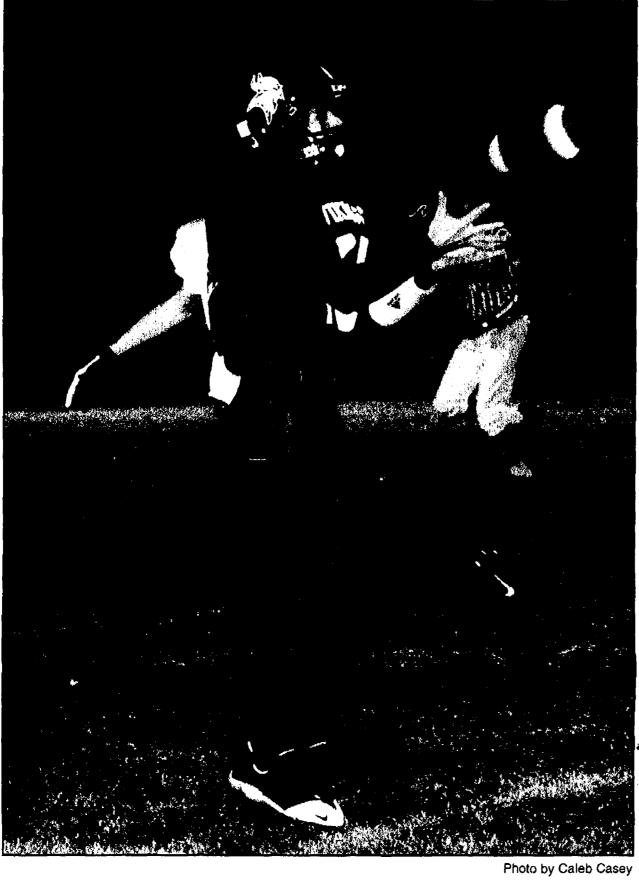
After a scoreless first quarter, the Rayders finished an 11-play, 65-yard drive with a five-yard touchdown run on 3rd and goal. With the extra point kick, Charlevoix led 7-0 with 3:32 left in the second quarter.

On the first play of the second half, Matt Haight recovered an on-side kick for the Vikings. Running back Ryan Cooper rushed for 27 yards on first down. Three runs by Cooper gained 12 yards and another first down. On 1st and 10 from the 11-yard line, Cooper ran the ball into the end zone for a touchdown. The two-point conversion attempt failed, and Charlevoix led 7-6.

Grayling tried another on-side kick and Charlevoix recovered. The Rayders punted on 4th and 8, and the ball went out of bounds at Grayling's 10-yard

Cooper ran for nine yards on the first play of the series. Fullback Tim VanNuck ran for 22 yards on 2nd and 1. VanNuck Continued on Page 3B

See "FOOTBALL TEAM..."



Receiver Isaac VanNuck catches a deep pass from quarterback Jimmy Osga during the second quarter of last Friday's game against Charlevoix.

Soccer team's season ends with loss in district finals

■ Grayling defeats Boyne City Ramblers, Charlevoix Rayders to earn spot in title game

The Grayling High School boys soccer team defeated the Boyne City Ramblers and the Charlevoix Rayders last week to advance to the District 48-3 championship game - a contest that Elk Rapids ended up winning by a final score of 8-0.

On Monday, Oct. 15, the Vikings won their round one district game against Boyne City 2I in double overtime at GHS.

Max Kluge gave Grayling a 1-0 lead with a penalty kick goal at the 23:26 mark in the first half. With 22:50 left in the second half, Boyne City scored a goal to tie the contest at 1-1. Regulation ended with the score tied at 1-1. Neither team was able to score in the first 15-minute overtime session. In the second overtime period, Kluge beat the Boyne City goalkeeper on a breakaway; to give Grayling a 2-1 victory.

Continued on Page 2B

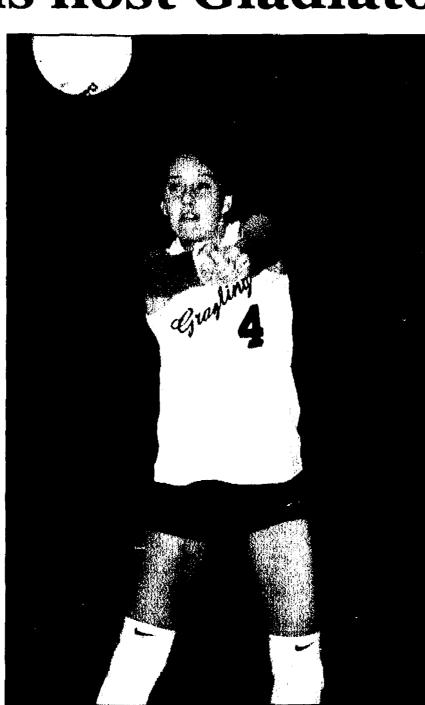
See "SOCCER TEAM'S..."

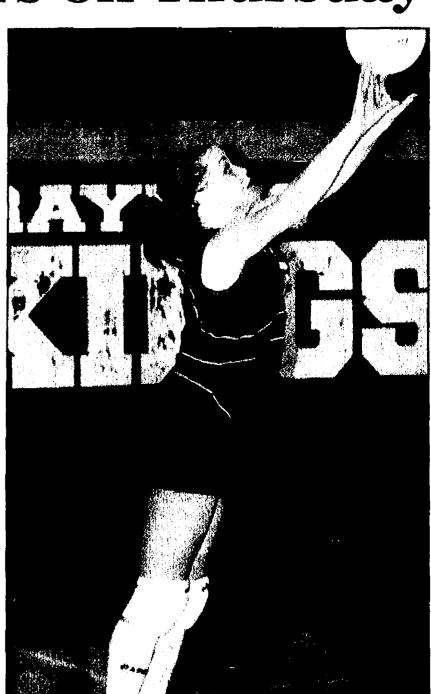


Brent Steffey goes up for a header during Saturday's district championship game at Elk Rapids.

Volleyball teams host Gladiators on Thursday







Photos by Caleb Casey

(Left) Jennifer Lester serves for Grayling High School's freshman volleyball team vs. the Traverse City St. Francis Gladiators on Thursday at GHS. (Center) Joni Bindschatel hits a ball for the JV squad during a series against TCSF on Thursday night. (Right) Sierra Williamson sets a ball for the varsity Vikings during their meet against the Gladiators. Grayling's freshman team won 2-1, but TCSF won the JV series 2-1 and the varsity match 3-2. For more on the three volleyball teams. see Page 4B.

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Colin Hamlin takes a throw-in for the Vikings during last week's district game vs. Boyne City.



Andy Curriston battles for a ball against the Boyne City Ramblers on Monday night.

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Continued from Page 1B

Grayling defeated Charlevoix Rayders 6-4 in a district semifinal game at Charlevoix on Wednesday, Oct.

Kluge had five goals for Grayling. Mike Olson scored a goal for the Vikings on a corner kick. Peter Alexander had two assists. Colin Hamlin and Matt

Hilbrecht each had one assist.

In the district championship game at Elk Rapids on Saturday, Oct. 20, the Elks defeated the Vikings 8-0.

"We had a good season and we really fought hard to win our district games. The players showed heart and worked hard all season and it paid off when we got to districts. Despite the tough loss

at the end of the season, it is important to recognize that this squad of young men accomplished what hasn't been done for 10 years. They made it to the district championship. We are in a highly skilled soccer conference/district and to have made it as far as we did says a lot about not only the desire of our young team but the athletic ability they

have developed for the game," Coach Craig Cobb said. "We appreciated all the parent and community support that we

received throughout the season." The Vikings finished their 2007 regular season with a record of 7-10. With a 2-1 record in districts, Grayling ended the year with an overall mark of 9-11.





Soccer team's season ends

with loss in district finals

(Left) Max Kluge runs down an airborne ball during last Monday's round one district game against Boyne City.

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(Right) Steven Sendek throws the ball in bounds for the Vikings vs. the Ramblers.

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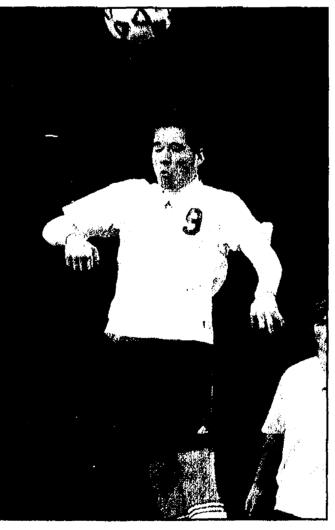
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Photos by Caleb Casey

(Left) Peter Alexander performs a header during last Monday's district game against Boyne City. (Right) Jon Lovely takes a throw-in for GHS on Monday.

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Football team wins 28-7 with 28-o second half

Continued from Page 1B

ran for 34 yards on the next play. Runs by Cooper and VanNuck picked up another 12 yards. Two runs by Cooper gained 13 yards. On 1st and goal, VanNuck scored on a two-yard touchdown run. Quarterback Jimmy Osga passed to VanNuck for the two-point conversion, and GHS led 14-7 with 6:53 left in the third period.

Grayling's defense forced a punt situation on 4th and 12, and Geo Bindschatel blocked the kick attempt for the Vikings. Cooper picked up the loose ball and ran all the way to the end zone for a touchdown. Jason Drudge kicked the extra point, and GHS led 21-7.

Charlevoix fumbled on 2nd and 10 and the Vikings recovered the ball. A pass from Osga to tight end Spencer Dean gained 25 yards. A personal foul penalty on Charlevoix added 15 yards to the play. The Vikings ran four plays and turned the ball over on downs at the 15-yard line of Charlevoix.

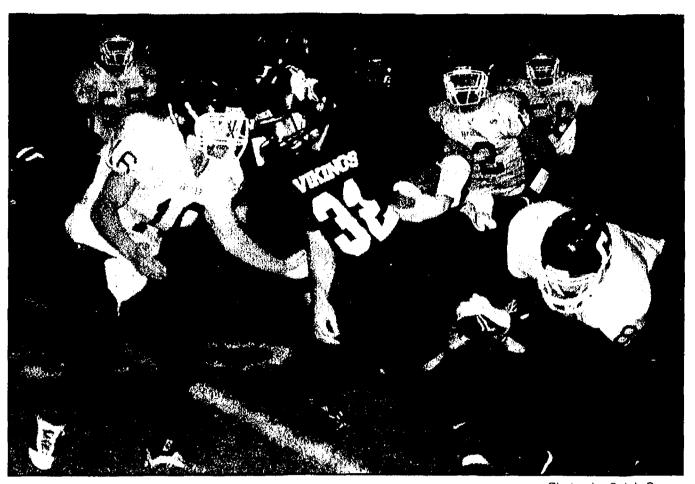
The Rayders drove 50 yards on nine plays. On the 11th play of the series, Eric Ferrigan intercepted a Charlevoix pass near the goal line to end the possession.

The Vikings fumbled on the fourth play of their resulting series and the Rayders recovered the ball. Charlevoix took over 18 yards from the goal line.

Two pass completions for Charlevoix brought up 1st and goal at the 8-yard line. Three plays later, on 4th and goal at the 11-yard line, defensive lineman Matt Letts sacked the Charlevoix quarterback to end the series on

The Vikings took over at their 20-yard line. Cooper ran for 10 yards on first down. Runs by Cooper and VanNuck gained 16 yards. On 3rd and 8, Osga threw a short pass to Cooper, who gained 48 yards on the play. Grayling ran four plays and surrendered the ball on downs.

Charlevoix drove 54 yards on five plays. The next four plays failed to net any yardage and the Rayders turned the ball over on downs.



Photos by Caleb Casey

Ryan Cooper carries the ball for Grayling during last Friday's 28-7 victory over the Charlevoix Rayders.

The Vikings moved 60 yards on three plays – runs by Cooper of 12, 39, 14 yards - to score their fourth TD of the second half. After Cooper's 14-yard touchdown run to end the series, Drudge added the extra point kick to give GHS a 28-7 lead with 1:29 left in regulation.

The Vikings won 28-7. 221 rushing yards on 31 carries with two touchdowns. VanNuck ran for 91 yards on 13 carries with one TD. Osga completed five passes for 129 yards. Leading receivers for Grayling were Cooper (48 yards), Isaac VanNuck (36 yards), Dean (25 yards), and Justin Farnsworth (18

On defense, Bindschatel had 14 tackles and a blocked punt for the Vikings. T. VanNuck had seven tackles and one sack, Dean had six tackles and one sack, Cooper had five tackles, one sack, and a fumble recovery for a TD, and Letts had five tackles and two sacks.

"We definitely did not come into this game mentally prepared. That is my fault as a coach. Our strength is our emotion and team

leadership and we had none of that in the first half," Coach Ben Brock said. "The second half was a different story as we took care of business by scoring three times in the first six minutes of the third quarter. I was proud of how well the boys responded to our chat at halftime."

"We were able to hold Cooper finished the game with Charlevoix to minus 11 yards rushing and 86 yards passing in the game. It was a game that we should have won by more, but finishing the season with seven wins is always good. We overcame some adversity tonight and going into the play-offs with two straight wins feels pretty good," Coach Brock said.

Grayling (7-2) will play a district tournament playoff game against the Elk Rapids Elks (7-2) on Friday, Oct. 26, at 7 p.m. at Elk Rapids. Elk Rapids handed Grayling one of its two losses this year with a 29-23 overtime victory at Viking Stadium on

"We are fortunate enough to get our rematch that we have wanted since that cold Friday night in week four. This has been our focus for many weeks now

and it is finally here. It should be a packed house in Elk Rapids Friday night and you will definitely have to get there early to get a seat. They are bringing in stands but it will not be enough for the thousands that will be in attendance. Our job is clear and we must execute this time to be successful," Coach Brock said.

Viking of the Week



Varsity Football Coach: Ben Brock RYAN COOPER

Ryan had 31 rushes for 221 yards and 2 TDs vs. Charlevoix on Friday. He also had a 38yard fumble recovery for a TD on a blocked punt by Geo Bindschatel. He now has almost 1,400 yards rushing and 20 total TDs on the season.

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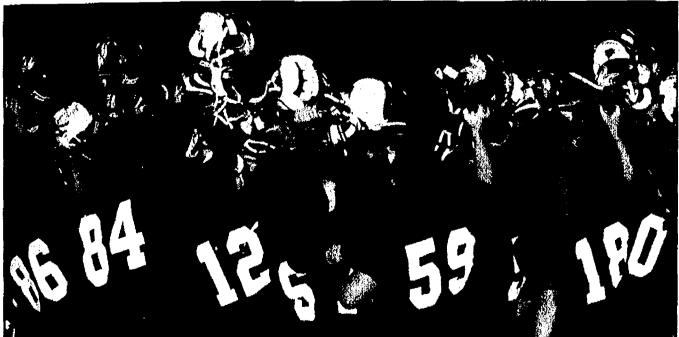
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Alex Gabriel joins other Grayling starters on the field during pregame player introductions on Friday night.



The Vikings celebrate a win after Friday night's game against Charlevoix.

Lightning ends JV game early

In a junior varsity football game that ended early due to lightning, the Grayling Vikings lost 18-13 at Charlevoix on Thursday night.

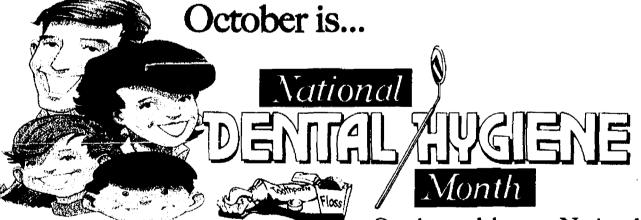
Quarterback Zach Wolcott completed four of eight passes for

104 yards and two touchdowns. Jordan Helsel had two catches for 97 yards and two touchdowns for the Vikings.

The game ended with 4:00 remaining in the second quarter due to weather conditions.

"The team played with a lot more intensity this week. It's too bad we couldn't have finished this game," Coach Chris Kucharek said.

The Vikings finished their 2007 season with a record of 2-6-1.



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JV, varsity squads fall to TCSF 2-1, 3-2 in volleyball series

■ Varsity Vikings take 2-1 lead with victories in game two and three, but TCSF wins last two

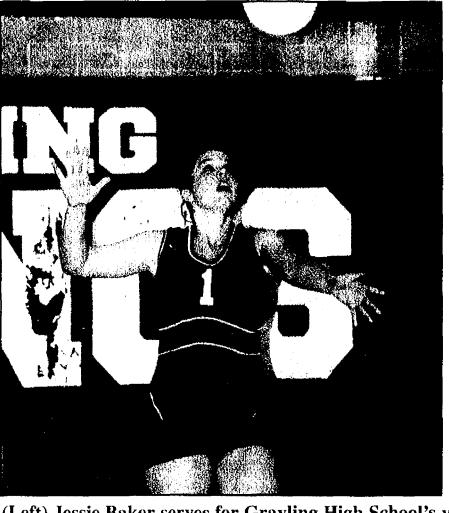
Grayling High School's varsity and junior varsity volleyball teams lost closely-contested battles against the Traverse City St. Francis Gladiators last Thursday at GHS.

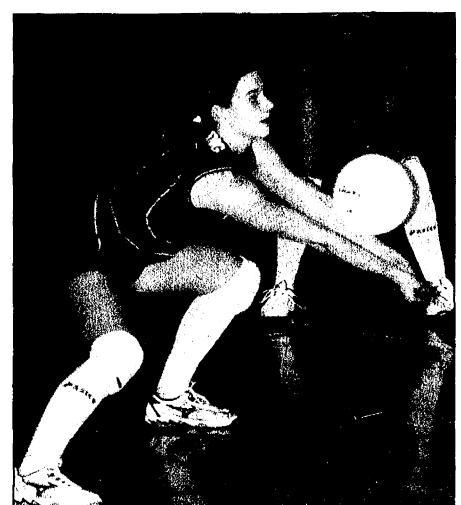
In the JV match, Traverse City St. Francis won the first game of the meet 25-19. Grayling tied the best of three series at 1-1 with a 25-23 victory in game two. TCSF won the third game 25-22 to win the meet two games to one.

In the varsity series, the Gladiators won the first game of the best of five series 25-14. Grayling took a 2-1 lead in the meet by winning games two and three (25-21, 25-23). Traverse City St. Francis tied the series at 2-2 with a 25-18 victory in game four. The Gladiators ended the

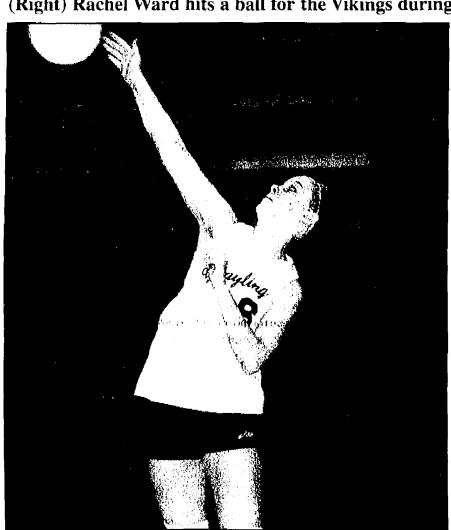
match with a 15-5 win in game five.

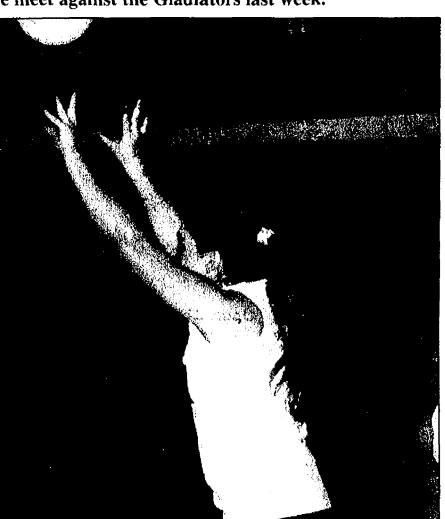
The GHS varsity squad will compete in the District 63-B tournament at Roscommon on Saturday, Nov. 3. The JV volleyball team will compete in a tournament at Gaylord on Saturday, Oct. 27.





(Left) Jessie Baker serves for Grayling High School's varsity volleyball squad vs. TCSF last Thursday at GHS. (Right) Rachel Ward hits a ball for the Vikings during the meet against the Gladiators last week.





Photos by Caleb Casey

(Left) Chynna Williamson serves for the Vikings during last Thursday's JV volleyball meet against Traverse City St. Francis. (Right) Suzanne Hause sets a ball for Grayling on Thursday night.

9th grade team wins two meets

Vikings defeat Boyne City, Traverse City St. Francis in series held at GHS

The Vikings of Grayling High School won both of their freshman volleyball meets last week. On Monday, Oct. 15, the Vikings won a best of three series vs. Boyne City 2-0 (25-6, 25-12)

at GHS. "The girls did a great job playing defense and covering the block. We have been working really hard this year on defensive movement and it really showed tonight. Megan Reichelderfer, Carlie Money, Olivia Peters, and Teresa Schreiber did an excellent job passing the ball," Coach

Carlie Money had 7 serves and 3 aces, Rebecca Money had 5 serves and 3 aces, Katie Money

Brooke Laurent said.

had 3 serves and 3 aces, Olivia Peters had 7 serves and 4 aces, and Haley Wiseman had 7 serves and 3 aces.

"Richelle Grosskopf and Jordan Stephan were strong hitters from the front row," Coach Laurent said.

On Thursday, Oct, 18, Grayling won a home meet vs. Traverse City St. Francis 2-1. TCSF took the first game of the series 25-17. Grayling won the next two games (25-13, 25-15).

"This was parents night and the last home game of the year and the girls played awesome," Coach Laurent said. "They had energy on and off the court and really stepped up their playing performance. We lost to Traverse City away, so this was a huge win

for our team." "Jordan Stephan and Olivia Peters had a great game. Olivia had a strong serving and passing game. Jordan was aggressive from the middle and worked really hard at transitioning off the net. Carlie Money carned the hustle award for the evening. She was everywhere and played with heart," Coach Laurent said.

Grayling (10-6) will compete in the Gaylord Tournament on



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NEUROLOGY Emilio Gate, M.D.

OTOLARYNGOLOGY Thor Krynycky, M.D.

PEDIATRICS Nuzhar J. Ali, M.D. Lus R. Collazo, M.D. Steve Kautmann, D.O.





JOHN D. MOFFAT, M.D.

John D. Moffat M.D., a General Surgeon with the OMH Medical Group, is now accepting new patients.

(989) 731-7987

OMH GENERAL SURGERY 829 N. CENTER AVE. SUITE 260, GAYLORD MICHIGAN





Photos by Caleb Casey

Olivia Peters (left) and Cassie Carter (right) serve for Grayling's freshman volleyball team vs. Traverse City St. Francis on Thursday.

2007-2008 FOOTBALL CONTEST

PLAY 2 WIN -WEEKLY PRIZES-

Sports Cap - Scheer Motors 50% off 20 lbs. Propane Cylinder Fill Up - Fick & Sons \$50 - Crawford County Avalanche Free Express Pizza - Spicy Bob's 50% off any Concrete Table -HMI Specialties Free Bowling Gift Certificate - American Legion \$25 Gift Certificate - Comfort Center

Week 7 Winner: Jessica Hartman With All 12 Correct

Week 7 Winning Games

1. Detroit 2. Tennessee

3. Buffalo

4. Dallas

5. Washington 6. NY Giants

7. New Orleans

8. New England

9. Kansas City 10. Cincinnati 11. Chicago 12. Ohio St.

Tie Breaker 1 - 39 Tie Breaker 2 - 22 Tie Breaker 3 - 41



1. Detroit vs. Chicago

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Robert Nimke

EDICHEVROLET @Oldsmobile. Located on M-76 N., Roscommon (989) 275-5105



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THRIPUR PEDIC



5. Philadelphia vs. Minnesota

2. Indianapolis vs. Carolina

Scheer

Motors

US-27 North, Grayling

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3. Cleveland vs. St. Louis

PROPANE SERVICE

113 Fig St. Grayling



7. Oakland vs. Tennessee

American Legion Lounge & Lanes

karaoke Fri. Evening

106 James Street





DAYTON BRIDGESTONE CONTRES 701 Huron, Grayling 348-2887

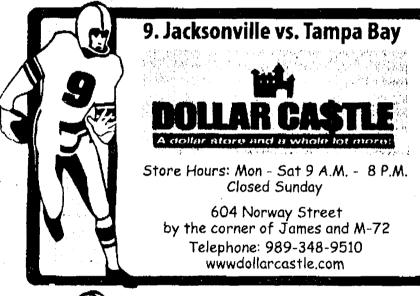
Mon. - Fri. 8 am to 5:30 pm Sat. 8 am to Noon

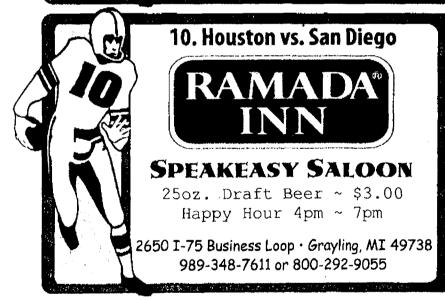


Open Bowling Sat & Sun

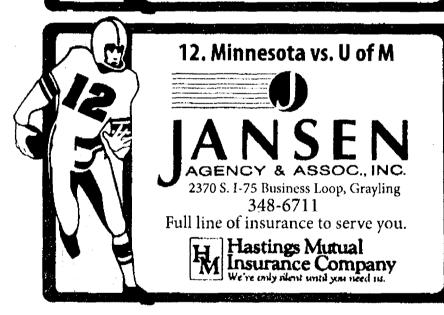
348-7232











Name			P	hone	
Address —			Signa	ature	
Please Note	: Advertiser l Winner	MUST be	written in nex Advertiser	t to team or slip wil	ll be VOID!!
Game 1		**************************************			•
					-
Game 3					
Game 5					
Game 6			·		
Game 7					
Game 9		7-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1			
Game 10			Particular de la companya de la comp		
					* 1 Canada and a can
Game 12		WEAR AND A STREET OF THE STREE			
	Tiebreaker 1 Game #	<i>‡</i> 1	Tiebreaker 2 Game #9	Tiebreaker 3 Game #12	

(1) Contestants must list the advertiser in which each game is round. White your prediction for the games played, advertisers and hebreakers (total points scored by both teams) on entry form, Entry form without advertisers listed will be invalid. The person with the most correct picks wins all the weekly prizes listed. If the tie breakers can not determine a winner, a drawing will be held to select a single winner. (2) One entry per person a week will be accepted. Crawford County Avalanche employees are not eligible. (3) Completed entry forms must be returned to the Avalanche no later than 5 pm Friday. Mail to Crawford County Avalanche, PO Box 490, Grayling MI 49738. (4) Entries must be on an official entry form as printed in the Avalanche. No purchase necessarry to enter. Entry forms available at the Avalanche office between 9 am and 5 pm weekdays. Identification and a social social entry hours are the Avalanche office between 9 am and 5 pm weekdays. Identification and a social social entry hours are the Avalanche office between 9 am and 5 pm weekdays. Identification and a social social entry hours are the Avalanche office between 9 am and 5 pm weekdays. Identification and a social social entry hours are the Avalanche of the A office, Winner may claim their prizes at the Avalanche office between 9 am and 5 pm weekdays. Identification and a social security number must be presented when claiming prizes.

BOWLING LEAGUE

Recreation League	Bill's Harem 6 - 6
GMH-NCC	Ladybugs 6 - 6
Days Inn	R.E.M5 - 7
T & T Fishing 17 - 11	Chatty Three 3 - 9
American Legion 13 - 15	High Series Men: M. Brown,
Glen's Market 12 - 16	526; K. Harris, 522; B. Holton,
Robin L. Smith CPA 11 - 17	467. High Game Men: M.
Woody Girls	Brown, 209; K. Harris, 196; D.
Grayling Nurs.Center8 - 20	Brown, 174. High Series
High Series: S. Johnson, 533; M.	Women: H. Stairs, 468; N.
Starks, 496; P. Terry, 492. High	Glasslee, 466; K. Moshier, 462.
Game: D. Mead, 208; H. Green,	High Game Women: N. Glasslee,
194; S. Johnson, 192.	191; K. Moshier, 179; D. Miller,
- -	176.
Marine 2 and Marine 2 and Carlotter	N1-41 Tri4

Thursday Morning Coffee	National First
Casino Bums 9 - 3	Corky's Karaoke
loofballs	Pittman Bld
(I.P6-6	Medicine Shoppe
now Tops 6 - 6	

Continental Rental 21 -	28
Faustman Insurance 21 -	28
Upper Lakes 20 -	29
Legion Lanes 15 -	34
High Series: P. Benardo Sr., 6	31:
C. Brill and P. Thomas, 6	13.
High Game: J. Thayer, 234	
Miller, 225; C. Brill, 222.	,
,,,	

Friday Mixed Doubles
L &L Hauling 33 - 16
Bucket Brigade29 - 20
Last Call
Miller Spillers 26 - 23
MMR 24 - 25
American Legion 23 - 26
Great Lakes Roofing 18 - 31
Forget About It 17 - 32
High Series Men: D. Canfield,

	Lehman,		
Williams	son, 565. I	High G	am
Men: 1	D. Williams	on, 246	:]
	237; D. Ca		
	ries Women		
	Cole, 519;		
	gh Game		
	ve, 198; M.		
M. Cole,		Dun	u.,
Coic,	1/3:		

American Men's I	æague
McLean's ACE	33 - 16
Dragon Repair	29 - 20
West Side Diner	24 - 25
GADCO	
Otsego Lake Service .	23 - 26
Moore's Auto	
Fenton's Auto Serv	22 - 27
Derwich Ind	

High Series: Lance Davis, 652; Lonnie Davis, 647; D. Canfield, 637. High Game: J. Rabideau, 262; D. Canfield, 246; T. Kotrash, 245.

Grayling Pharmacy 21-7 Flowers By Josie 17 - 11 Gaylord Electric. 16 - 12 Kicking Grass 15 - 13 Sylvester's Sports 13 - 15 Spike's 12 - 16 Bear's Den Pizza 10 - 18 High Series Men: P. Faustman, 547; J. Hipchen, 532; L. Crampton, 520. High Game Men: P. Faustman, 239; L. Crampton, 226; J. Hipchen, 200. High Series Women: C. Clark, 515; H. Stairs, 491; N. Glasslee, 469. High Game Women: C. Clark, 184; P. Harris, 177; H. Stairs and N. Glasslee, 169.

Senior Bowling

LEGAL ACTION

FORECLOSURE NOTICE

PORECLOSURE NOTICE This firm is a debt collector attempting to collect a debt. Any information obtained will be used for this purpose. If you are in the Military, please contact our office at the number listed below. MORTGAGE SALE -Default has been made in the conditions of a certain mortgage made by: Todd A Gabriel and Kary J Gabriel, Husband and Wife to Ameriquest Mortgage Company, Mortgagee, dated January 28, 2006 and recorded February 13, 2006 in Liber 679 Page 825 Crawford County Records, Michigan, Said mortgage was subsequently assigned to: Deutsche Bank National Trust Company, as Trustee for the registered holders of Mortgage Pass-Through Certificates, Series 2006-SD3, on which mortgage there is claimed to be due at the date hereof the sum of Three Hundred Thirteen Thousand Four Hundred Five Dollars and Seventy-Seven Cents (\$313,405.77) including interest 8.4% per annum. Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, Circuit Court of Crawford County at 10:00AM on Wednesday, November 14, 2007. Said premises are situated in Township of Frederic, Crawford County, Michigan, and are described as: The Northwest One-Quarter of the Southwest One-Quarter of Section 34, Township 28 North, Range 4 West Commonly known as 6300 North Weaver Road, Frederic MI 49733 The redemption period shall be 12 months from the date of such sale, unless determined abandoned in accordance with MCL 600,3241 or MCL 600,3241a, in which case the redemption period shall be 30 days from the date of such sale, or upon the expiration of the notice required by MCL 600,3241a(c), whichever is later. Dated: OCTOBER 5, 2007 Deutsche Bank National Trust Company, as Trustee for the registered holders of Mortgage Pass-Through Certificates, Series 2006-SD3, Assignee of Mortgagee Attorneys: Potestivo & Associates, P.C. 811 South Blvd. Suite 100 Rochester Hills. MI 48307 (248) 844-5123 Our File No: 07-

10/18/2007, 10/25/2007, 11/01/2007 -11-18-25-1

MORTGAGE **FO**RECLOSURE NOTICE (CRAWFORD COUNTY)

79866 ASAP# 913968 10/11/2007,

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED **WILL BE USED FOR THAT PURPOSE.**

MORTGAGE SALE - Default has been made in the conditions of a certain mortgage made by Joellen Ventline, a single woman to Sterling Mortgage & Investment Co., Mortgagee, dated May 1, 2003 and recorded on May 12, 2003 in Liber 633 on Page 203, Crawford County Records, Michigan, on which mortgage there is claimed to be due at the date hereof the sum of Thirty-Nine Thousand Nine Hundred Seventy-Four and 73/100 Dollars (\$39,974.73).

And no suit or proceedings at law in or equity having been instituted to recover

secured by said mortgage or any part thereof Now, therefore, by virtue of the power of sale contained in the mortgage, and pursuant to the statute of the State of Michigan in such case made and provided, notice is hereby given that on Wednesday, the 31st day of October, 2007 at 10:00 o'clock a.m. said mortgage will be foreclosed by sale at public auction, to the highest bidder, at the front door of the County Building in Grayling, Michigan, of the premises described in said mortgage, or so much thereof as may be necessary to pay the amount due, as aforesaid, on said mortgage, with interest thereon at 14.50% per annum and all legal costs, charges and expenses, including attorney fees allowed by law, and also any sum or sums which may be paid by the undersigned, necessary to protect its interest in the premises.

Which said premises are described as follows: Premises situated in the Township of Beaver Creek, County of Crawford, and Michigan, and are described as follows:

The East one-half of the East one-half of the Southwest one-quarter of the Northeast one-quarter of Section 3, Township 25 North, Range 4 West, as recorded in the Crawford County Records.

Tax ID.: 051-003-003-035-00 C/K/A: 8300 West Beaver Road

The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with 1948CL 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

Dated: September 17, 2007

Sterling Mortgage & Investment Co., Mortgagee

Law Offices of Eden J. Allvn., Attorney 31333 West Thirteen Mile Road, Suite

Farmington Hills. Michigan 48334 (248) 855-2550

-27-4-11-18-25

NOTICE OF **MORTGAGE FORECLOSURE** SALE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

ATTN PURCHASERS: This sale may be rescinded by the foreclosing mortgagee. In that event, your damages, if any, shall be limited solely to the return of the bid amount tendered at sale, plus interest.

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by Joanna Cottenham; a single woman, original mortgagor(s), to Mortgage Electronic Registration Systems, Inc., as nominee for lender and lender's successors and/or assigns, Mortgagee, dated July 13; 2006, and recorded on July 21, 2006 in Liber 682 on Page 430, in Crawford county records, Michigan, on which mortgage there is claimed to be due at the date hereof the sum of Ninety-Two Thousand Seven Hundred Six And 39/100 Dollars (\$92,706.39), including interest at 9.59%

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, at the place of holding the circuit court within Crawford County, at 10:00 AM, on November 14, 2007.

Said premises are situated in Township of Frederic, Crawford County, Michigan, and are described as: Lot 12, White Pine Estates, according to the plat thereof as recorded in Liber 4 of Plats, Page 30, Crawford County Records

The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with MCLA 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

Dated: October 11, 2007 For more information, please call: FC X 248.593.1302 Trott & Trott, P.C.

Attorneys For Servicer 31440 Northwestern Highway, Suite 200 Farmington Hills, Michigan 48334-2525 File #166093F01

-11-18-25-1

NOTICE OF MORTGAGE **FORECLOSURE** SALE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

ATTN PURCHASERS: This sale may be rescinded by the foreclosing mortgagee. In that event, your damages, if any, shall be limited solely to the return of the bid amount tendered at sale, plus interest.

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by James J Bryan a married man and Dawn C Bryan a married woman, joint tenancy with full rights of survivorship, original mortgagor(s), to Mortgage Electronic Registration Systems, Inc., as nomince for lender and lender's successors and/or assigns, Mortgagee, dated February 4, 2004, and recorded on

February 10, 2004 in Liber 666 on Page 241, in Crawford county records, Michigan, and assigned by said Mortgagee to Chase Home Finance LLC as assignee, on which mortgage there is claimed to be due at the date hereof the sum of One Hundred Fifty-One Thousand Forty-Eight And 98/100 Dollars (\$151,048.98), including interest at 5.875% per annum,

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, at the place of holding the circuit court within Crawford County, at 10:00 AM, on November 7, 2007.

Said premises are situated in Township of Maple Forest, Crawford County, Michigan, and are described as: Parcel 3: That part of the Northeast 1/4 of Section 18, Town 28 North, Range 3 West, more fully described as: Commencing to the East 1/4 corner of said Section; thence North 00 degrees 00 minutes 17 seconds East, along the East line of said Section 660.00 feet to the Point of Beginning; thence continuing North 00 degrees 00 minutes 17 seconds East along said East line, 330.00 feet; thence North 87 degrees 55 minutes 56 seconds West parallel with the East-West 1/4 line of said Section, 1525.33 feet to the Easterly right of way line of interstate Highway 75; thence Southerly, along said right of way, 88.14 feet, along the arc of 5614.65 radius curve to the left, the long chord of which is South 8 degrees 37 minutes 14 seconds East 88,14 feet; thence South 9 degrees 04 minutes 13 seconds East, along said right of way, 247.84 thence South 87 degrees 55 minutes 56 seconds East, parallel with the East-West 1/4 line of said Section, 1472.99 feet to the Point of Beginning:

The redemption period shall be 12 months from the date of such sale, unless determined abandoned in accordance with MCLA 600.3241a, in which case the redemption period shall be 30 days from the date of such sale,

Dated: October 4, 2007 For more information, please call: FC S 248.593.1304 Trott & Trott, P.C. Attorneys For Servicer 31440 Northwestern Highway, Suite 200 Farmington Hills, Michigan 48334-2525

File #165027F01

-4-11-18-25

NOTICE OF MORTGAGE **FORECLOSURE** SALE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by Jeanine K. Rossio, an unmarried woman, to Mortgage Electronic Registration Systems, Inc., as nominee for lender and lender's successors and/or assigns, Mortgagee, dated February 24, 2007 and recorded March 13, 2007 in Liber 685, Page 684, Crawford County Records, Michigan. There is claimed to be due at the date hereof the sum of Ninety Thousand Two Hundred Eleven and 66/100 Dollars (\$90,211.66) including interest at 5.625% per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue at the front door of the County Building in Grayling in Crawford County, Michigan at 10:00 a.m. on NOVEMBER 7, 2007.

Said premises are located in the Township of Maple Forest, Crawford County, Michigan, and are described as: Parcel Number 7: A parcel of land being apart of the Northeast one-quarter of Section 18, Town 28 North, Range 3 West, Maple Forest Township, Crawford County, Michigan, described as: Commencing at the East one-quarter corner of said Section 18; thence North 00 degrees 00 minutes 17 seconds East, along the East line of said Section 18, 1,980.00 feet to the Point of Beginning; thence continuing North 00 degrees 00 minutes 17 seconds East, along said East line 309.32 feet; thence North 89 degrees 21 minutes 10 seconds West, 1,562.33 feet to the Easterly right of way line of Interstate Highway 75; thence Southerly, along said right of way, 270.48 feet, along the arc of 5614.65 radius curve to the left, the long chord of which is South 03 degrees 21 minutes 36 seconds West 270.46 feet; thence South 87 degrees 55 minutes 56 seconds East, parallel with the East-West one-quarter line of said Section 18, 1,579.09 feet to the point of begin-

The redemption period shall be 12 months from the date of such sale, unless determined abandoned in accordance with MCLA §600.3241a, in which case the redemption period shall be 30 days from the date of such sale. TO ALL PURCHASERS: The foreclosing mortgagee can rescind the sale. In that event, your damages, if any, are limited solely to the return of the bid amount tendered at sale, plus interest.

Dated: October 4, 2007 Orlans Associates, P.C. Attorneys for Servicer P.O. Box 5041 Troy, MI 48007-5041 (248) 457-1000 File No. 280,2970

-4-11-18-25

NOTICE OF MORTGAGE **FORECLOSURE** SALE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

ATTN PURCHASERS: This sale may be rescinded by the foreclosing mortgagee. In that event, your damages, if any, shall be limited solely to the return of the bid amount tendered at sale, plus interest.

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by Jessica M Finnegan a Single Woman, original mortgagor(s), to JPMorgan Chase Bank, N.A., Mortgagee, dated March 15, 2007, and recorded on March 19, 2007 in Liber 685 on Page 724, in Crawford county records, Michigan, on which mortgage there is claimed to be due at the date hereof the sum of Seventy-Eight Thousand Three Hundred Forty-Four And 97/100 Dollars (\$78,344.97), including interest at 6.625% per annum.

Under the power of sale contained in said mortgage and the statute in such case

made and provided, notice is hereby given CRAWFORD COUNTY

THE CRAWFORD COUNTY BOARD OF COMMISSIONERS ARE PRESENTLY ACCEPTING APPLICATIONS FOR THE GRAYLING RECREATION AUTHORITY BOARD.

GRAYLING RECREATION

AUTHORITY BOARD POSITION

APPLICANTS ARE REQUIRED TO BE COUNTY RESIDENTS AND TO HELP FACILITATE PARKS AND RECREATION SER-VICES IN CRAWFORD COUNTY AS WELL AS TO OPERATE AND MAINTAIN HANSON HILLS RECREATION AREA AND WIN-TER SPORTS PARK AND THE GRAYLING FISH HATCHERY. APPLICATIONS CAN BE OBTAINED FROM AND SUBMITTED TO COUNTY CLERK SANDRA MOORE BY MONDAY, OCTOBER 29, 2007 AT 12:00 P.M. OR MAY BE OBTAINED ON-LINE THRU www.crawfordco.org AND RETURNED TO CRAWFORD COUNTY CLERK 200 W. MICHIGAN AVENUE, GRAYLING, MI 49738.

SANDRA MOORE, COUNTY CLERK OCT. 17, 2007

that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, at the place of holding the circuit court within Crawford County, at 10:00 AM, on November 7, 2007.

Grayling, Crawford County, Michigan, and are described as: Lot 3, Block 10, Roffee's Addition to the Village (Now City) of Grayling, Crawford County, Michigan, according to the recorded Plat thereof, as recorded in Liber 01 of Plats, Page 11, Crawford County Records

Said premises are situated in City of

The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with MCLA 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

Dated: October 4, 2007 For more information, please call: FC S 248.593.1304 Trott & Trott, P.C. Attorneys For Servicer 31440 Northwestern Highway, Suite 200 Farmington Hills, Michigan 48334-2525 File #164809F01

-4-11-18-25

NOTICE OF MORTGAGE FORECLOSURE SALE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

Length Carriers 15, 1911.

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by Tina Gilbee, a single woman, to First Franklin, a division of National City Bank of Indiana, Mortgagee, dated April 8, 2005 and recorded April 12, 2005 in Liber 674, Page 926, Crawford County Records, Michigan. Said mortgage is now held by Wells Fargo Bank, N.A. as Trustee for the MLMI Trust Series 2005-FFH1 by assignment. There is claimed to be due at the date hereof the sum of Sixty-One Thousand Five Hundred Eleven and 12/100 Dollars (\$61,511.12) including interest at 11.5% per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue at the front door of the County Building in Grayling in Crawford County, Michigan at 10:00 a.m. on NOVEMBER 7, 2007.

Said premises are located in the Township of Grayling, Crawford County, Michigan, and are described as:

Commencing at a point which is 15 rods North of the Southwest corner of the North one-half of the Northeast one-quarter of Section 8, Town 26 North, Range 2 West, thence North 10 rods, thence East 32 rods, thence South 10 rods, thence West 32 rods to the place of beginning. Being a part of the Northwest one-quarter of the Northeast one-quarter of Section 8, Town 26 North, Range 2 West.

The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with MCLA §600.3241a, in which case the redemption period shall be 30 days from the date of such sale. TO ALL PURCHASERS: The foreclosing mortgagee can rescind the sale. In that event, your damages, if any, are limited solely to the return of the bid amount tendered at sale, plus interest.

Dated: October 4, 2007 Orlans Associates, P.C. Attorneys for Servicer P.O. Box 5041 Troy, MI 48007-5041 (248) 457-1000 File No. 269.2526 -4-11-18-25

MORTGAGE SALE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by James S. Morrow II, a single man, to Bank Of Ann Arbor. Mortgagee, dated October 28, 2002 and recorded November 4, 2002 in Liber 605, Page 354, Crawford County Records, Michigan. Said mortgage is now held by Washington Mutual Bank by assignment, There is claimed to be due at the date hereof the sum of Thirty-Three Thousand Eight Hundred Sixty-Five and 66/100 Dollars (\$33,865.66) including interest at 7.375% per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue at the front door of the County Building in Grayling in Crawford County, Michigan at 10:00

a.m. on NOVEMBER 21, 2007. Said premises are located in the Township of Beaver Creek, Crawford County, Michigan, and are described as:

Lot 44, Assessor's Plat of Switzerville, Township of Beaver Creek, Crawford County, Michigan, according to the recorded Plat thereof, as recorded in Liber 4 of plats, Page 31, Crawford County

The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with MCLA §600.3241a, in which case the redemption period shall be 30 days from the date of such sale. TO ALL PURCHASERS: The foreclosing mortgagee can rescind the sale. In that event, your damages, if any, are limited solely to the return of the bid amount tendered at sale, plus interest.

Dated: October 18, 2007 Orlans Associates, P.C. Attorneys for Servicer P.O. Box 5041 Troy, MI 48007-5041 (248) 457-1000 File No. 362.2104 -18-25-1-8

CRAWFORD COUNTY FISH HATCHERY STEERING COMMITTEE **BOARD POSITIONS**

THE CRAWFORD COUNTY BOARD OF COMMISSIONERS ARE ACCEPTING APPLICATIONS FOR THE GRAYLING FISH HATCHERY STEERING COMMITTEE,

APPLICANTS ARE REQUIRED TO HAVE A SINCERE COMMIT-MENT TO THE SUCCESS OF THE GRAYLING FISH HATCHERY RESTORATION PROJECT. MEMBERS MUST HAVE A WILL-INGNESS TO WORK TOWARD THAT SUCCESS OTHER THAN SIMPLY ATTENDING MEETINGS OF THE COMMITTEE. TO EXPERIENCE WITH FUND RAISING AND, IDEALLY, HAVE GRANT SEEKING ABILITIES.

YOU DO NOT HAVE TO BE A COUNTY RESIDENT BUT MUST PROMOTE, ENCOURAGE AND AID THE WORK OF HISTORI-CAL, SCIENTIFIC, CULTURAL AND EDUCATIONAL EFFORTS WITHIN THE COUNTY. APPLICATIONS CAN BE OBTAINED FROM AND SUBMITTED TO COUNTY CLERK SANDRA MOORE BY MONDAY, OCTOBER 29, 2007 AT 12:00 P.M. OR MAY BE OBTAINED ON-LINE THRU www.crawfordco.org AND RETURNED TO CRAWFORD COUNTY CLERK 200 W. MICHI-GAN AVENUE, GRAYLING, MI 49738.

SANDRA MOORE, COUNTY CLERK

OCTOBER 17, 2007

NOTICE OF **MORTGAGE FORECLOSURE** SALE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

ATTN PURCHASERS: This sale may be rescinded by the foreclosing mortgagee. In that event, your damages, if any, shall be limited solely to the return of the bid amount tendered at sale, plus interest.

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by Sheri Marie West, a married woman and Randall Keith West, her husband and Edward J. Walker, a single man, original mortgagor(s), to First Chicago NBD Mortgage Company, Mortgagee, dated June 2, 1999, and recorded on June 15, 1999 in Liber 484 on Page 01, in Crawford county records, Michigan, on which mortgage there is claimed to be due at the date hereof the sum of Sixty-One Thousand Two Hundred Nineteen And 79/100 Dollars (\$61,219.79), including interest at 5.375% per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, at the place of holding the circuit court within Crawford County, at 10:00 AM, on November 21, 2007.

Said premises are situated in Township of Grayling, Crawford County, Michigan, and are described as: Lots 8, 9, 10, 11, 12, 13, 14 and 15, Block 13, of Portage Heights, Township of Grayling, Crawford County, Michigan, according to the plat thereof recorded in Liber 1 of Plats, Page 23, Crawford County Records.

The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with MCLA 600,3241a, in which case the redemption period shall be 30 days from the date of such sale.

Dated: October 18, 2007 For more information, please call: FC S 248.593.1304 Trott & Trott, P.C. Attorneys For Servicer 31440 Northwestern Highway, Suite 200 Farmington Hills, Michigan 48334-2525 File #063537F05

ni pomateno stas masovani alternativas. 1-8.

NOTICE OF MORTGAGE **FORECLOSURE** SALE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

ATTN PURCHASERS: This sale may be rescinded by the foreclosing mortgagee. In that event, your damages, if any, shall be limited solely to the return of the bid amount tendered at sale, plus interest.

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by John M Keir II and Kindra K Keir, his wife, original mortgagor(s), to JPMorgan Chase Bank, N.A., Mortgagee, dated July 18, 2005, and recorded on August 2, 2005 in Liber 676 on Page 474, in Crawford county records, Michigan, on which mortgage there is claimed to be due at the date hereof the sum of Eighty-Two Thousand Four Hundred Nine And 86/100 Dollars (\$82,409.86), including interest at 6% per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, at the place of holding the circuit court within Crawford County, at 10:00 AM, on November 28, 2007.

Said premises are situated in Township of Grayling, Crawford County, Michigan, and are described as: Lot 5 and the West 25 feet of Lot 4, Clough's Highland Acres, Grayling Township, Crawford County, Michigan, according to the plat thereof as recorded in Liber 1, Page 66, Crawford County Records.

The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with MCLA 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

Dated: October 25, 2007 For more information, please call: FC S 248.593.1304 Trott & Trott, P.C. Attorneys For Servicer 31440 Northwestern Highway, Suite 200 Farmington Hills, Michigan 48334-2525

-25-1-8-15

NOTICE OF MORTGAGE **FORECLOSURE** SALE

File #168119F01

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

ATTN PURCHASERS: This sale may be rescinded by the foreclosing mortgagee. In that event, your damages, if any, shall be limited solely to the return of the bid amount tendered at sale, plus interest.

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by Steve P. Gaspar and Winnifred K. Gaspar, Husband and Wife as Joint Tenants, original mortgagor(s), to Option One Mortgage Corporation, A California Corporation, Mortgagee, dated December 3, 2002, and recorded on December 11, 2002 in Liber 611 on Page 386, in Crawford county records, Michigan, on which mortgage there is claimed to be due at the date hereof the sum of Ninety-Seven Thousand Seven Hundred One And 47/100 Dollars (\$97,701.47), including interest at 8.65% per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, at the place of holding the circuit court within Crawford County, at 10:00 AM, on November 21, 2007.

Said premises are situated in Township of Lovells, Crawford County, Michigan, and are described as: The South 1/2 of the North 1/2 of the Northeast 1/4 of the Fractional Southwest 1/4 of Section 30, Town 28 North, Range 1 West.

The redemption period shall be 12 months from the date of such sale, unless determined abandoned in accordance with MCLA 600,3241a, in which case the redemption period shall be 30 days from the date of such sale.

Dated: October 18, 2007 For more information, please call: FC G 248.593.1310 Trott & Trott, P.C. Attorneys For Servicer 31440 Northwestern Highway, Suite 200 Farmington Hills, Michigan 48334-2525 File #166346F01

-18-25-1-8

NOTICE OF MORTGAGE FORECLOSURE SALE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

ATTN PURCHASERS: This sale may be rescinded by the foreclosing mortgagee. In that event, your damages, if any, shall be limited solely to the return of the bid amount tendered at sale, plus interest.

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by Jeffrey A Greiser an unmarried man, original mortgagor(s), to Mortgage Electronic Registration Systems, Inc., as nominee for lender and lender's successors and/or assigns, Mortgagee, dated June 2, 2005, and recorded on June 9, 2005 in Liber 675 on Page 856, in Crawford county records, Michigan, and assigned by said Mortgagee to Chase Home Finance LLC as assignee, on which mortgage there is claimed to be due at the date hereof the sum of One Hundred Four Thousand Eight Hundred Forty-Six And 93/100 Dollars (\$104,846.93), including interest at 6.375% per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, at the place of holding the circuit court within Crawford County, at 10:00 AM, on November 28, 2007.

Said premises are situated in Township of South Branch, Crawford County, Michigan, and are described as: Lot 6, Northwest Village No. 1, Township of

South Branch Crawford County, Michigan, according to the recorded Plat thereof as recorded in Liber 2 of Plats, pages 47 and 48, Crawford County Records.

The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with MCLA 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

Dated: October 25, 2007 For more information, please call: FC S 248.593.1304 Trott & Trott, P.C. Attorneys For Servicer 31440 Northwestern Highway, Suite 200 Farmington Hills, Michigan 48334-2525 File #168748F01

-25-1-8-15

MORTGAGE SALE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by Ralph J. Sheppard and Ann H. Sheppard, husband and wife, to Oak Street Mortgage LLC, Mortgagee, dated January 27, 2003 and recorded March 18, 2003 in Liber 623, Page 625, Crawford County Records, Michigan. Said mortgage is now held by CitiMortgage, Inc. successor merger with CitiFinancial Mortgage Company Inc. by assignment. There is claimed to be due at the date hereof the sum of Eighty-One Thousand Three Hundred Thirty-Nine and 08/100 Dollars (\$81,339.08) including interest at 6.8% per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue at the front door of the County Building in Grayling in Crawford County, Michigan at 10:00 a.m. on NOVEMBER 28, 2007.

Said premises are located in the Township of Frederic, Crawford County, Michigan, and are described as:

The North one-half of the South onehalf of the North one-half of the Southeast one-quarter of the Northwest one-quarter of the Northwest one-quarter of Section 2, Town 27 North, Range 4 West. Included is a right of ingress and egress over the existing trial road from the Northwesterly corner of the herein described premises Northerly to the County Road.

Being the same property conveyed to Ralph J. Sheppard and Ann H. Sheppard, husband and wife by Deed dated 10-19-92 and recorded 12-19-92 in Deed Book 349. Page 403, in the Office of the Recorder of Crawford County, Michigan.

The redemption period shall be 12 months from the date of such sale, unless determined abandoned in accordance with MCLA §600.3241a, in which case the redemption period shall be 30 days from the date of such sale. TO ALL PURCHASERS: The foreclosing mortgagee can rescind the sale. In that event, your damages, if any, are limited solely to the return of the bid amount tendered at sale, plus interest.

Dated: October 25, 2007 Orlans Associates, P.C. Attorneys for Servicer P.O. Box 5041 Troy, MI 48007-5041

(248) 457-1000 File No. 201.7055

-25-1-8-15

MORTGAGE SALE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by Clarence I. Lamotte, an unmarried man, to Mortgage Electronic Registration Systems, Inc., as nominee for lender and lender's successors and/or assigns, Mortgagee, dated June 22, 2006 and recorded August 7, 2006 in Liber 682, Page 695, Crawford County Records, Michigan. There is claimed to be due at the date hereof the sum of Two Hundred Forty-Seven Thousand Four Hundred Fourteen and 57/100 Dollars (\$247,414.57) including interest at 8% per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue at the front

door of the County Building in Grayling in Crawford County, Michigan at 10:00 a.m. on NOVEMBER 14, 2007.

Said premises are located in the Township of Grayling, Crawford County, Michigan, and are described as:

A part of the East one-half of the Southwest one-quarter of Section 12, Town 26 North, Range 4 West, commencing at the Southwest corner of said Section 12 and running thence North 89 degrees 37 minutes East on the South line of Section 12, 1829 feet; thence North 2 degrees 00 minutes East along the center of the county road 1096 feet; thence North 89 degrees 35 minutes East 500.5 feet to the point of beginning; thence North 89 degrees 35 minutes East 192 feet; thence North 1 degree 30 minutes East 543.5 feet, more or less to the bank of the Ausable River; thence Westerly and upstream along said river 200 feet; thence South 1 degree 30 minutes West 510 feet, more or less, to the point of beginning. Said description contains 2.33 acres, approximately, this conveyance is subject to and includes the use of an easement for roadway purposes over a strip of land 20 feet in the width lying North of, parallel to and contiguous to the Southerly line of this description and extending Westerly to the county road in the extension of the Southerly line in this description across land owned by the grantors in the Warranty Deed recorded in Liber 69, Page 317.

The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with MCLA §600.3241a, in which case the redemption period shall be 30 days from the date of such sale. TO ALL PURCHASERS: The foreclosing mortgagee can rescind the sale. In that event, your damages, if any, are limited solely to the return of the bid amount tendered at sale, plus interest.

Dated: October 11, 2007 Orlans Associates, P.C. Attorneys for Servicer P.O. Box 5041 Troy, MI 48007-5041 (248) 457-1000 File No. 285.2368 11-18-25-1

MORTGAGE SALE

ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT . and 70/100 Dollars (\$64,851.70) includ-THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by Michelle R, Charters and Joseph J. Pluszczynski, a single man to Residential Loan Centers of America, Mortgagee, dated February 16, 2005 and recorded March 3, 2005 in Liber 674, Page 15, Crawford County Records, Michigan. Said mortgage is now held by Washington Mutual Bank, F.A., successor by merger with Long Beach Mortgage Company by assignment. There is claimed to be due at the date hereof the sum of One Hundred Seven Thousand One Hundred Eighty-Four and 17/100

Dollars (\$107,184.17) including interest at 8.75% per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue at the front door of the County Building in Grayling in Crawford County, Michigan at 10:00 a.m. on NOVEMBER 14, 2007.

Said premises are located in the Township of Grayling, Crawford County, Michigan, and are described as:

Lot 36, Shangri-La Subdivision, Township of Grayling, Crawford County, Michigan, according to the recorded plat thereof, as recorded in Liber 02 of Plats, Pages 03-04, Crawford County Records.

The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with MCLA §600.3241a, in which case the redemption period shall be 30 days from the date of such sale. TO ALL PURCHASERS: The foreclosing mortgagee can rescind the sale. In that event, your damages, if any, are limited solely to the return of the bid amount tendered at sale, plus interest.

Dated: October 11, 2007 Orlans Associates, P.C. Attorneys for Servicer P.O. Box 5041 Troy, MI 48007-5041 (248) 457-1000 File No. 362,2051

MORTGAGE SALE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

11-18-25-1

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by Ann M. Patterson, a single woman, to Mortgage Electronic Registration Systems, Inc., as nominee for lender and lender's successors and/or assigns, Mortgagee, dated December 16, 2005 and recorded December 22, 2005 in Liber 679, Page 138, Crawford County Records, Michigan. There is claimed to be due at the date hereof the sum of Sixty-Four Thousand Eight Hundred Fifty-One ing interest at 9.85% per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a mouth from the data of sale. sale of the mortgaged premises, of some surper and none of done in that in part of them, at public vendue at the front door of the County Building in Grayling in Crawford County, Michigan at 10:00 a.m. on NOVEMBER 7, 2007.

Said premises are located in the Township of Frederic, Crawford County, Michigan, and are described as:

Lots 7 and 8, Harting Pines Subdivision, according to the Plat thereof, as recorded in Liber 1 of Plats, Page 45, Crawford County Records.

The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with MCLA §600,3241a, in which case the redemption period shall be 30, days from the date of such sale. TO ALL PURCHASERS: The foreclosing mortgagee can rescind the sale. In that event, your damages, if any, are limited solely to the return of the bid amount tendered at sale, plus interest.

Orlans Associates, P.C. Attorneys for Servicer P.O. Box 5041 Troy, Ml 48007-5041 File No. 231.5351 (248) 457-1000 11-18-25-1

Mortgage Sale

Dated: October 11, 2007

This firm is a debt collector attempting to collect a debt, and any information obtained will be used for that purpose.

Default has occurred in a mortgage made by Angela C. Thompson and Christopher M. Thompson, husband and wife, to First National Bank of America, dated March 30, 2007 and recorded on April 3, 2007 in liber 685 page 952, Crawford County records. The mortgage holder has begun no proceedings to recover any part of the debt, which is now \$15,280.41.

The mortgage will be foreclosed by a public sale of the property on Wednesday, November 7, 2007 at 10:00 a.m., at the front door of Crawford County Courthouse, Grayling, Michigan. The property will be sold to pay the amount then due on the mortgage, together with interest at .13.94 per cent, foreclosure costs, attorney fees, and also any taxes and insurance that the mortgage holder pays before the sale.

The property is located in Beaver Creek Township, Crawford County, Michigan, and is described in the mortgage as:

Parcel F: Being a part of the NE 1/4 of the NE 1/4 of Section 4, T25N, (Previously recorded as T27N) R3W, Beaver Creek Township, Crawford County, Michigan, commencing at the NE corner of Section 4, T25N,"R3W; thence S1° 24′ 42" West along the East Section line 746.47 feet for a point of beginning; thence continuing S16 24 42" West 415.47 feet North 89° 59′ 06′ West 1317.99 feet; thence N1° 22" 33" East along the East 1/8 line 410.36 feet; thence North 89° 47′ 36" East 1318,38 feet to the point of beginning. Including a mobile home year, make and model unknown.

The redemption period will be one year from the date of sale; but if the property is abandoned, the redemption period Date: September 28, 2007 of the neith

Joseph B. Backus, attorney for mortgage and amount P.O. Box 794, East Lansing, MI 48826 517-337-1617

-4-11-18-25

)W

state decid S. S. (1) 149 C. (2) MALL AND

CITY OF GRAYLING ELECTION NOTICE

To the Qualified Electors of the City of Grayling, County of Crawford, State of Michigan:

NOTICE IS HEREBY GIVEN THAT A GENERAL CITY ELECTION WILL BE HELD AT THE GRAYLING CITY HALL, 1020 CITY BOULEVARD ON

TUESDAY, NOVEMBER 6, 2007

From 7 o'clock in the forenoon until 8 o'clock in the afternoon for the purpose of voting for the election of the following officers

3 CITY COUNCIL MEMBERS

4 Year Term

All registered voters of the City of Grayling will be permitted to vote.

Polls will be open from 7 a.m. until 8 p.m. Applications for absentee ballots are being received

Michele A. Moshier City Clerk





Public Notices in Newspapers. Your Right to Know, Delivered Right to Your Door.

EATTRES

LOOK AT OUR PAST FROM THE PAGES OF THE AVALANCHE

23 Years Ago October 25, 1984

Brett Stockton of Grayling, and his partner Bruce Barton of Homer, finished first in a United States Canoe Association sanctioned race in Indianapolis. Stockton and Barton beat the second place team of Olympic bronze medal winner Greg Barton and his partner by more than three minutes over the one and half hour race.

Riley McNamara, a GHS senior, received a letter of commendation from the National Merit Scholarship Corp. for his outstanding success on one of the national achievement tests. McNamara's score placed him in the top five percent nationwide among more than one million

participating students. Lisa Mier, Josh Woodland, Dawn Bouse, Laurie Mier, Andrea Flowers, Scott Nicholas, Tim Pernie, Kristen Walker, Roy Davis, Betty Partello, Sean Hess, Toye Sheldon, Colleene Felver, Joell Schans, Robert Dixon and Chris Bindschatel were all chosen as students of the month for

Grayling Middle School. In Grayling girls basketball, the green machine chewed up another opponent, devouring Petoskey here 60-25. Viking center Kris Laudenslager once again led the scoring attack with 18 points. Michelle Barber hit for 13 and Audra Small added 12, as

RECIPE

OF THE

WEEK

Grayling rolled to a 11-1 season mark. Grayling leads the Michigan Huron Shores Conference with an 8-0 mark, but face five road trips in the remaining six league games.

46 Years Ago October 26, 1961

The Grayling junior varsity football squad, under their coach Fraser Dean, marched to a 48-0 victory over Kalkaska.

At the Monday night meeting of the Kiwanis Club at the Chief Shoppenagons Motor Hotel, a discussion was held on the club's upcoming pancake and sausage dinner and the auction sale.

The annual Halloween party at the Grayling public school will start off with a parade at 1:30 p.m., on Oct. 31. The costumed children will be led downtown by the band. Kindergarten children through sixth graders will partici-

The Frederic Eagles football team lost a heart breaker game at Central Lake last Friday night as they were edged in the final 30 seconds 18 - 13. The Frederic team played very much improved ball and would have come home with a victory except for some mixups by the officials.

Blacktopping of the Power Dam Road off M-72 west of Grayling was expected to be completed sometime this week.

Bert Confer is in charge of work that has begun on the rebuilding of the Sanderson Cottage at Camp Whippoorwill which was damaged by fire earlier this summer.

The Grayling High School band has been very busy these last weeks. Thursday, Oct. 12, they led the snake dance which annually precedes the homecoming football game. Friday, Oct. 3, the band led the auto show and the float parade. Three new members have been admitted to the band. They are Richard Strings, trombone, Elva Ward, clarinet, and Christine Carlson, Every home football drums. game, when the band marches, there is a contest to see which ranks look the neatest and which individuals march the best. At the homecoming game, Walter Neilson was chosen the best color guard, Julie Carlson the best majorette, the best boy marcher was Pat Buron and the best girl marcher was Linda Knibbs, and best rank, flutes.

Local students Donald Plagens and Robert W. Strong, were among 391 students of Central Michigan University named on the scholastic honors list for the second semester.

69 Years Ago October 27, 1938

At the Teachers Institute held Oct. 13-14 in Saginaw, Miss Eleanor Tumath, local home economics teacher, had the honor of being elected chairman of the home economics division for the coming year. This is an honor of which the school and the community of Grayling will be proud.

2 slices (1 ounce) pesto or jalapeño

Norman Dawson has been managing the A&P Store in Kalkaska for the past three weeks, due to the manager there being ill. Mrs. Dawson and his little son left Monday to remain there with him.

Jerry LaMotte will hold a house-building bee at his home in Beaver Creek next Sunday. He says everyone is invited and to bring their own tools.

Frank D. Bridges has erected a building on his property on US-27 near the Moshier Garage and is opening a grocery store to be known as Frank's Grocery. He expects to be open for business on Oct. 28.

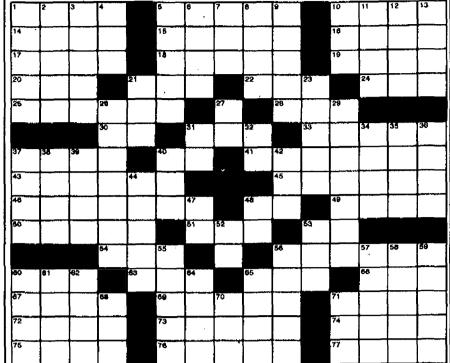
92 Years Ago October 28, 1915

Pete Hanson and Chris Jensen were the chosen delegates who attended the I.O.O.F. Grand Lodge in Bay City last week.

Nels Corwin, Chris Lechty, Torry Homerich and Edward Lather drove to Traverse City Saturday evening in Mr. Corwin's Ford car, making the trip in two hours and 50 minutes. They returned Sunday evening.

Grant Shaw caught another bear in a bear trap Sunday. This one was not quite as large as the one he caught the previous week.

Harvey Burrows, who has been employed as a meat cutter in Milk's Market for some time, resigned his position this week and has accepted a position with the Armour Company of Chicago.



1. Cause a floating log to rotate by treading.

3. Unwillingness to do something contrary to custom.

4. Extension at the end and at right angles to the main

7. Primitive predaceous North American fish covered

8. Soft, thick wormlike larva of certain beetles.

10. Tappan _ Bridge, cantilever bridge across the

11. City and a municipal council near Mumbai in the

12. Small hamlet in the state of West Bengal, India.

13. Acronym for Avoiding Syntax Error Disaster.

26. Painting with pigment so thick the palette knife

27. Board game in which the object is to surround and

32. Ratio of the circumference to the diameter of a cir-

34. Saint Philip_, founder of the Congregation of the

35. Ancient country in southwestern Asia east of the

38. Pierced plate on an astrolabe, having projections

Sanskrit adjective meaning "real, being, existing."
 Quantity of heat equal to 100,000 8tus.

47. Uproarious party.
48. Bronze coin used during the Roman Republic and

52. Light, strong toxic brittle gray bivalent metallic ele-

56. Combining clever conception and facetious expres-

59. Loop formed in a rope by means of a slipknot that

64. First bestselling hardcover science fiction novel.65. Style of music, originating in the West Indies and

Tigris River. 36. Make turbid by stirring up the sediments of.

whose points correspond to the fixed stars. 39. Descendant of Seir the Honte in the

53. Informed about the latest trends

55. Money risked on a gamble

57. Ask for and get free. 58. Combined to increase in size.

binds tighter as the rope is pulled.

62. 1981 Warren Beatty film.

with hard scales and having long jaws with needle-like

9. Republic on the southwestern shores of the Arabian

2. Person of subnormal intelligence.

5. Most important part of something.

6. Inspired by a fearful wonderment.

Peninsula on the Indian Ocean

Indian state of Maharashtra.

23. Dwellings of wild animals

capture the opponent's counters. 29. Pertaining to the jaw.

37. Small ornamental goblet.

40. Observe.

31. For the purpose of doing something.

building.

Hudson River.

21. Stroker _

marks show

1. Digestive juice secreted by the liver 5. Hanging loosely.

10. Small town near the head of Annesley Bay on the African coast of the Red Sea. 14. Material effigy worshiped as a god.

15. Bearing in mind. 16. Acronym for East Riding Archaeological Society. 17. Monica J. _, voice actress for ADV Films. 18. Clear yellowish fluid obtained upon separating

whole blood into solid and liquid components after it has been allowed to clot. 19. Line along the sidewall of a building formed by the intersection of the plane of the roof and the plane of the wall.

20. Arthurian legend king of Lothian. 21. Improve the condition of. 22. Babylonian god of the earth

24. Coenzyme present in most living cells and derived from the B vitamin nicolinic acid.

25. Motivation based on ideas of right and wrong 28. Bother persistently with trivial complaints. 30. Person speaking

31. Platform surrounding the head of a lower mast 33. _ Space.

37. Device to hurl clay pigeons into the air for trap shooters.

40. Subsequently 41. Native of Israel 43. Expose to fresh air.

45. Pertaining to the stars. 46. Hidden. 48. Highly unstable radioactive element.

49. Acronym for Highly Advanced Materializing Equipment.

51. Acronym for Organic Brain Syndrome 53. Expression of greeting

54. Acronym for Off Roading Warriors. Practitioner of wicca.

60. Acronym for Transport Express Régional. 63. Roused to anger.

65. Small drink. 66. Monk of Goguryeo believed to have initiated the construction of Jikjisa temple in Gyeongsangbuk-do,

67. Again but in a different way.

69. Seamount of volcanic origin in the Pacific Ocean.

71. Edible, starchy tuberous root of taro plants.

72. Cancel an action.

73. Order by virtue of superior authority. 74. Prolonged period of time.

75. Specific piece of work required to be done as a

76. Pay back. 77. English monk and scholar.

blending soul and calypso. 68. Pan with a convex bottom used for frying in

ANSWERS IN THE CLASSIFIEDS

ADOPT A PET

Crush

Crush is the man of the hour at the shelter. This guy is a real ham. He so enjoys the company of the dogs that he spends a little time each morning trying to figure out how to sneak into the kennels to play with his pals. I think that Crush would like to

The AuSable Valley Animal Shelter is a participating member

AuSable Valley Animal Shelter is located at:

5786 Fairground Lane, Grayling

Use the entrance to the Crawford County Fairgrounds

Hours: Open 10 to 3 pm Monday thru Saturday, 10 to 12 pm on

Sundays and Holidays

After hour appointments available. Call (989) 348-4117

For more pets or more information, visit our website www.ascc.petfinder.com

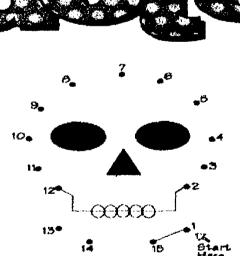
of the Very Best Pet Network.

60. Tight.

Chinese cooking. 70. Bark in a high-pitched tone. 71. Acronym for Educational Activities Board.

61. Town was called Castroglovanni until 1927.

·O·O·O·O·(



2 slices (1 ounce) Monterey Jack cheese 1 tablespoon unsalted butter 4 large basil leaves (optional) 1/2 tomato, sliced

California Triple Cheese Grill

3 slices herb bread (approximately 1/2inch thick)

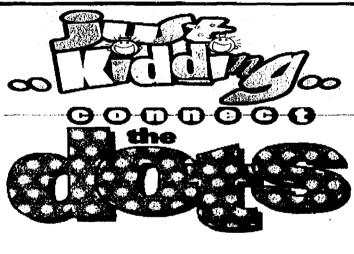
ed. Cut in half and secure each half with a toothoick. Serve warm.

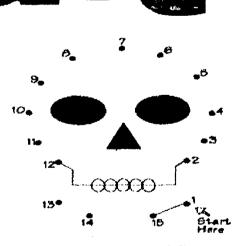
- 2 teaspoons dijon mustard
- 2 slices (1 ounce) cheddar cheese 1 ounce thinly sliced ham

Melt butter in small pan. Brush a little butter on both sides of one slice of bread and press in a non-stick sauté pan over medium-high heat, turning once to grill both sides. (This will become the middle layer of the sandwich.) Spread one teaspoon of mustard on bottom slice of bread (not grilled piece.) Place one slice of cheddar cheese on top. Cover with sliced ham. Place one slice of Monterey Jack on top and cover with the grilled slice of bread. Place one slice of cheddar cheese on top of grilled slice. Top with basil leaves, if using, and tomato slices. Cover tomatoes with two slices of pesto or jalapeño cheese, and one slice Monterey Jack. Spread one teaspoon mustard on bottom of top slice and place on sandwich. Brush remaining meited butter on bottom and top of sandwich and fry over medium-high heat until golden and cheeses are melt-

cheese



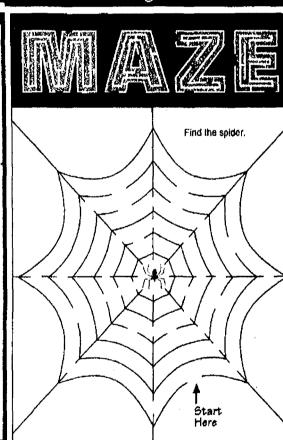




FIRRCE GRISLY GROTESQUE SAVAGE

HIDFOUS THE WORDS READ UP, DOWN AND ACROSS. GORGRISLYE

EDRHIDEOUS TISAVAGEYU 1 B G S F I E R C E GROTESQUER RORLSCAEYB IMYYMORBRA MGROTESQAC EHORRIFICA HIDEUSWMSM



3(3)For the week of October 25, 2007



February 18

February 19-

March 20

A storm is brewing at home. Sit tight, Capricorn, and wait for it to pass. Do not get involved, or you could face a surge of anger. A relationship January 19

ln a guandary.

Aquarius? Think with

will suffer. Think with

your heart, and you

your head, and you

finances begin to look

will succeed. Your

up with a small

lt's getting very

fact from fiction at

home. Roll with the

punches, Pisces, and

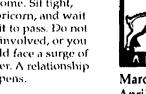
their own. A business

relationship requires

extra attention.

let things work out on

difficult to tell





April 20-

CLWIMI

May 21-

June 21

May 20

Happy, happy Aries. You're in a good mood this week, but your family is not. Throw a party and do your best to cheer them up. Happiness is contagious.

Emotions are

running high at work

Taurus, and work to

Keep to yourself,

profile. A financial

asset turns out to be

more valuable than

Darn, Gemini. In

spite of your best

efforts, you lose it

beat yourself up

about it. Everyone

gets angry now and

then. Suck it up and

with a friend, Don't

maintain a low

thought.



July 22

July 23-

August 22

August 23-

Oh no, Cancer. Instead of facing what has happened, a young pal tries to run away. Reach out to them and help them make the right

Greed gets the best

of everyone at home.

Rather than tell them

so, Leo, you might

want to show them

so. Sometimes action

speaks louder than

Tough, tough Virgo.

look. That will come

in handy this week as

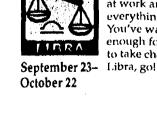
you are pulled into a

difemma. A vacation

destination becomes

You're so much

stronger than you



It's high time you took the initiative at work and moved everything forward. You've waited long enough for others to take charge. Go,

Need an objective opinion, Scorpio? ook to someone in your inner circle. They have your best interest at heart. A health issue is rectified quickly.

good meal.

October 23-November 21 Celebrate with a

A plea is made at home. Stand back, Sagittarius, and let someone else come: to the rescue. You do not have the goods to

November 22-December 21



WEATHER Courtesy of the City of Grayling

grow up to be a beagle.

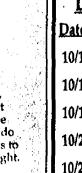
Extended Forecast (Courtesy of the Weather.com) ast Week H L Precip. Thursday Friday Saturday Sunday Mailley Tuesday 10/17 64 48 0.42 High High High High High 58 49 56 45 50 54 Low Low Low Low Low LOW

10/18 72 56 10/19 58 49 10/20 62 49 10/21 74 54 10/22 60 42 0.21

Showers Showers

28 35 Partly Cloudy

36 35 Mostly Partly Sunny Cloudy



get the job done right.

push forward. September 22 clear. FOR ENTERTAINMENT PURPOSES ONLY.

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DVERTISING ASSIFIED

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Classifieds must be paid for in advance

Display Advertising Rate - \$8.00 per column inch Deadline for Display Classifieds - 12 noon, Monday Classifieds by the word rate - \$6.00 for 15 words or

less, 10¢ per each additional word; includes Internet listing: www.crawfordcountyavalanche.com

Classified by the word deadline - 12 noon, Tuesday

ระบาท เดิดสาราชาวิทยาลัง เปรียบสมเดิมและ พ.ศ. (พ.ศ. 1951) และ เป็นสามาณสมเดิม เป็นสมัยพระสัมพิเศษที่สามาณสมาชก

Crawford County Avalanche

2-3 BEDROOM 2 bath, year round ranch in peaceful setting, on maintained road, near lakes and snowmobiling. (586) 446-0004, (586)713-7500. 6/22/06tf/1)

CHARLENE SCHEER

Broker / Owner Limited Real Estate Appraiser CRB, GRI, CRS, ABR

1. Real Estate

1. Real Estate

FIVE ACRES both sides river, both sides road. Three bedroom 2 bath ranch. Two possible bedroom plus family room, storage in walk-out basement. Pole building across road 989-348-8524. (-11-18-25-1/1)

STRUCTION Grayling, 3 bedrooms, 2 1/2 baths, large rear deck, 2 car garage, very little work to finish 4th bedroom and 3rd full bath. Please call 231-881-2640. Asking \$179,900.00. (-11-18-225-1/1)

1. Real Estate



House not what you were expecting?

of Grayling

EACH OFFICE INDEPENDENTLY OWNED & OPERATED



NICE BUILDING SITE WITH MIXTURE OF TREES. Close to snowmobile trails. 600 feet from state land at end of road. 1.4 acres. CS-2562 \$7,500



MOVE IN CONDITION Exceptionally nice 3 Bedrooms, 1 bath, Completely remodeled with new drywall and paint. New floor coverings slate tile and carpet, new light fixtures, new doors. New bath with granite vanity top. All new modern appliances include gas stove, built in micro, refrig.dishwasher, washer and dryer. New roof and vinyl siding. New concrete porch and sidewalk. Finished Garage. Must Seel Immediate Occupancyl CS- 2566



EXTREMELY WELL MAINTAINED HOME 2 bedroom, 2 full baths offers 980 sq. ft. Open floor plan with vaulted ceilings, walkout patio door onto side deck. Beautiful kitchen with ample cupboards and kitchen island. Natural gas heat and central air, vinyl siding and vinyl thermo windows. Insulated skirting. Cement driveway and sidewalks: 2 car detached garage with electric door opener and work bench. Nicely landscaped, A must see. CS-

2604 \$58,000



100' FRONTAGE ON BEAUTIFUL LAKE MARGRETHEI Open floor plan with cathedral



It's easy to get lost on the trail to the perfect home. With want-ads sometimes promising more than you actually find, you can waste a lot of time getting nowhere,

> Unless you've got RE/MAX.

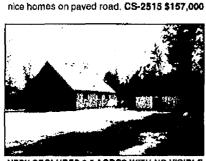
Experienced RE/MAX agents do the hard work so you don't have to. They know the markets they work in, so they're likely to know the home that's just right for you,

It's a big world out there. Fortunately for you, we've got it covered.



DISTINCTIVE ARCHITECTURE This ultimat cedar sided home offers all you want. 3 bedroom, 2 bath, vaulted cellings. Appliances include stove, refrigerator, built-in dishwasher, built-in microwave, washer and dryer. Gas fireplace with stone surround. Large cedar deck. Sprinkler system, Very nice subdivision off 4

Mile Rd. with mature trees on cul-de-sac with



VERY SECLUDED 2.5 ACRES WITH NO VISIBLE NEIGHBORS. Property adjoins thousands of acres of state land on two sides offering abundance of wildlife and trails. This up north home features 1,660 s.f., three bedroom, and two baths. Large kitchen and utility room with pine flooring. Two zone hot water B/B heat and a Fisher wood-stove. 28 x 32 garage / pole barn, two decks, and balcony off upstairs bedroom. Seller is a licensed Rea Estate Agent in the State of Michigan. \$149,900

You're #1 with us

See us on the internet www.remax-grayling-mi.com

Office Hours: Mon. - Fri. 8 a.m. to 5 p.m. • Sat. 9 a.m. to 5 p.m. • Sun. By Appt. Only

BEAUTIFUL NEW CON-



CRAIG HINKLE Broker/Owner State Licensed Appraises

ACRES OF BEAUTIFUL LING OAKS AND PINES 792

s.f. full log cabin with unfinished interior. Vaulted ceiling, circular

staircase, propane lights, and stor-

age/sauna building. Most contents included. No well, septic, or electric. CH-2572 \$53,000

159' FRONTAGE ON THE AUSABLE

RIVER. 2,068 s.f. four bedroom, three bath

full log home situated on private setting

with mature white pines. Interior featuring

knotty pine finish, vaulted cathedral beamed ceiling, cut stone fireplace, open log staircase, and six panel pine doors.

Exterior offers 30x30 garage, 10x32 cov-

ered porch, and 10x62 rear covered porch

BEAUTIFUL NEWER RANCH HOME LOCAT-

ED IN SHERWOOD FOREST. 1,300 s.f., 3 bed-

room, 2 bath, and full basement. Vaulted ceiling

with secluded views of the back yard. Spacious

kitchen with ample cupboard and counter space. Ceramic tile flooring in baths, kitchen, and entry.

onto large deck, and central A/C. 24 x 24 attached heated garage, concrete drive and side-

MOVE RIGHT IN Nicely wooded site. Newly

remodeled 1,090 s.f., 3 bedroom Chalet in

Warblers Hideaway. Cathedral ceilings with

skylite. Upstairs bedroom with doorwall onto

balcony. Drywall interior, open staircase,

wood stove hookup and freshly painted.

Dishwasher, stove and refrigerator included.

Immediate "Turn Key" Occupancy. CH-2594

800-731-4002

walks around home. CH-2590 \$159,500

CH-2587 \$248,900

estate agent but just don't seem to be able to get your business rolling? Do you want to get your business into high gear? Are you willing to work hard at increasing your business? If you are willing, and if you desire a full time successful career, then we are willing to help every step of the way with no desk fees. We can make it happen, but space is limited; call now and arrange a time to discuss your successful future. 348-5474, ask for Randy. (-18-25/1)

1. Real Estate

ARE YOU A LICENSED real

lots, two river accesses, 5 miles east of town. \$85,000 989-348-4840. (-4-11-18-25/1)

TWO BEDROOM CABIN on 2

1. Real Estate

NEWLY BUILT 1056 sq.ft., 2 bedroom, 2 bath, one public river access, one private access, 5 miles east of town \$125,000, 989-348-4840. (-4-11-18-25/1)

2. For Rent

APARTMENTS

SENIOR

AVAILABLE at The Brook Communities. Retirement Offering Independent and Assisted Living. Lots of amenities, activities, beautiful surroundings and affordable living. Communities located in: Houghton Lake (989) 422-7200, Roscommon (989) 275-4000, West Branch (989) 343-1400, Gladwin (989) 426-8700. Call or stop by today for a personalized tour. (5/10/2007tf/2)

2. For Rent TWO BEDROOM apartment

VISA

with garage, air conditioning, heat stove, refrigerator, dishwasher, washer & dryer. 989-348-8471, (10/4/07tf/2)

\$425 and up, some pet restrictions. Also, trailers for sale. 348-5278. (9/28/06tf/2)

FOR RENT 1 bedroom lower

MOBILE HOMES 4 RENT

unit apt. Immediate occupancy. \$455 per month plus heat. Call 989-348-4006. No animals. (-18-25-1-8/2)

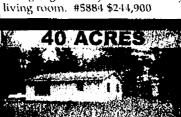
OFFICE SPACE 570 sq. ft. for lease in the Industrial Park. 989-348-6460. (9/27/07tf/2)



ON LAKE MARGRETHE with 50 feet of andy beach front! 2,075 sq. ft. log home renovated to restore it's natural beauty. 3 bedrooms, 2 baths, loft, 2 incredible stone ireplaces, large living room and massive



Lake Margrethe shared beach, parks, assigned boat slip, quiet natural setting plus a 4 bedroom, 2.5 bath home on 1/2 acre. Tons of storage, grand foyer and 2 story



40 acres of awesome property! State Land on all 4 sides with ALL YEAR round access, outside hand pump and a oath to the bath. \$120,000



woods, 24x40 cabin, drywall is hung, but needs to be finished. 1.5 bath, block storage building, and a 12x16 bunk nouse too. Great get-a-way cabin, or inish for your new home, #5869



paths, master suite with jet tub and separate shower, huge family room with gas log fireplace, 30x48 pole barn and 20x24 insulated shop and so much more. #5842 \$219,000

Residential



120 wooded acres surrounded by the Pere Marquette State Forest. Cozy log sided cabin has 2 bedrooms, stone fireplace, gen erator, gas and electric lights, hand pump well in kitchen, pond, and 5 heated blinds. #5922 \$330,000. or 80 acres w/cabin for \$250,000 or vacant 40 acres for \$96,000

40 ACRES

Beautiful 40 acre parcel off of a county maintained road. Great hunting property or awesome land for your dream home. Prime area...drive-by and check it out

#5704 \$85,000.00



oak and pine and should be excellent habitat for deer and other forest critters. This property offers the opportunity for seclusion based on size and location but with maintained road access and power available. 5758 \$119,500.00



Near the Lake! This mobile is in new condition. Offering 3 bedrooms, 2 full baths, new carpet, fresh paint, 2 car garage all on a beautiful lot. All this for only



Immaculate 2 bedroom, 2 bath home with a full finished basement and a two car garage situated on a double lot located next to the Grayling Middle School, Home features hardwood and ceramic tile flooring, ceiling fans and nice landscaping. A deal at #5761 \$87,000

Beautiful sunsets can be yours on 53

feet of east shore Lake Margrethe

frontage with a 360 foot deep lot. Two

bedrooms, one bath and a 2 car

garage. Cement patio between house





Rustic up North get away cabin. Located on 10 acres great for hunting and snowmobiling. Seasonal road. The cabin is operated by generator only and has a path to the bath. Rolling hills, all around nature at it's



20 acres of property!! This mobile home offers 2 bedrooms and 1 bath. Property has shed and 2nd trailer. All this located

n the Lovells area for only

\$65,000.00 #5651



Electricity is adjacent. Nicely wooded 20 acre parcel, mostly hardwood; oak, maple, poplar, and white pine. Located on a dirt road that is accessible up to the neighbor's driveway year around. We will find out as soon as we get a bunch of snow if it is plowed in front of this property in the winter. #5919 \$48,000.00



Perfect for the snowmobile enthusiast. Large detached storage building 18 x 36 for all the toys. Charming 3 bedroom home with 1.5 baths and attached garage. Fireplace and formal

dining room. Sun porch is a great place to relax. #5662 \$98,000 COMMERCIAL



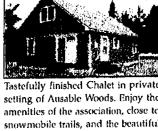
Commercial building with high visibility from Old 27 and County Road 612, in Frederic. Lot is approx. 100 x 200 and the building is 1456 S.F. with an office and bathroom facility. Mobile home slab on property. \$89,500 #5790

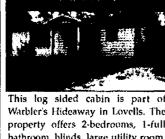
Crossword

Answers

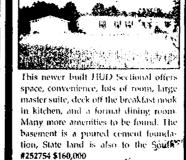
• 5688 M-72 West • Grayling. MI 49738 • 989-348-5474 • www.century21grayling.com •



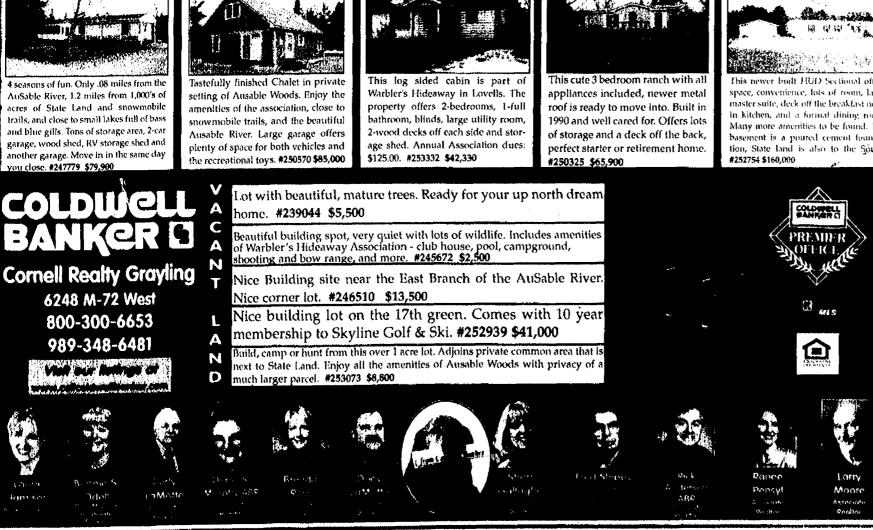


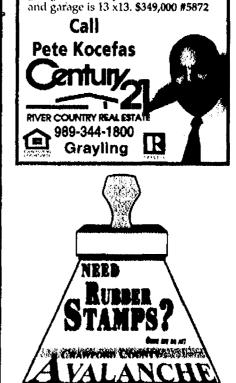












2. For Rent

NICE CLEAN 2 BEDROOM mobile with garage, washer/dryer and appliances. \$450, no pets. 989-348-2418. (-11-18-25/2)

ONE BEDROOM IN TOWN \$400/month, no pets, references. Call 231-675-1619. (8/9/07tf/2)

PRIVATE FRIENDLY ROOM Storage, share kitchen, bath, my home. M-72. Only \$220 monthly. 989-348-7506. (-25/2)

FOR RENT UPPER DUPLEX 3 bedrooms, new bathroom. \$500 per month, \$500 security deposit, plus utilities. 989-348-2466. (10/25/07tf/2)

BEAUTIFUL, CLEAN fully furnished 3 bedroom home just steps away from Higgins Lake. Available immediately, \$625 per month, no pets, non smoking. Call 231-218-8529. (-18-25-1/2)

WAREHOUSE SPACE 1,200 sq. ft. for lease in the Industrial 989-348-6460. Park. (9/27/07tf/2)

FOR RENT 2 bedroom home on 5 acres. \$550 per month plus utilities, \$400 security deposit. Call after noon 989-821-6297. (-25-1/2)

ONE BEDROOM DUPLEX Includes lawn care, trash pick up & snowplowing. No smoking. \$395. 808 A Park Street. 989-348-2178. (9/27/07tf/2)

FOR RENT 2 BR home on the Manistee River. Freshly remodeled, beautiful views, garage, partial basement, storage building. No smoking. Available November 14th. \$650/month + \$650 security deposit. Contact Craig Hinkle for application at 989-348-7440. (-18-25-1-8/2)

CLEAN 2 BEDROOM with shed references and security deposit required. \$400 a month, no pets, 989-348-8386. (-4-11-18-25/2)

CLEAN 2 BEDROOM with garage, 5 miles east of Grayling, Security deposit, references required, no pets, \$450 a month 989-348-8386. (-4-11-18-25/2)

FOR RENT nice 2 bedroom in the city. Washer and dryer, \$550 a month, \$550 security. Please 989-348-2466. (10/11/07tf/2)

TWO BEDROOM apartment located in town utilities included, \$650 per month. Call 710-1194 or 370-2745. (-18-25/2)

TWO BEDROOM DUPLEX appliances, heat, garage \$650 a 989-390-0027. month (10/18/07tf/2)

HOME FOR RENT three bedroom, 2 bath, security deposit, utilities, no pets 989-348-8621. (-18-25/2)

COMMERCIAL FOR LEASE

900 sq. ft. Great location, private bath, air. Get in on the ground floor! 989-348-6528

2. For Rent

HOUSE FOR RENT Partially furnished 3 bedroom 2 bath close to 75. Utilities included, garbage pickup, plow-lawn \$800 monthly + security 989-344-0309. (-18-25-1-8/2)

VERY NICE HOUSE for rent two bedrooms, 1 bath, full basement, washer, dryer, storage shed, across from state land \$450 a month plus security 231-275-3138 leave message. (-25/2)

FOR RENT 1,400 sq. ft., 3 B/R, 2 bath with 150' frontage on the Manistee River. Includes 2 car garage, gas fireplace and is adjacent to state land. \$650/month + security + utilities. No smoking. Please call Craig Hinkle for 989-348-7440. application (10/25/07(f/2))

3 BEDROOM on May Lake with 2 car garage. 6108 Cindy Lane, Frederic. 989-450-9742. \$600 monthly. Great view. (-25-1-8/2)

LOOKING FOR PEACE AND quiet? Two bedroom house 1/2 mile from Bear Lake, \$490 a month plus utilities. Call 231-275-6887. (-25/2)

THREE BEDROOM ranch home, extensive remodeling complete. Natural gas, nice neighborhood, 1 1/2 bath, garage, nonsmoking. \$710, 1056 Little John Ave. 989-348-2178. (10/25/07tf/2)

3. Employment

MARINE SALES Become part of a growing franchise-recreational business in Grayling, MI. Sell new and used marine and power sports. Responsibilities include sales and marketing. Position requires 3-5 years of proven sales experience, industry specific preferred, along outstanding people skills. Must have valid driver's license. Fax resume to 989-348-8367 or emavrick_67us@yahoo.com. (-4-11-18-25/3)

MECHANIC Recreational business in Grayling, MI is seeking a mechanic for the service and repair of boats, I/O's, outboards, motorcycles, ATV's, and snowmobiles. Position requires 3 years relevant experience and/or completion of technical training, excellent diagnostic skills, own tools, and a valid driver's license. Fax resume to 989-348-8367 or mavrick_67us@yahoo.com (-4-11-18-25/3)

OFFICE MANAGER business Recreational Grayling, MI is seeking an Office Manager with 3-5 years experience. Responsible for day-to-day functions including; accounts receivable, accounts payable, bank reconciliation, quotes, correspondence, and spreadsheets. Must be proficient with QuickBooks Pro, Microsoft Word and Excel. Strong customer service skills required. Must have valid driver's license. Parttime 20-30 hrs per week, with some Saturday work. Potential to become full-time. Fax resume to 989-348-8367 or e-mail to mavrick_67us@yahoo.com. (-4-11-18-25/3)

2. For Rent





We are now accepting applications for new **Emery Pines Community**

The new community is offering 3 bedroom, two full baths, walk-in closet, dishwasher, central a/c, laundry hook-up, window treatments, garbage disposal, frost free refrigerator, playground area, approx. 1100 square feet of living area and a beautiful country setting.

Emery Pines Community is located off of Emery Rd, between Reserve Rd and M-18

Rents start at \$535.00 per month Receive up to \$400 off moving expenses with paid receipts

> For further information or to receive an application please call 1-800-399-1911



3. Employment

MI CASE MANAGER: Full time position in Grayling or Houghton Lake. Assume responsibility for identifying service needs and developing, implementing, and coordinating an individual plan of service for each assigned consumer. Will act on behalf of consumers to assure that services are offered consistent with the NLCMH Board's mission statement and applicable policies and procedures. Will be an active participant in the units seeing adults with mental illness. Will provide supports coordinator/case management services to assigned individuals. The core elements of case management include assessment, service plan development, linking/coordinaof services. tion reassessment/follow-up, monitoring of services. Must strongly believe in recovery and have a commitment to creating and maintaining a culture that expects recovery. Bachelor's degree in a mental health related field from an accredited college or university required. Since this position also includes treatment responsibilities beyond case management, i.e. crisis intervention, other assessment, therapy services, etc. must have a current Michigan license as at least a Licensed Bachelor Social Worker which allows this level of independent professional practice. NLCMH offers excellent benefits and competitive wages. Send resume to: Human Resources, Northern Lakes CMH, 105 Hall St., Ste A, Traverse City, Ml 49684 EOE www.northernlakesemh.org (-25-1/3)

3. Employment

3. Employment

DO YOU HAVE a real estate license? I would like the opportunity to speak with you about working with us at Century 21. We offer great agent support, training specific to your needs, a professional friendly staff, no desk cost and even a signing bonus to licensed agents based on experience and past success. Call Randy Thompson at 348-5474 today, as space is limited. (-18-25/3)

WANTED RN'S LPN's and CNA'S for home health care positions in the Cadillac and Lake City areas. Call 1-888-881-7922. (-18-25/3)

ATTENTION DRIVERS no experience necessary. TMC Transportation needs drivers. \$650 per week guaranteed. Off weekends. Local CDL training. 800-882-7364. (-27-4-11-18-25-

LOCAL CONSTRUCTION COMPANY has an opening for a full time carpenter with experience in all aspects of building to include framing, doors/windows, siding, interior trim work, etc. Qualified individual must be prompt and reliable. Must have a valid Michigan drivers license and be insurable under our automobile policy. We offer competitive wages, health insurance, Simple IRA, paid vacation and flexible benefit plan. Call 989-348-5477 for more information. (-25-1/3)

SALES OPPORTUNITY Must have beverage or DSD sales experience. Send resume to WMB c/o 3420 Jefferson Avenue SE, Grand Rapids, MI 49548 or fax to 616-452-9103. (-25/3)

3. Employment

Licensed Nursing Home Administrator opening. Skilled 61 bed facility overlooking beautiful Houghton Lake. Previous experience as NHA required. Responsibility is to be accountable in the successful operation of the facility in accordance with policies, procedures and budgetary guidelines. Keen problem solving skills and customer service knowledge.

Apply to Paul Gustafson, Regional Director of Operations, 29601 English Way, Novi, MI 48377 or email paul.qustafson@ccgcares.org Phone number (517) 204-3330.

REGISTERED NURSES **EMERGENCY DEPARTMENT**

Mercy Hospital Grayling is looking for a Registered Nurses to fill full-time (72 hours per pay period) positions in our Emergency Department. Candidate must be a graduate of an Accredited school of nursing and have a current RN license in the State of Michigan. 3-5 years experience in Emergency Room preferred. ACLS and excellent assessment skills required. We offer a competitive wage and benefit program including medical, dental, vision, employer-paid life, long-term disability, and flexible spending accounts, pension, 403B, and more. Come work in a brand new, state of the art emergency department.

REGISTERED NURSE MDS COORDINATOR - LONG TERM CARE

Mercy Hospital Grayling currently has an opening for an MDS Coordinator at Mercy Manor, our 40 bed Long Term Care Facility. Qualified applicants will have a Current Michigan Long Term Care License and previous med/surg or long term care experience. Previous MDS experience preferred but not required. We offer excellent benefits and compensation.

Interested candidates please contact:

Organization and Talent Effectiveness Dept. **Grayling Mercy Hospital** 1100 Michigan Ave Grayling, Michigan 49738 Phone: (989) 348-0570 Fax (989) 348-0485 E-mail slewis@trinity-health.org

GUDA hosting Meet the Candidates for City Council Monday, October 29, 2007, 5-7 p.m. Deveraux Library. (-25/3) 4. Services Offered

3. Employment

SEWING, ZIPPERS, QUIL-TER Military welcome, open 6 days a week. (989)348-9349. (1/11/07tf/4)

RTH HOME IMPROVE-MENT all your interior and exterior needs. Garages, additions, drywall, painting, roofing, siding, decks, and more. Licensed and insured, free estimates. Rob Harrington 989-344-1383. (-9/16/04tf/4)

D. HAWES/DRIVERS TRAIN-**ING** Northern Driving School, currently providing driving instruction in Crawford County, is now taking reservations for upcoming classes. Grayling -September, November, January, March, May, and summer 2007. Segment I, \$240. Segment II. \$35. (989)344-2470. (8/10/06tf/4)

PROFESSIONAL HEMMING jeans, dresses, slacks, etc. Custom bedding, weddings. 989-344-2444. (-27-11-25/4)

ROOFING, ROOFING, ROOFING all shingle, new construction, tear-offs, residential, commercial, emergency work welcome. 20 years experience. 989-348-5817, 989-390-1526. (-LR11/15/07/4)

THE LATEST DIRT EXCAVA-TION 2006 4x4 5yd dump truck. 2005 Case Extend-a-Hoe, 22 ft. reach, 36 in. bucket, 4 in 1 clam shell bucket up front. Land cleared, drain fields, ponds, buildings demolished, equipment hauling, tree, stumps, debris removal, driveways, top soil, road gravel, chainsaw work. Free estimates, senior/military discount, no job too small. 989-390-4689, Hank Feldhauser. (-18-25/4)

SNOW PLOWING Grayling, Higgins Lake area. Residential, commercial, reliable, dependable, insured. 989-348-9233. (9/6/07/tf/4)

NEED DAYCARE? Offering loving care for your child in my home. 20+ years experience. Call Lisa, 989-390-5783. (-25-1/4)

I CHARGE by the job, not by the hour. Yard work, mowing, raking, painting, cleaning pine needles and leaves off of roofs and out of gutters. 989-348-5081. (LR11/01/07/4)

LICENSED DAYCARE has immediate openings for children ages 3 years and older. Meals provided and FIA accepted. For more information, call 989-390-4548. (-11-18-25/4)

ONE MAN AND A tool bag home repair, interior exterior painting, siding, windows, etc. Scrap metal/vehicles removed. Need it done at a reasonable price? Call 989-252-1269 or 989-348-7506. (LR11/15/07/4)

GUDA hosting Meet the Candidates for City Council Monday, October 29, 2007, 5-7 p.m. Deveraux Library. (-25/4)

5. For Sale

CABIN LOGS rough sawn lumber, kiln dried lumber, tongue & groove, log siding, custom sawing. T. Warren Sawmill. 989-619-0840. (LR12/27/07/5)

F-150 REG. CAB 2WS Pick up with topper. Loaded, clean and well maintained. 94,000 miles. \$5,200. 989-745-1045 days or 348-8187 evenings. (-25/5)

3. Employment

CRAWFORD COUNTY IS SEEKING APPLICATIONS FOR VOLUNTEERS

The Crawford County Medical Examiner is seeking volunteers for the position of medical examiner investigator. Ideal candidates would be individuals experienced as emergency first responders, such as former law enforcement officers, nurses, emergency medical technicians, etc. and serve at the will of the Crawford County Medical Examiner. A volunteer would be required to be available to visit any given location within Crawford County when called for the purpose of forensic data communication. The preferred applicant will possess strong communication skills, deductive reasoning aptitude and problem solving ability. It is anticipated that the successful candidates will visit around 10 death scenes per year. Interested candidates should send their resume to the Crawford County Administrator, 200 W. Michigan Ave., Grayling, MI 49738. The deadline for consideration is 3:00 pm on Friday 11/09/07. Crawford County is an Equal Opportunity Employer.

5. For Sale

ALL SEASONED FIRE-WOOD delivered to your door. Cut, split, \$60 per face cord. 989-390-4806. (-25/5)

FOR SALE 16 1/2 foot Sylvan Super Snapper fishing boat. 30 HP Johnson w/ electric start, 2 props, 2 gas tanks, rod holders, new tires, bearings and trailer guide posts. \$2,800. 989-348-2495. (9/27/07tf/5)

APPLIANCE SERVICE you will tell your friends about. Over 40 years experience. P&C Appliance Service. 989-348-0167. (-25-1-8-15/5)

FOR SALE tractor tire chains (fits Ford 8N), \$175 (paid \$300 new) 989-344-1678. (-18-25/5

WAKELEY'S FIRE WOOD fully seasoned oak \$55 a face cord. Cut, split and delivered. 989-275-4574. (-18-25-1/5)

FOR SALE Magic Chef 18.5 refrigerator and Taizsan electric range almond like new \$150 for both 989-348-7713. (-25/5)

FREE one electric range, one gas range, one dryer, one refrigerator, two console televisions 989-348-5911 or 989-350-9972. (-25/5)

FIREWOOD seasoned oak split and delivered \$60 per cord 989-348-5124. (-25/5) 1999 POLARIS XC 500 snow-

mobile. 3,800 miles, very nice. \$1,400, OBO. 989-390-0818. (-25-1/5)

SIX FOOT POOL TABLE with all accessories \$100 firm 989-348-9854. (-25/5)

RECONDI-USED AND TIONED appliances our stock frequently changes 989-348-0167 ask for Paul. (-25-1-8-15/5)

SEASONED OAK cut, 16-18" split, damp needs to dry, 3 cord minimum, delivered, \$65 a cord Grayling area, other area \$75, 989-348-7046. (-25-1/5)

FOR SALE two upholstered rockers with ottoman \$50, round drop leaf coffee table \$25, large stack of rough cut hardwood \$50, hunting clothes, key board and stand \$35, 2 high chairs, John Deere snow blower \$50, 989-348-6119. (-25/5)

6. Wanted

WANTED-SCRAP VEHÍ-CLES top dollar paid. Pick up available. 888-471-3818. (3/3/05tf/6)

WANTED TO **BUY** Rittenhouse cottage furniture. 248-851-7585. (03/2/06tf/6) ·

GABBY'S IS PAYING \$200 for your junk vehicle. I pick up. Call 231-258-5726. (-4-11-18-25/6)

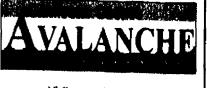
WANTED MALE ROOM-MATE Nonsmoker. References required. 563-528-0838. (-4-11-18-25/6)

BUYING JUNK VEHICLES Price varies with size but will pay the most. Call Don at 231-587-0856 888-468-7313. or (10/11/07tf/6)

WARREN FOREST PROD-UCTS We buy standing timber and sell firewood by the loggers cord. Call 989-348-7133 during the day and leave a message. Evenings call 231-229-4845, ask for Chan. (LR12/27/07/6)



THE CLASSIFIEDS



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7. Miscellaneous

LOST BEAGLE Tri-colored, named Bailey. East 72 area. Reward. 348-8462 until Oct. 28, than 348-8462. (-25-1-8/7)

AVALANCHE OFFICE HOURS: Monday through Friday, 9 a.m. to 5 p.m. 102 Michigan Avenue, Grayling -(989) 348-6811

Screen Printing & Embroidery

-Shirts, Sweatshirts, Jackets. Hats, Event & Corporate Apparel, Signs & Banners ~Since 1987~ First Impressions Sportswear

Pete Kocefas

8. Announcements

MIP and anger management programs. GRACE Center, Grayling. 989-348-2544. (10/11/07tf/8)

FANNIE FINN'S/Doug Meroney is offering quality home and on-location portraiture, just in time for Christmas. Previous portraits are now available on CD or DVD. Grayling Construction pictures are on-line. Visit www.fanniefinn.com for details. (-25/8)

HARDBODYZ SPORTS CLUB **Group Fusion Classes** Starting Oct 23 at 6p.m. **CALL TODAY 348-7199**

8. Announcements

GUDA hosting Meet the Candidates for City Council Monday, October 29, 2007, 5-7 p.m. Deveraux Library. (-25/8)

COME ONE COME ALL to the 17th annual craft show and bake sale at the Grayling Eagles Club, 602 Huron (M-72 East), 9 a.m. to 4 p.m., November 3. Lunch available, non smoking event. (-25-1/8)

CONSIGN IN GRAYLING Resale shop will be offering appraisals by a certified appraiser on Nov. 3 & Dec. I from 10 a.m. to 1 p.m., a two item limit @ \$5 each. Any questions please call 989-390-4920. See you then. (-25-1/8)

8. Announcements

1/2 OFF EVERY ITEM Recently closed store front selling all gifts from our home. A little bit of everything. Every item is sold at cost or below. McMaster's Bridge Road (F-97) just north of river. (-25/8)

ARE YOU ONE of them? Many people have thought about having a career as a real estate associate; if you are one of them, please give me a call to arrange an appointment to discuss a new and exciting professional career for you. I would love the opportunity to tell you all about this exciting business! Limited space is available, so call Century 21 at 348-5474 today and ask for Randy Thompson. (-18-25/8)

8. Announcements

NOW IN GRAYLING the Krystal Star Center of baton twirling, dance, gymnastics, cheers & poms. New classes now forming. Call 989-348-6542. (-11-18-25/8)

Attention All Youths

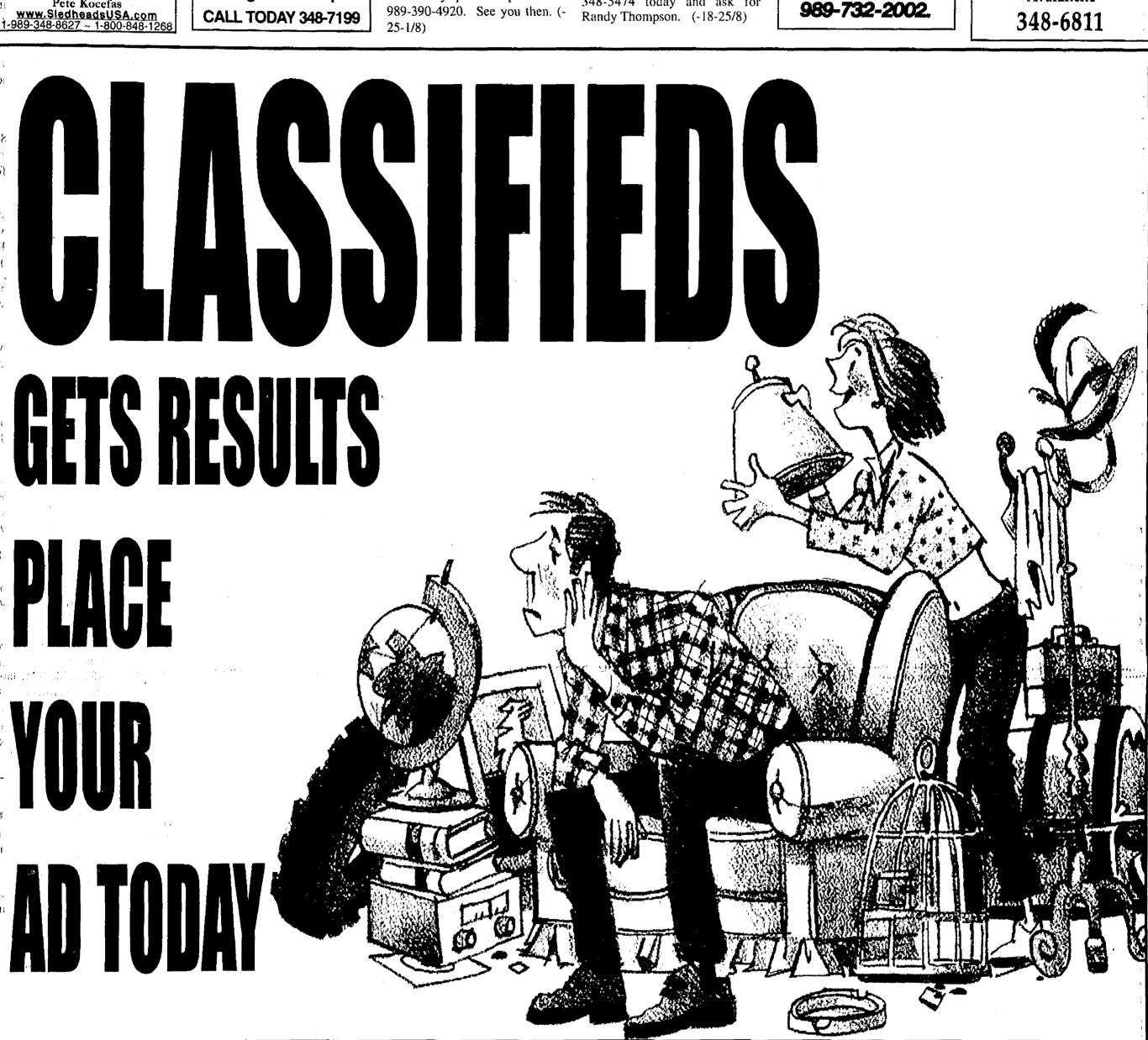
If you are interested in raising, caring and auctioning a livestock project for the 2007-2008 year, contact the newly formed non-profit **Otsego County Youth** Livestock Program

8. Announcements

Parent & Kids Oct 31st Trick or Treat 5pm-7pm HARDBODYZ SPORTS CLUB CALL TODAY 348-7199

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2a. Want To Rent

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Categories (Circle One)

- 1. Real Estate
- 2. For Rent
- 3. Employment
- 4. Services Offered
- 5. For Sale
- 6. Wanted
- 7. Miscellaneous 8. Announcements
- 9. Personals
- 10. Garage Sales

11. Automotive

\$6.50 \$6.40 \$7,30 \$7,20 \$7.10 \$7.90 \$7.80 \$8.00

\$6.20 \$7.00 \$6.90 \$7.70 \$7.60 \$7,50 \$7.40 \$8,40 \$8.60 \$8.70 \$8.30 \$8.50 \$8.20 \$8.10 \$9.10 \$9.30 \$9,40 \$9.00 \$9.20 \$8.90 \$8.80 \$9.80 \$9.90 \$10.00 \$10.10 \$9,50

CLASSIFIEDS MUST BE PAID IN ADVANCE BY TUESDAY NOON



2008 GMC SIERRA SLE 2007 GMC SIERRA 2008 BUICK LUCERNE Power windows, locks, drivers EXT CAB 2500 Power windows, locks, air, tilt, cruise, AM/FM CD, XM Radio, HD AM/FM CD, air, cruise, #10494 #8U13821 trailering equipment. #10901 39 mo. 0 Down Smart Lease....\$339.89 39 mo. 0 Down Smart Lease... GM Discount Lease..... SALE PRICE. SALE PRICE ..\$21,762 ..\$19,702 GM DISCOUNT PRICE. GM DISCOUNT PRICE. GM DISCOUNT PRICE. 2008 PONTIAC G6 REHIGH STAH, XMITH CD, BOWER 2007 GMC CANYON XMPM CD, air, titl, cruiss, XBS. #10743 2007 SIERRA REG. CAB XNVFM CD, XM Radio, auto., SHtiwindows, locks, sir, tilt, cruise.

löck brakes, tilt, steering. #10685 GM DISCOUNT PRICE. .\$14,190 ...\$12,224

2008 PONTIAC VIBE Auto., air, power windows, locks, AM/FM CD, cruise, remote keyless entry. #10881

39 mo. 0 Down Smart Lease....\$289.89 GM Discount Lesse..... GM DISCOUNT PRICE.. 2007 PONTIAC G5 Auto., air, tilt, remote start, cruise, AM/FM CD. #10254

SALE PRICE.

GM DISCOUNT PRICE.

GM DISCOUNT PRICE.. 2008 GMC ENVOY AM/FM CD, XM Radio, On-Star, power windows, locks, air, tilt, cruise. #10851

GM DISCOUNT PRICE..

2008 PONTIAC

GRAND PRIX

AM/FM CD, XM Radio, On-Star, auto., air, tilt, cruise. #10834

39 mo. 0 Down Smart Lease....\$299.89 GM Discount Lease.....\$259.89 SALE PRICE. GM DISCOUNT PRICE..

Power drive & pass. seats, Am/FM CD, XM Radio, power windows, locks. #10911 SELECTION

2008 GMC ACADIA

39 mo. 0 Down Smart Lease....\$429.89 \$399.89 GM DISCOUNT PRICE.

2008 GMC SAVANNA **EXT CARGO VAN** Titt, cruise, AM/Fm radio, air conditioning. #10869 GM DISCOUNT PRICE.

Power windows, locks, AM/FM CD, air, cruise, tilt, 6 pass. seating. #10905 39 mo. 0 Down Smart Lease.. GM Discount Lease....

PREVIOUSLY 2004 Chevy Trailblazer 4x4, t/S, Ext. Blue....... 2004 Pontlac Grand Priz GTZ, Graystone, Sunroof, Loaded....\$16,589 2007 Saturn Aura XE, Red..

2006 Buick Lucerne, Loaded, Low Miles...

2004 Buick Rainer, AWD, Leather, Loaded.

2005 Trailblazer, 4x4, On-Star, Silver, L/S,

2004 Chevy Monte Carlo \$8, Loaded....

Nice Vehicle..

Black Off Road..

2004 1500 Ext. Cab 4x4, Pewter, Very Low Miles...

2006 Pontiac Montana SUV, All The Toys.....

2007 GMC Canyon Crew Cab 4x4, 9,000 Miles,

2003 Chevy Silverado 4x4, Leether, Loeded, Low Miles.....

2005 GMC Envoy 4x4, Silver, Sunroof, Cloth, New Listing......\$19,489

#10765

39 mo, 0 Down Smart Lease....\$249.89

2008 PONTIAC

TORRENT

Leather seas, power sunroof,

remote start, chrome wheels, heated seats, 6 disc CD, Xm

Radio. #10823

\$17,663

..\$16,040

\$16,889

...\$18,989

..\$19,389

..Sale Price \$18,969

..Sale Price \$14,789

ACROSSE

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GM DISCOUNT PRICE.

SALE PRICE

GM DISCOUNT PRICE.

SALE PRICE...... GM DISCOUNT PRICE.

2008 BUICK L

2008 PONTIAC G6

AM/FM CD, auto., air, power windows, locks. #10985

CM Cerufied 1996 Chevy Venture, Power Silder, Quad Buckets, Low Miles...\$6,969 2001 Buick LeSabre, White, Custom.. 2004 Pontiac Grand Am, Black. 4 GMC Ext. Cab SLE 4x4, Blue. 6 Chevy Cobelt, Only 10,000 Miles...... 6 Saturn Ion 2, White......Sale Price \$12,689 4 Buick LeSabre Limited, Black 10793A..... 2001 Chevy Silverado Ext. Cab,

with Fiberglass Top......This Week only \$10,696 2007 Chevy Mellou, LJT, V-6, Very Cleen......Menager Pick \$13,968 2005 Pontine Vibe, FWD, Gray, Auto., AC, Sunroof, PW, Crutee. 5 Buick Lacrosse, CXL, Silver... 2006 Pontiac G-6, Cyl., White, Adj. Pedale, New Listing...... 2005 Pontiac Grand Priz, Low Miles, Clean, black...... 2005 Buick Rendezvous, FWD, Red,

Sale Hours: Mon. & Thurs, 8 to 6

Tues., Wed. & Fri. 8 till 6 Sat. 9 till 2

> Service Hours: Mon. 8 till 8

Tues. - Fri. 8 till 5

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9. Personali

HAPPY SWEET SIXTEEN Danyelle Crowder, we love you. Uncle Gary, Aunt Heather and Macy. (-25tygd/9)

ADVERTISING DEADLINES: Regular Display - 1/2 to full page, 5 p.m. Thursday, All others 5 p.m. Friday. Classified Display - 12 noon Monday, Classified by the word - 12 noon Tuesday. These deadlines may change with notice due to holidays or special publication. (989) 348-6811

10. Garage Sales

TOO MUCH STUFF no storage sale. Antiques, iron wheels, wood stoves, washing machines, Franklin fireplace, tractors, parlor organ, much more Friday, Saturday, Sunday, Wellington Farm Park, Military Road. (-25/10)

ESTATE SALE new floral sofa bed, double bed, large dresser, TV, microwave, small tables, dishes, jewelry, lots of goodies 308 Lawndale, Apt. #55, Friday-Saturday, 9-5. (-25/10)

9. Personals

Happy 75th Birthday Open House Birthday Bash Kaye Welch

11. Automotive

I Automotive

CAR DETAILING Let JJ's Motor Mall make your vehicle sparkle inside & out! 348-7710. (5/31/07tf/11)

AUTO GLASS repair and replacement now available at JJ's Auto Glass. 348-7710. (9/29/05tf/11)

FOR SALE 1965 MUSTANG Needs some work, \$3,500. Serious inquiries only. 989-348-2495. (9/20/07tf/11)

WANTED DEAD OR ALIVE Paying cash for cars and trucks. Quick pick up. 989-786-3932. (-25-1/11)

1988 CHEVY BLAZER S10 143,000 miles, 4 wheel drive, blue book \$1200, your price \$795, 989-348-3932. (-25/11)

FOR SALE 2000 S10 Hyrider good condition 4WD, PB, PS, air, radio, CD and tape player, ext cab, 3 door, by owner 989-275-9600. (-25/11)

1999 AURORA \$3,200 OBO, Kelly BB \$3690, phone 989-348-5496. (-25/11)

1995 DODGE CARAVAN needs gas tank and fuel pump, ran good before \$450, 989-348-6119 (-25/11)

CAN'T FIT THE CAR IN THE GARAGE? Sell those extra goodies quick with an ad in Avalanche For Sale Classifieds. (989) 348-6811

11.Automotive

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Oil change (up to five quarts of oil) Oil filter

 Chassis lube Fluid level checks Brakes - differential transfer case - transmission - windshield washer 25-point inspection

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Auctions

DANIEL BOONE LOG HOME Auction. Ann Arbor, MI - Sat. Nov 10. 26 New log home packages to be auctioned. Take delivery up to one year. Package includes sub-floor, logs, windows, doors, rafters, oofing, etc. Call 1-800-766-9474

Employment

#1 TRUCK DRIVING SCHOOL - Training for Swift. Werner & others. Dedicated/regional/local. Approx. \$50,000-\$70,000 yearly. Home weeklyl 1-800-883-0171 Open 7 days a week.

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34. 1-800-922-1703, M-F 8-4.

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POST OFFICE NOW HIRING! Ave. pay \$20/hour or \$57K annually including federal benefits and Ou Pald training, vacations, PT/FT. 1-866-616-7015

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- Low Back Pain
- Arthritis
- Degenerative Disc
- Lack of Energy
- Massage Therapy on site





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Because coverage for what took a lifetime to build, shouldn't be decided by the latest fad.

Auto-Owners Insurance



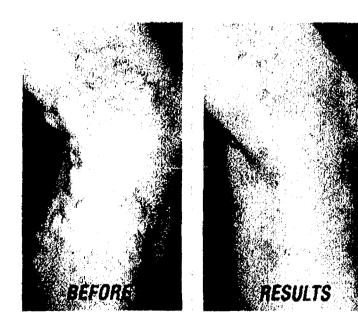




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A personal health record can benefit everyone

(ARA) – A personal health record (PHR) is more than just a compilation of your medical records. While medical records are created and maintained by doctors, hospitals or other healthcare providers, a PHR is created and maintained by you. It is an ongoing, personalized compilation of important personal and health related information about you or someone you're caring for.

"Many people think that if they're healthy they don't need a personal health record," says Denise Pozen, attorney and creator of So Tell Me... personal health organizers. "But a PHR can be beneficial to almost everyone, regardless of their health. Personal health records should contain four types of information: Personal - such as name, address, contact information; medical – doctor visits, ER visits, diagnostic tests and surgeries; medicinal – your prescriptions and supplements; and observational - such as notes from doctor visits, diet or exercise records, reactions to medications, research notes, etc. While medical and medicinal information comes from doctors and pharmacists, personal and observational information has to come from you."

People in the following situations can benefit from keeping a personal health record:

- ICE 1: In case of emergency - The stress of an emergency can make it hard to remember critical information. A PHR will give you the information you need when you need it.
- ICE 2: In case of evacuation - If hurricane, flood or fire forces you to temporarily relocate, you may not be able to visit

your regular doctor. A PHR will provide background information that might otherwise not be avail-

- As a backup to your doctors' records - Records can be destroyed by floods, fires, earthquakes, or broken water pipes. Old records can also be destroyed as part of normal file retention policy. A PHR ensures that your historical information will be available.
- If you are a caregiver You want to focus your attention and energy on the person you care for, rather than trying to remember details of their health history. A PHR will provide the tool to do
- If you have a college student - You can avoid those calls or emails asking about immunizations and medical histories by adding a PHR to your college student's dorm room accessories.
- If you are a parent You can track growth and developmental milestones, record immunizations, and keep copies of school and sports physicals.
- If you are newly (or soon to be) wed – Creating a PHR will provide background health and medical information that your spouse might not otherwise know.
- If you are a "snowbird" or have a second home – You may be seeing a doctor in more than one city. Maintaining a PHR will keep each of your doctors up-todate on your health.
- If you are proactive about your health – A PHR provides a place to record the results of diagnostic tests such as cholesterol levels, mammograms and bone density, as well as information about vitamins and supple-

ments, and diet and exercise.

To start your PHR, Pozen suggests talking to your healthcare providers (primary care doctor, dentist, eye doctor and specialists) about how you can get pertinent information from your medical records, and asking your pharmacist for information regarding your prescriptions. Then write down emergency contact information and insurance information, and make a copy of any medical directive, preferences or living will.

All the information that makes up a PHR should be centralized and easily accessible. Because not all information is available in electronic format, one or more file folders or a three-ring binder is a good way to store your information. For many, a paper-based system such as the So Tell Me... personal health organizer is the best way to start. The question and answer format and pre-printed tabs and forms make it easy to get started with tracking family history, past and future appointments, medications, tests, treatments and more. (See www.sotellmeorganizer.com for details.)

Once you start your PHR, it is important to keep the information current, make sure others know where it is kept, and take it with you to each new healthcare visit. Whether for a scheduled doctor's visit, or a trip to the Emergency Room for yourself or someone you care for, the more prepared you are and the more easily you can communicate pertinent health information, the more helpful and effective your healthcare visits will be.

(Courtesy of ARAcontent)



A personal health record (PHR) is more than just a compilation of your medical records. While medical records are created and maintained by doctors, hospitals or other healthcare providers, a PHR is created and maintained by you. It is an ongoing, personalized compilation of important personal and health related information about you or someone you're caring for.

How to follow a low-sodium diet

(ARA) – If you've recently suffered a heart attack and been told you have heart failure, don't panic. There are simple adjustments you can make in your lifestyle that may help you feel and do better.

For example, your doctor likely advised you to cut back on your sodium (salt) intake and here's why. Heart failure causes the body to hold on to extra sodium, which in turn causes extra fluid to build up in your body. The extra fluid makes your heart, work harder, which is not a good thing for a muscle already under strain.

Cutting back on sodium is admittedly a challenge because sodium is everywhere. The typical American diet has more salt in it than you may think, Processed foods, like frozen dinners, boxed noodle and rice dishes, canned soups and canned vegetables, are very high in sodium. So, even if you do not add salt while cooking or use a salt shaker at the table, you are probably eating too much.

What can you do to cut back on the sodium? Here are four tips from the Heart Failure Society of America, a non-profit organization of health care professionals and researchers who are dedicated to enhancing quality and the duration of life for patients with heart failure and preventing the condition in those at risk:

1. Stop adding salt to your food. By simply taking the salt shaker off the table, and stopping the practice of aidding salt to food when cookings, you can cut your sodium intake by as much as 30 percent. Foodls with less sodium can still be considered tasty. There are a lot of seasoning options available to space things up. These include black, cayenne and lemon pepper; fresh herbs like garlic, onion powder, dill, parsley and rosemary; lempon juice; and flavored extracts like vanilla, almond, etc.

2. Adapt preferred foods to low-sodium versions.

There are how-sodium substitutes for many of the foods you like. For example, instead of preparing a country ham, you can make a fresh lean pork roast. Instead of buying lunch meats, which typically contain high amounts of socilum, you can cook fresh chicken, turkey, roast beef or pork without adding salt and then cut it up for sandwiches the next day. If you like soup, instead of buying the canned version, which is high in sodium and preservatives, you can cut up fresh vegetable's, put them in a slow cooker and use herbs and spices for seasoining.

Many types of canned vegetables you enjoy are also available in low-sodium versions. Just look for labels that say sodium-free, no-salt, low-sodium, reducedsodium or unsallted.

3. Pick foods naturally low in



If you've recently suffered a heart attack and been told you have heart failure, don't panic. There are simple adjustments you can make in your lifestyle that may help you feel and do better.

Generally, you can eat as much fresh food as you want without counting the sodium content. Fresh fruits and vegetables, and vegetable juices, have very little sodium. The same is true for fresh meat, poultry and fish.

If you are not eating fresh foods, choose other low-sodium foods as much as possible, such as canned fruits, plain frozen vegetables and dried beans, peas, rice and lentils.

4. Learn to read food labels.

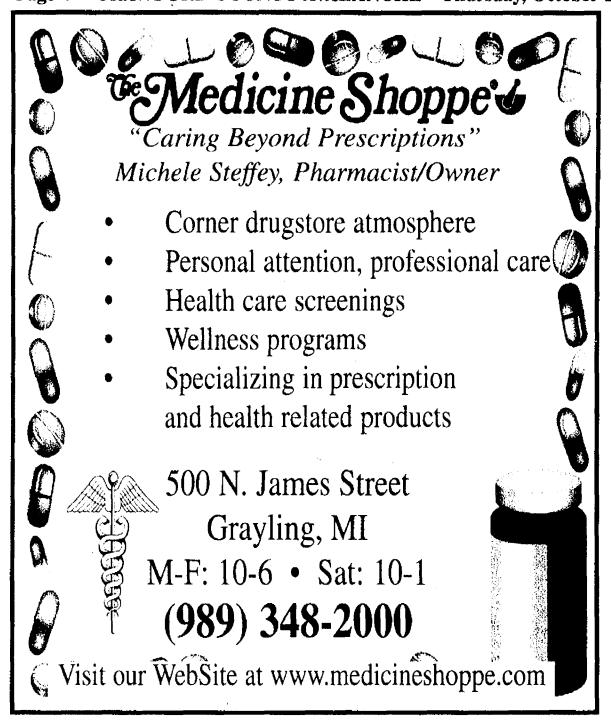
By reading food labels, you can including freshly squeezed fruit learn which foods are high and low in sodium. As a rule, most processed foods, whether they are frozen, canned or boxed, are high in sodium, but don't rule them out entirely. Some packaged foods are available in low- or no-salt versions.

It can be difficult to change your eating habits. It may take weeks before you enjoy the taste of low-sodium foods, but your taste buds will adjust. Eventually you may not even miss the salt.

To learn more about heart failure and how to manage your condition, log on to the Heart Failure Society of America's Web site: www.abouthf.org.

(Courtesy of ARAcontent)







Empty nest syndrome is an emotional condition that every year affects baby boomers as they send the last of their children off to college or out of the home to start their careers.

Boomer empty nesters adding online social networking to recovery options

to their first year in college, and both parents coping with the their old car is packed full of clothes, sports gear, pictures and enough books to make their dorm room livable. You and your spouse keep waving until the car turns the corner out of sight and then look at each other as a childfree couple for the first time in perhaps 20 years or more.

After savoring the sense of accomplishment – seeing the children safely through accidentprone childhood, emotionally chaotic adolescence and angstfilled young adulthood - a shadow might begin to darken your emotions. In degrees that can range from mild nostalgia through debilitating depression, the departure of the children

unfamiliar intimacy of a child-free marriage, the loneliness of the loss of children from everyday life and loss of direction as their family roles are upended.

Welcome to empty nest syndrome, an emotional condition that every year affects baby boomers as they send the last of their children off to college or out of the home to start their careers. While some couples celebrate the moment they can once again turn their emotional attention to each other, those who experience some degree of empty nest syndrome are increasingly turning to the Internet for information, advice and commiseration.

For example, at Eons.com, a social networking Web site created for people age 50 and over, blogs and discussion groups about coping with empty nest syndrome abound. Judy Beatty, a 60-year-old consultant in Georgia, created her own blog at Eons.com to discuss her experiences as the last of her three children recently left home.

"For me, Eons was important because the blog I created there gave me an avenue to discuss this, and I was able to connect there with others who shared my feelings," Beatty says. "One woman replied that when she read my blog, it was like she was reading her own thoughts."

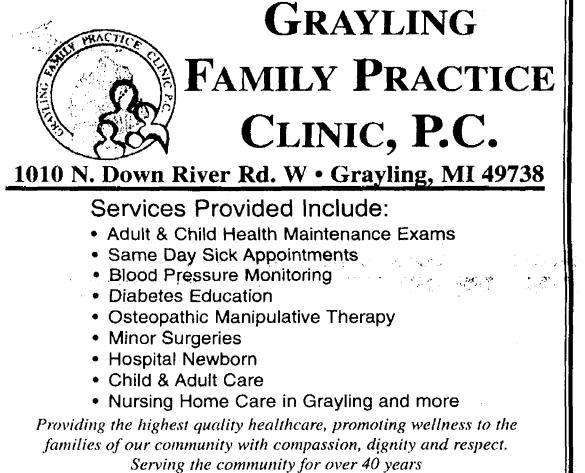
Beatty's advice to empty nest sufferers is to "step back, get outside of yourself and turn your attention to other things." While their children were growing up, there was PTA, scouts, karate

(ARA) - Your last child is off from a family can leave one or practice and chorus to keep the family busy and to provide topics for conversation. Now that Judy and her husband of 37 years, Jerry, are empty nesters, they're turning more of their time to passions like restoring antique cars and beautifying their yard. They're also re-engaging with volunteer groups like their local library and a favorite non-profit group, Habitat For Humanity.

> Some additional advice for coping with empty nest syndrome includes:

- Prepare in advance: Even before the kids wave their last good-bye, parents should admit to themselves that they're likely to feel an emotional backlash and give themselves time to adjust.
- Don't shorten the leash: Parents should let the adjustment process take its course and resist the temptation to call their kids too often.
- Take it slow and easy: Parents should resist the temptation to add too many activities and commitments to their lives too soon. Let the adjustment process happen slowly.
- Rekindle the romance: For married empty nesters, there was once a time in their lives when life wasn't always about the kids. Recall those times when it was all about each other, and return to the romance and special moments.
- Cut the clutter: Now that the kids are gone, you can probably find a different use for some of the bedrooms. Take the opportunity to outfit a hobby room, a welcoming library or a music room.

(Courtesy of ARAcontent)



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Senior safety begins in the home

(NewsUSA) - Household accidents can happen at any time and to people of all ages, but the likelihood increases exponentially with age. According to the National Center for Injury Prevention and Control, falls are the leading cause of death and serious injury among Americans age 65 and older. Additionally, two-thirds of those who fall will end up doing so again within six months. So, what can you do to ensure that an older loved one stays safe in both their home and yours?

The following safety tips will keep your older loved ones safe in the home:

- Make sure to keep electric cords and small items out of the high-traffic areas of your home. Vision begins to decline later in life, and it can be easy to stumble over hard-to-spot hazards lying on the floor.
- Because the majority of slips and falls take place in the bathroom and around the tub, efforts to improve safety in this area



Extra safety measures in the home, especially in the bathroom, where the majority of slips and falls take place, are essential for seniors.

should be a primary point of below 120 degrees.

- All bath mats, rugs and runners should have slip-resistant backing. Periodically lift all rugs and inspect the backing to see whether it needs to be replaced.
- At older ages, we are much more susceptible to burns from hot water. To prevent this, set the temperature of your water heater

- Keep a fire extinguisher handy in the kitchen, and make sure it's easily accessible. Check the gauge every month to make sure the extinguisher is still full, and teach seniors the correct way to use it should a house fire ever occur.
- Check all stair railings, both inside and outside the home, to be sure they are safe and secure.

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Lifestyle tips for managing arthritis pain

(NewsUSA) - One out of three adults in the U.S. suffers from arthritis or chronic joint problems, according to the Arthritis Foundation.

Some may get twinges upon awakening; others are so seriously and chronically debilitated that simply driving or washing the dishes causes agony.

Either way, arthritis is a major health problem. Whether you want to prevent contracting the disease or decrease the symptoms if you already have it, here are some steps you can take toward relief:

- Exercise. Regular physical activity strengthens the muscles that support arthritic joints, increases range of motion in the joints and, by reducing body weight, lessens the load the joints must bear.
- Find a hobby. The Arthritis Foundation reports that hobbies can have a positive effect on pain

management by diverting the mind's attention away from physical and psychological pain. In a 2005 study, doctors found that older people with arthritis, who listened to music for 20 minutes daily, had less pain than those who simply sat and did nothing for the same length of time.

- Get more sleep. Inadequate sleep leads to an increase in arthritis pain and to a gain in weight, which stresses the joints even
- Eat well. Certain foods may help prevent arthritis or help reduce its symptoms. Specifically, the following could make a difference: omega-3 fatty acids (found in cold-water fish, walnuts and soybean kernels); selenium, an antioxidant in shellfish and whole-grain products; vitamin D (sources include eggs, fortified breads, cereals and milk); and vitamin C (berries and citrus fruits).



Regular exercise and stretching strengthens the muscles that support arthritic joints.



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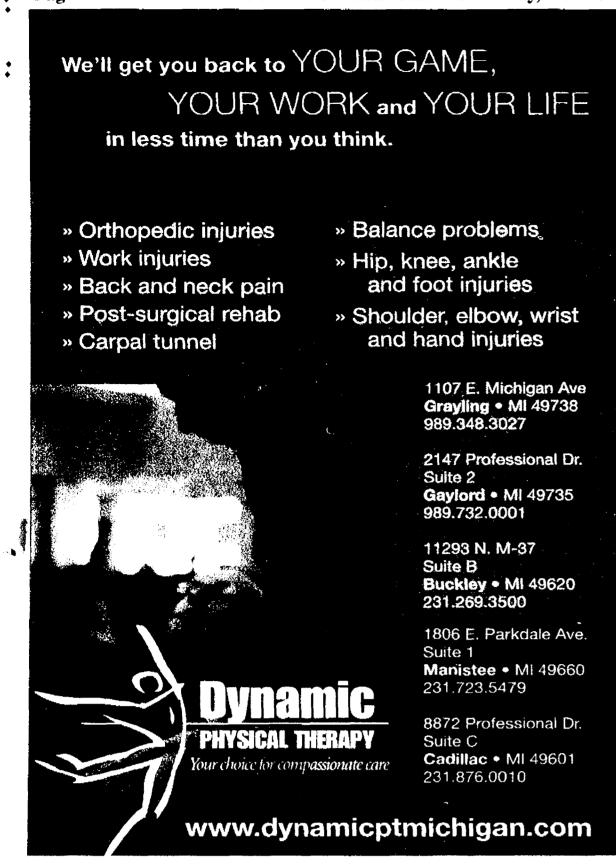
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Tips on helping elderly family members eat well

(NewsUSA) –. When we're children, our parents urge us to eat our veggies and drink our milk. But as parents age, roles are often reversed, and it's the adult kids who worry about Mom's and Dad's nutritional needs, with good reason.

Physiological, psychological and financial changes can all contribute to poor nutrition among the elderly. For instance, although metabolic rates slow with age, many older people are not consuming foods and beverages that contain sufficient nutritional values. And that can lead to chronic fatigue, depression and a weakened immune system.

One way to ensure that your elderly loved ones get the nutrition they need is to make food preparation as easy as possible for them.

For example, a supplemental health drink makes getting many of the nutrients an elderly person needs as easy as opening a juice carton.

Here are some more suggestions for making sure your elderly

Minimum charge, \$6.00 for the first



Physiological, psychological and financial changes can all contribute to poor nutrition among the elderly.

parents and loved ones eat well:

- Offer to help with the grocery shopping. Make a list together and if necessary, consult a dietitian to help you choose healthy, nutritious foods that your loved ones will enjoy.
- Prepare and freeze meals they can heat in the microwave. If they're forgetful, put the cooking time on each package.
- If they are homebound, look into Meals on Wheels or another program that will deliver prepared meals to their home. Not only will they get nutritious food, they'll have important social contact with a daily visitor.
- If they live with you, let them help you prepare meals. Cooking will help boost their appetite - and their mood.

Planning your funeral in advance

If a little planning on your part could relieve your family of the stress of making important decisions during an emotionally wrenching time, would you do it?

Planning your funeral service in advance can offer emotional and financial security for you and your family. With preplanning, which does not necessarily mean paying in advance, families find comfort in knowing that the funeral reflects what their loved one wanted.

Peace of mind is among the biggest reasons people are choosing to make advance funeral arrangements. A trend in personalization is another. Individuals and families today are planning celebrations of life as unique as the individual being remembered.

Today's funeral include adding personal touches such as incorporating hobbies and life's accomplishments as well as favorite music. A National Funeral Directors Association (NFDA) Certified Preplanning Consultant (CPC) can walk you through the decisions necessary to create a meaningful funeral service in advance.

Once you have made your plans, keep a copy of them and any pertinent paperwork in a safe place. Also, inform a relative or close friend what arrangements you have made and where the information can be found.

If you choose, there are several ways to prepay for your funeral. The most common ways include life insurance policies, regulated

trusts, savings accounts, and annuities. Each method has its advantages. To help determine which option is best for you, ask your funeral director the following questions:

Who receives the interest on the account?

Who must pay taxes on the interest?

Is the prepayment ever refundable, in part or in full?

Can the plan be used at a funeral home of your choice?

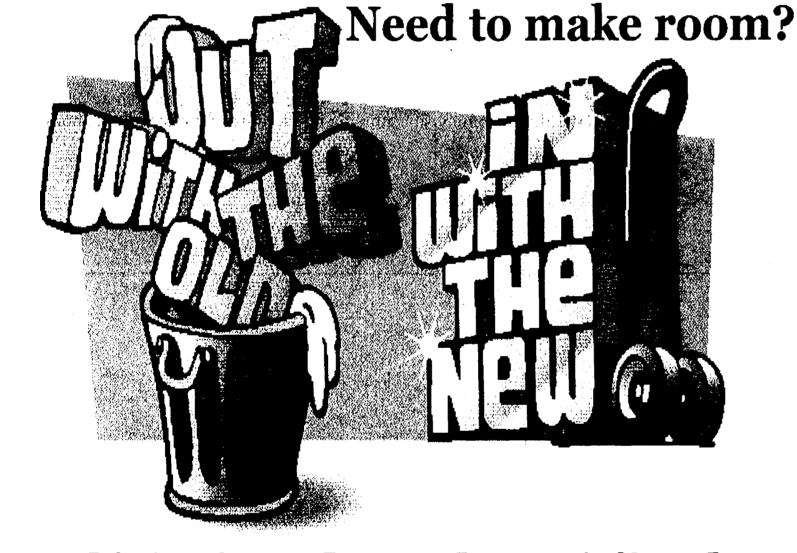
What happens if the funeral home goes out of business or is sold?

In the event you move, is the prefunded plan transferable?

If you feel prepaying is wise for you, then be sure to go over all available options with your funeral director. As with any contract, ask questions you may have regarding your preneed plan before you sign an agreement.

A Consumer Bill of Rights for Funeral Preplanning has recently been developed by NFDA as a resource for understanding what to expect from any prefunded, or preneed contract. The document is available on NFDA's web site at www.nfda.org, and outlines the rights and protections that an ethical and reputable funeral home will guarantee.

To plan your funeral in advance, contact you local NFDA member funeral home or visit NFDA's web site at www.nfda.org for help to make wise and informed decisions related to funeral service.



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For millions of seniors, loneliness can have a very serious affect on their physical and mental health; but there are many ways to overcome loneliness and improve their quality of life.

Seniors and loneliness: Tips for overcoming isolation

(ARA) - For millions of seniors, loneliness can have a very serious affect on their physical and mental health, but there are many ways to overcome loneliness and improve their quality of life.

Emotional isolation is linked to elevated blood pressure in seniors, a 2006 University of Chicago study indicated. Lonely seniors have blood pressure readings up to 30 points higher than their socially connected peers, regardless of race, sex or other health factors, researchers found. Loneliness is also closely linked to depression, with more than 2 million of the nation's 64 million seniors suffering some form.

"Approximately 8.8 million seniors were living alone in America 17 years ago, according to the 1990 U. S. Census," says Scott Perry, president of Bankers Life and Casualty Company, a national insurance company that specializes in serving the senior market. "The 2000 Census showed that number had climbed to 9.7 million. Experts agree it's reasonable to expect the number of seniors living alone will continue to grow. Maintaining strong social networks can help seniors stay healthier longer, and enhance the overall quality of their lives as well."

Older Americans are more prone to experience the kind of life changes that place them at greater risk for loneliness, includ-

- Death of their spouse, relatives and friends;
- Retirement;
- Illness;
- Decreased physical mobility;
- Loss of the ability to drive; and
- Intentional reductions in their social networks to include only those who the senior feels close to.

Fortunately, there are many ways in which seniors, even those with significantly curtailed mobility, can prevent and combat loneliness. Finding the right mode of social interaction for you can improve your health as well as your enjoyment of life.

Proven loneliness-fighting with tech-savvy grandchildren. strategies include:

longer, have higher functional ability, lower rates of depression and less incidence of heart disease, according to a study by the Corporation for National and Community Service. In particular, research shows that seniors age 65 and older who volunteer had significantly lower rates of depression than their non-volunteering peers.

"The life changes that come with age can easily make us feel isolated and less useful than we felt when we were working and raising our families," Perry notes. "For those who are physically able, volunteering is a great way to connect with new people and renew your sense of purpose in life."

- Joining Social and Support Groups - Social interaction with people who have similar interests, or face similar challenges, not only combats loneliness, but can be a way to build new friendships as well. If your community has a senior center (and most can provide transportation assistance), take advantage of its programs and facilities. Call your local recreation or senior services department to learn what's available in your area.
- · Connecting to Others on the Internet – The number of seniors using the Internet more than doubled between 2000 and 2004. Seniors who face mobility challenges can find others with similar interests through a variety of resources and Web sites directed at seniors on the Internet.

Technology providers continue to develop products to make it

easier for seniors to use the Internet, such as large-button key- boards and voice recognition software. Asking for help to get online can also be a great way to connect

- Learning Something New -• Volunteering - Volunteers live Learning a new skill requires you to interact with a teacher and fellow students. Choose to learn a skill such as cooking or e-mailing, and the skill itself can help enhance your ability to interact socially with others. Local community colleges and city centers offer many courses appropriate for seniors.
 - Maintaining Friendships -Studies have found that friendships are often more important than family connections in fighting loneliness among seniors. Make a conscious effort to stay connected with friends by visiting with them in person or keeping in touch by phone, letter or e-mail.

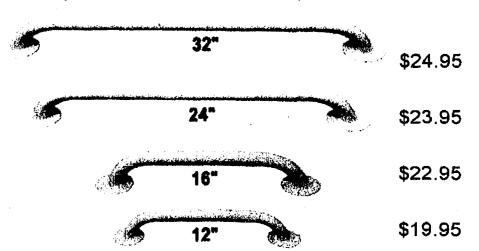
For more information on senior topics, visit www.bankerslife.com and click "Senior Resources."

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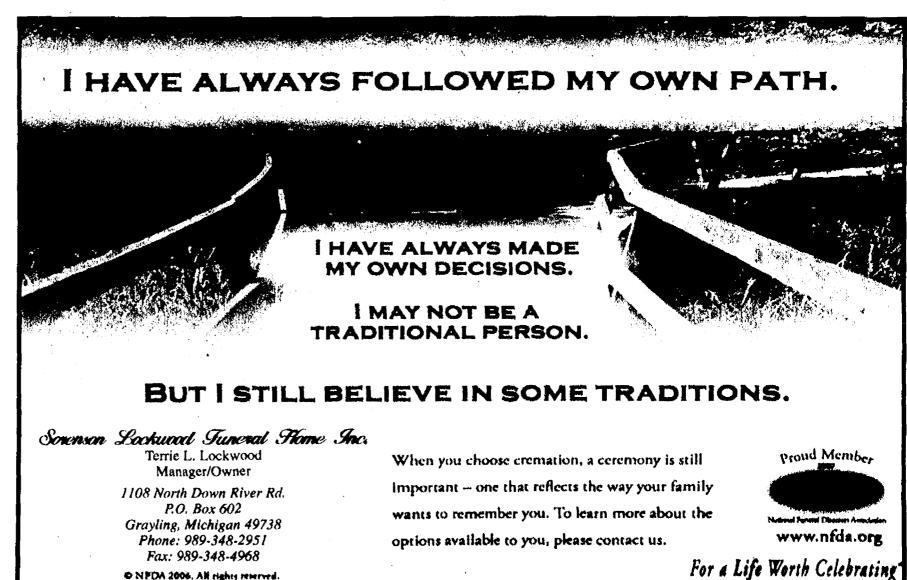
Dr. Hanselman is board certified in Family Medicine, Geriatrics and Hospice and Pallatiative medicine. She has practiced in the Roscommon, Houghton lake and Grayling area for 10 years; she has also practiced in the Lansing area, Suttons Bay and Cass City. She grew up in the thumb area of Michigan and attended Michigan State University for her Bachelors, Master's and Medical Degrees, completing her residency in Lansing in 1992. Dr. Hanselman also enjoys doing home visits, nursing home care and assisted living home care in the evenings or on her day off during the week. Her special interests include quilting, sailing, nature and history. She is very dedicated to her patients and to her family.

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Skin care secrets for seniors

(ARA) - Caring for aging skin involves far more than fighting wrinkles and age spots. Skin health - from protection against UV rays to proper wound care plays a vital role in overall health for senior Americans.

Skin is the body's first line of protection against harm. It shields us from infection, impact and the environment. "Age brings a number of changes that can compromise the skin's ability to protect us," says Cynthia Fleck, a registered nurse and vice president of clinical marketing for Advanced Skin and Wound Care at Medline, which manufactures skin care products and educational resources for seniors.

"As the skin ages it becomes thinner, less resilient and much drier," Fleck explains. "The layers of skin can easily separate, tearing the paper-like upper-most area called the epidermis. The skin cells do not 'turn over,' or replenish themselves as quickly as when we are young. Therefore, the old skin cells become clumped and do not function as efficiently as young, healthy skin cells do."

Fleck offers the following advice on how to care for aging skin:

• "Drying is the single largest tect the skin from these issues,"

skin problem among the aged," says Fleck. She recommends avoiding a daily shower or bath, which can contribute to dry skin. Instead, opt for gentle cleansing with soap and surfactant-free (detergent-free) cleansers of the kind that do not need to be rinsed. These cleansers do the job of removing dirt and natural oils, but do not impact the natural acid balance of mature skin.

• Moisturizing on a daily basis is essential since older skin cannot retain moisture as well as young skin. "There are new, advanced skin care products that actually nourish the skin from the outside in, delivering amino acids (proteins), vitamins, antioxidants and ingredients that are gentle and soothing, making the skin more resilient and strengthening it," says Fleck.

• Take care to avoid bumps that can tear the skin, or caustic substances that can disrupt the skin's ability to protect. Immobile seniors who must use adult diapers should have special care taken to keep them clean and free of irritants. "Barrier products that contain protectants like dimethicone and other silicones, as well as zinc oxide, can help pro-



Caring for aging skin involves far more than fighting wrinkles and age spots. Skin health - from protection against UV rays to proper wound care - plays a vital role in overall health for senior Americans.

Fleck says.

• Continue to protect your skin from the sun. Melanocytes, the skin cells that protect us from the sun, do not work as well as we age. As a result, older skin burns easily. Stay out of the sun as much as possible, and when out wear protective clothing, widebrimmed hats and sun screen

• Be aware of special skin care needs that often accompany some common diseases, such as diabetes. For example, diabetics need to take particular care in protect-

ing their skin, especially on extremities.

• Avoid strong antibacterial soaps that may have high pH, which can further dry aging skin. Astringents and products that contain alcohol can also be too harsh and damaging for older

"Many seniors may not know what products they need and often can't get out of the house to get them," Fleck says. "The Internet has made it easier to order products online and keep

them handy for daily skin care, but not all seniors have online access or know how to use the Internet."

"Health care professionals are a great source of information and can relay simple instructions for daily skin care and protection while suggesting new products that may help seniors in their routine," she says.

To learn more about skin care products, visit www.medline.

(Courtesy of ARAcontent)

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Medicine Shoppe Bingo-5:30 pm (Last Wednesday of Month) Birthday Dinners-5 pm (2nd Wednesday of Month)

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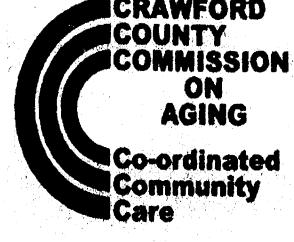
Tone 'n' Tubes-10 am Bible Study-10 am Euchre-12:45 pm **Blood Pressure &** Sugar Checks-4-5 pm

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